

Tuesday News



Tuesday News – May 26, 2020

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FEATURES

New State Program Coordinator for Washington 4-H Shooting Sports – and a Request from Toni Gwin



Congratulations to Ashley Hernandez-Hall (a.hernandez-hall@wsu.edu) for agreeing to be our next State 4-H Shooting Sports Project Coordinator! Please welcome Ashley as she works to keep this 4-H project vibrant and safe. I am delighted to hear the plans Ashley has for the program, and the enthusiasm she has for shooting sports. I am also delighted to step away! Thank you for all your support and for the adventures we've shared.

One final request!

If you would please email me at tgwin@wsu.edu with any success stories you are willing to share about our 4-H shooting sports members, I would appreciate it. Be safe – and always follow policy!

Toni Gwin
tgwin@wsu.edu

2020 National 4-H Shooting Sports Youth Leadership Virtual Academy Registration Open Now; Closing Soon!

This year, the National 4-H Shooting Sports Committee is offering a virtual 5-webinar series for youth currently in 4-H Shooting Sports Ambassador roles. The learning academy will cover a wide variety of intensive youth leadership skills to use in their role as a State 4-H Shooting Sports Ambassador. The schedule gives detailed information on dates, times, and topics. The National 4-H Shooting Sports Committee will provide each participant with the book, *The Student Leadership Challenge*, by Kouzes and Posner, to use throughout the learning experience. Participants that enroll should be committed to being actively engaged in the topic activities, book study, and panel discussions. Webinars will be recorded for youth to view later, however the webinars will build upon each other in content and learning. Youth that complete the 5-webinar series will be

considered National 4-H Shooting Sports Ambassadors. We will work through specifics of this Program (i.e. polos, name tags) after the summer.

The Virtual Academy Schedule can be found by clicking [here](#).

Requirements:

- Participants must have passed their 14th birthday by January 1 and may not have passed their 19th birthday before January 1, 2020.
- Youth must be enrolled members of the Washington State 4-H Program.
- Youth should be actively involved in the Washington State 4-H Shooting Sports Ambassador Program.** (see below)
- Youth must have approval of the State 4-H Shooting Sports Coordinator.

****If your state is just starting a 4-H Shooting Sports Ambassador Program OR looking to start a program in the future, you can register youth to participate in this program. They will gain the necessary skills to assist in developing the program.****

If you are interested, please send the following to Ashley Hernandez-Hall at a.hernandez-hall@wsu.edu as soon as possible – Ashley’s deadline to submit to 4-H National Shooting Sports is May 29, 2020!

1. Name
2. Mailing Address
3. Youth Email Address
4. Parent/Guardian Email Address
5. Youth Cell Phone Number
6. Date of Birth
7. Age of June 1, 2020

2020 Virtual STAC Registration is Now Open!



Idaho 4-H State Teen Association Convention

Washington State 4-H Teens who have completed 8th grade through 12th grade are invited to participate in the University of Idaho Virtual STAC Conference, coming June 22 through 25, 2020! A great line up of speakers, workshops and

activities are in store for all the participants. Registration is now open! Youth who register before June 8 will receive a free event t-shirt!

For more information, the original “Save-the-Date” flyer is available by clicking [here](#).

Registration is open through 4-H Online at <http://wa.4honline.com/>

Registration is similar to KYG Conference and other teen events. If you are new to 4-H Online, a “how to register” link can be found at <https://extension.wsu.edu/4h/documents/2017/01/event-registration-instructions.pdf/>.

Refer to the information packet (linked [here](#)) for the schedule and workshop choices. For more information, contact WSU Whitman County Extension, 509.397.6290, schmidtj@wsu.edu

Zoom-ing in on Healthy Horsekeeping Webinars Available from University of Maryland Equine Extension

Join the UMD Equine Extension Team for a series of webinars every Tuesday during the month of May, at 3:00 pm EST. **Webinars are FREE, but registration is required.** Follow the link for each event to register for them individually. See the attached flyer ([here](#)) for details! The June flyer will be available soon.

We hope to “see” you this month!

Zoom-ing in on Healthy Horsekeeping

May 26: Parasite Resistance: It’s a Numbers Game!

Maegan Perdue, Worcester County Extension

Register at <https://go.umd.edu/parasite>

Virtual 4-H International Exchange Experience Update!

