

# Washington Mask Challenge

Office of Lt. Governor Cyrus Habib



## Mask-Making Instructions

To make masks for the Washington Mask Challenge, you may choose to use either a sewing machine or to hand-sew using needle and thread. Below are directions for pleated masks you can make for donations. **Other mask patterns work as well.**

We ask that anyone participating in the challenge make a minimum of 10 cloth masks. Please follow our sanitation guidelines for mask donations by ensuring that your workspace and materials are sanitary, that you are following proper hand washing protocol, and that no one in your household is sick.

When you have made ten or more masks, please submit your information at [www.ltgov.wa.gov/donate-homemade-masks](http://www.ltgov.wa.gov/donate-homemade-masks) so our office can match you with an organization in need.

For an explainer video on how to make masks, please visit [www.ltgov.wa.gov/how-to-make-a-mask](http://www.ltgov.wa.gov/how-to-make-a-mask).

## Materials

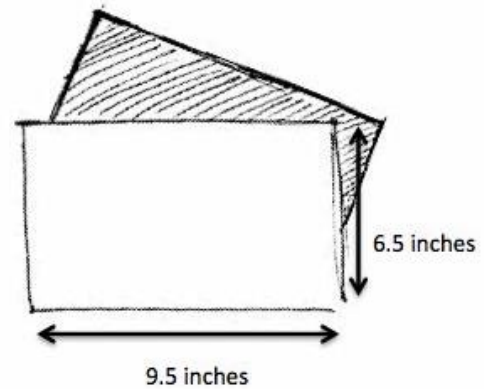
- Two 9.5" x 6.5" rectangles of cotton fabric per mask (use tightly woven fabric, such as bed sheets, quilting cotton, or linen. T-shirts can work in a pinch)
- EITHER two 7" pieces of elastic (or hair ties) OR four pieces of 18" x 1.5" fabric
- Needle & thread
- Scissors
- Iron
- Ironing board
- Sewing machine (optional)

Questions? Reach us at [masks@ltgov.wa.gov](mailto:masks@ltgov.wa.gov)

## 10-Step Face Mask

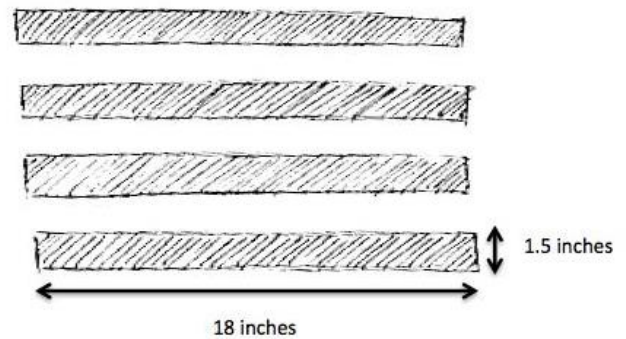
1. Cut out two 9.5" x 6.5" rectangles of cotton fabric. Set these aside.

If you have a mask kit, both the rectangles of fabric and the strips of fabric are already cut out for you, and you can skip steps 1-2.



Step one

2. If you have elastic, you can skip steps 2-4. Otherwise, cut four 18" x 1.5" strips of fabric for the ties. Iron the strips of fabric flat.



Step two

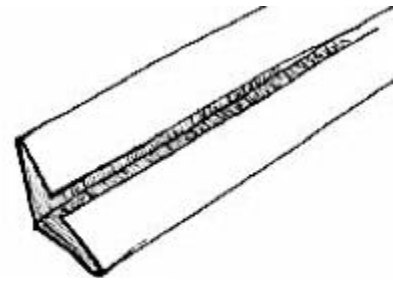
3. Fold the 1.5"x18" strip of fabric in half lengthwise and iron a crease down the center.



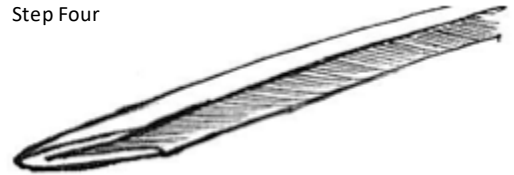
Step Three

4. Open the strip flat, and then fold each edge toward the center as shown at right. Flat iron again. Fold the strip in half lengthwise along the original crease, and flat iron again. This is one mask tie.