The following is an update provided by State’s 4-H International Exchange Programs:

We want to thank everyone so much for your interest and support of our new Pen Pal Program! Due to the high volume of program sign ups, we have suspended new US program registrations for the time being. Please check back for future updates at <https://www.facebook.com/states4hexchange/>

Thank you again for your excitement and enthusiasm for international exchange! The link to the original promotional flyer is [here](#),

A link to the program information, responsibilities, timeline, and resources document is [here](#).

2020 Virtual Showdown Open to Skagit Valley and Neighboring County Exhibitors!



The Skagit Valley Livestock 4-H Club would like to welcome all members of 4-H or FFA in **Whatcom, Skagit, Island, San Juan and Snohomish** counties to participate in our 2020 Virtual Showdown!

With the cancellation of shows all around us, we wanted to be able to allow our exhibitors a chance to show their animals at what we call a “small town virtual showdown,” as well as allowing our neighboring clubs and chapters to participate. **Currently, registration is open for large animal projects – Beef Cattle, Dairy Cattle, Goats, Sheep and Swine.** Registration is due by May 31st. Videos can be submitted starting June 1st at 12:00 AM to June 5th at 9:00 PM. Winners will be announced on June 20th, and we will have a pickup station on June 27th in Burlington, WA for award winners and t-shirts – location to be determined.

Registration for small animal projects will be opening within the month; more information will be available soon.

You can get all the information by visiting our website at www.skagitvalleylivestock.com and clicking on “showdown.” If you have any questions, please feel free to email us at skagitvalleylivestock@gmail.com.

LR Dairy Presents Heifer Calf Giveaway Contest!!!

The Owner-Operators of LR Dairy, located in the Chehalis area of Washington State, are giving away a Holstein heifer calf!

This contest is open to any youth who is active in 4-H or FFA. Winner gets to pick their calf! The winner will be responsible for arranging transportation of the calf; the calf must be picked up within thirty (30) days of the winner being notified.

The contest rules are as follows:

1. An essay must be submitted detailing who you are and why you would like to win a calf. The essay will include

- How you plan to care for your animal
- A short description of your facilities where the calf will be living, and
- What your future plans are for the calf – Do you want to keep it and love it forever? Are you going to breed her and sell her as a springer? We want to know!

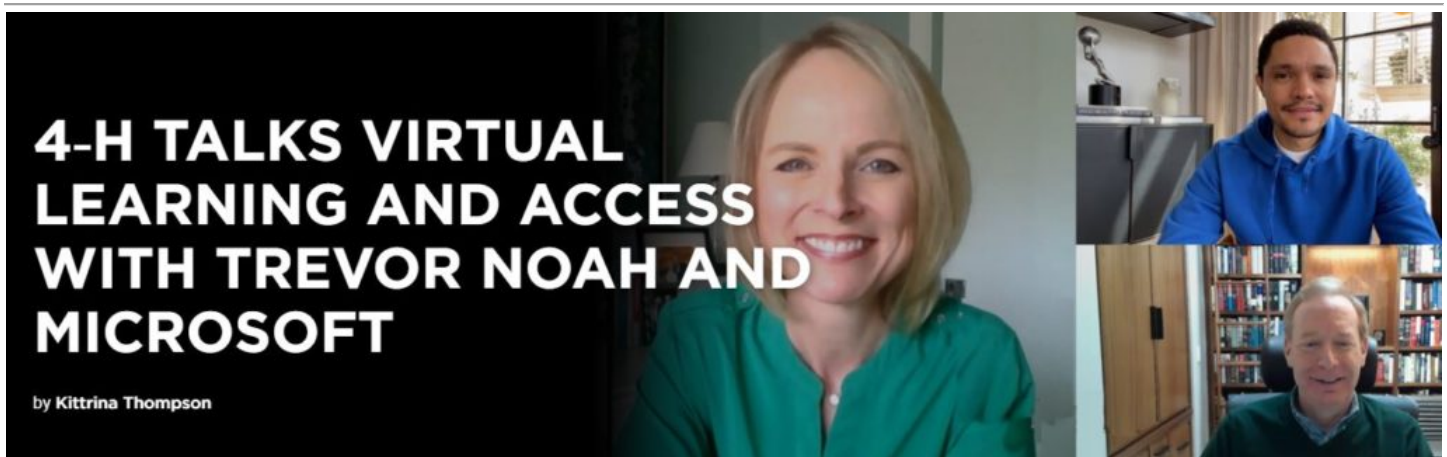
2. Along with the essay, please provide

- Your 4-H or FFA club and leader contact information.
- Include a parent or guardian signature and contact information.
- If you have references from people in the industry, please include those as well.

We would like the winner to keep us up to date on the progress they're making with their calf, so please keep us in the loop.

Submissions **MUST** be postmarked no later than May 30th – so get those essays in!!!

Please mail the essays to:
 LR Dairy Heifer Contest
 3148 Jackson Hwy
 Chehalis, WA 98532-8614



This story appears in 4-H Today, May 2020

Virtual communication and virtual learning have quickly become a permanent fixture in the daily lives of millions of young people in the United States. Delivering critical learning resources, social-emotional support, and a sense of belonging to all youth who may need us has always been at the forefront of the 4-H mission. 4-H reaches and engages youth across urban, suburban, and rural communities. We go beyond four walls to do it and meet youth where they are. National 4-H Council President & CEO Jennifer Sirangelo joined Microsoft president Brad Smith and The Daily Show host Trevor Noah to discuss access to learning during COVID-19.

Sirangelo introduces two new initiatives to help ensure all kids have access to essential learning resources and opportunities, 4-H at Home and the FOURWARD Fund.

Watch the [video](#) and learn more about 4-H at Home and the FOURWARD Fund.

COVID-19 RESOURCES

WSDA Shares Update on Out-of-State Pigs Coming to Washington Due to COVID-19

The Washington State Department of Agriculture, Animal Services Division has recently released a document regarding the increased importing of pigs to Washington due to COVID-19 related closures and production slowdowns. The document, titled “**What you should know about out-of-state pigs in Washington State**” is available by clicking [here](#).

WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The *WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19* was developed to help parents and their families navigate the pandemic and the days to follow. The publication is available at https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf.

Building Networks for Resilience During COVID-19 Virtual Learning Experience is Available from eXtension!

The Building Networks for Resilience During COVID-19 Virtual Learning Experience Is available from eXtension!

When you subscribe to the “Building Networks for Resilience” Learning Experience, you’ll receive eight weekly emails, each containing a resource and one thing to do to practice building relationships. The resources include five podcast episodes, from April 27, 2020 to July 1, 2020 from 11:00 AM to 12:00 PM (Pacific Daylight Time), exploring each of the five elements of Working Out Loud: purposeful discovery, relationships, generosity, visible work, and a growth mindset.

The learning experience was designed so you could do it on your own, but you can make the experience even more meaningful by sharing it with colleagues or friends. Schedule video chats and subscribe to the learning experience together, then get together (virtually, of course) to discuss how your personal practice is changing.

More information is available at

<https://connect.extension.org/event/building-networks-for-resilience-during-covid-19>

WSDA Shares Recommendations for Reducing COVID-19 Risk in Groups of People Caring for Groups of Animals

The Washington State Department of Agriculture has recently made some recommendations regarding reducing COVID-19 risk in animal care. The documents are available by clicking on the title below:

[Cleaning and Disinfection Protocol](#)

[Caretaker Contact List](#)

[Group Livestock Care Instructions](#)

[Group Livestock Care Schedule](#)

[WSDA Group Care of Livestock](#)

Keeping Your Distance to Stay Safe

With the number of COVID-19 cases increasing every day, psychologists offer insights on how to separate yourself from others, while still getting the social support you need.

<https://www.apa.org/practice/programs/dmhi/research-information/social-distancing>

A Reminder: COVID-19 Resources Available from WSU Extension

Link to WSU Extension COVID-19 updates and Resources at

<https://extension.wsu.edu/covid-19/>

Additional Equine Resources Added to Horse Project Page

Extension Horses COVID-19 Infographics for Equine Owners and Facilities have been added to the Horse Project page. They are located under the “Other Resources and Websites” link and are intended to provide general information.

Everyday Actions to Help Prevent the Spread of Respiratory Viruses

Here are everyday actions to help prevent the spread of respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.

- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

A WSU hand-washing video can be accessed [here](#).

There's also this [link](#) to the Washington State Department of Health's 'WashYourHandsingTon' web page.

WSU has established an informational website that is being frequently updated – it can be found [here](#). It has general information from the Center for Disease Control and the Washington State Department of Health.

Because of differing levels of outbreaks and risk of exposure to covid-19 and the coronavirus in different communities, please refer to your local health department and your local County Extension Office for information applicable to your community.