Repeat steps 2-4 three more times to create four ties total. Then stitch down the seam of each tie.



Step Four

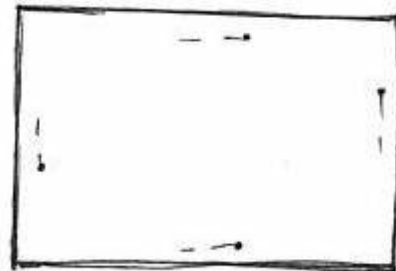


5. Pin each of your ties to each corner of your 9.5" x 6.5" rectangle of fabric. Gather or knot each tie at the end so they are easier to contain when you ultimately sew both rectangles together.



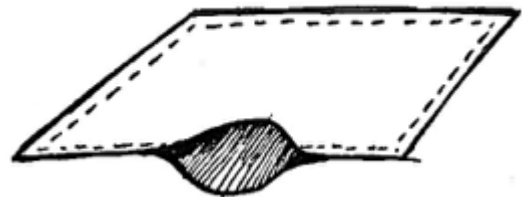
Step Five

6. Stack the two rectangles of fabric on top of one another, with the ties gathered inside (sandwiched between the two rectangles of fabric). Pin the edges so you may begin sewing.



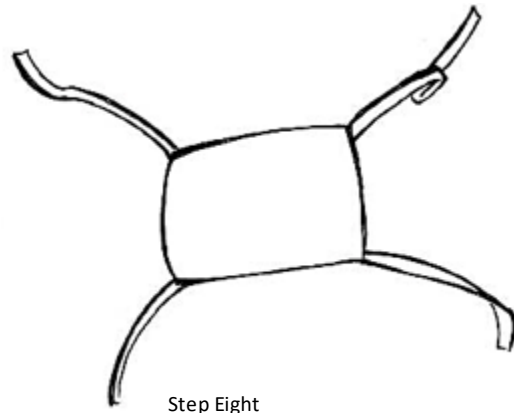
Step Six

7. Stitch around the perimeter about a quarter of an inch from the edge, leaving one small section open. Once you are done stitching, using this open pocket, flip your project inside out.



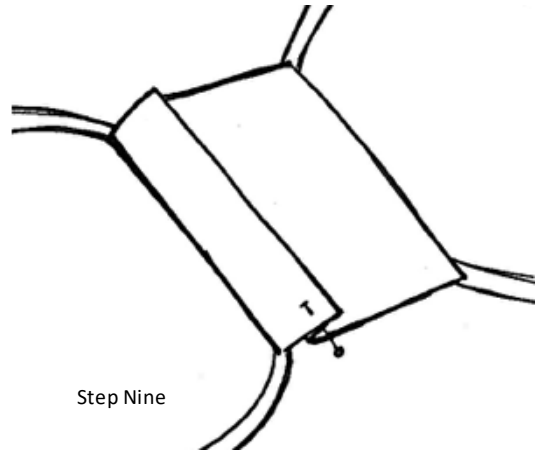
Step Seven

8. Once you have flipped your mask inside out, it should look like the illustration at right. Flat iron your mask to prepare it for pleating.



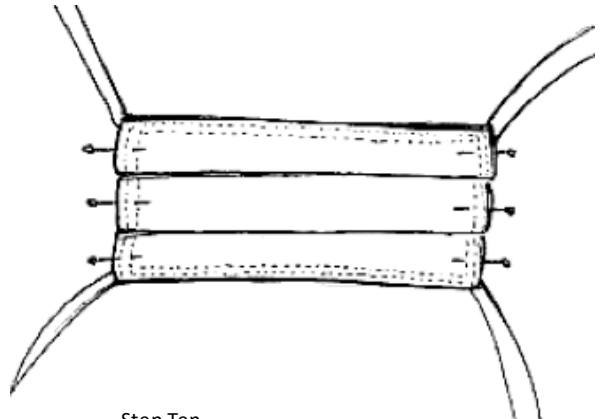
Step Eight

9. Fold your mask into 2-3 pleats, pinning each pleat as pictured at right.



Step Nine

10. Stitch the perimeter twice: first stitch one quarter inch from the edge, then stitch a second seam one quarter inch from that. Reinforce the stitching keeping the ties in place at the corners.



Step Ten

**Congratulations! Your mask is complete.**