

# Tuesday News



Tuesday News – April 21, 2020

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## COVID-19 RESOURCES

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### NEWS FLASH! Additional Updates for COVID-19 Navigation And Washington's "Stay Home and Stay Healthy" Order



*Washington YQCA Instructors,*

The YQCA flash sale has been popular in the first few weeks of initiation. Thank you for sharing this opportunity with your youth!

*Due to the popularity of the flash sale, YQCA has found a way for coupons to be purchased via credit card instead of check/purchase order. A help document outlining how to utilize this type of payment option (page 2 of the document) can be found [here](#). The updated order form with the new information can be found [here](#).*

*Using this approach DOES result in a processing fee of \$.57 per coupon, which has been added to the flash sale price. This processing fee results in a total cost of \$9.57 per coupon, rather than a flat rate of \$9.00. This is a convenience fee that replaces the USPS cost (\$0.55, plus envelope) and reduces the time in receiving coupons. Further coupons purchased by April 30, 2020 will be good through May 31, 2020.*

Coupons purchased online will be fulfilled in the same manner, being sent to the purchaser via email from Jennifer Hawkins ([jhawkins@vivayic.com](mailto:jhawkins@vivayic.com)). Coupons will still be sent within 3-5 days of the order.

*A link to the letter that was sent in late MARCH ([click here](#)) includes all the original information with the exception of the added payment option.*

Also included with the update was an attachment titled, "Getting Your YQCA Online Certification." It can be found [here](#).

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### WSDA Shares Recommendations for Reducing COVID-19 Risk in Groups of People Caring for Groups of Animals

The Washington State Department of Agriculture has recently made some recommendations regarding reducing COVID-19 risk in animal care. The documents are available by clicking on the title below:

[Cleaning and Disinfection Protocol](#)  
[Caretaker Contact List](#)  
[Group Livestock Care Instructions](#)  
[Group Livestock Care Schedule](#)  
[WSDA Group Care of Livestock](#)

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## eXtension.org Horse Webinars Available on YouTube



A video recording of last week's webinar, "Horse Biosecurity and Facility Sanitation" is now available on YouTube. Click [here](#) to view it.

A video recording of April 7th's webinar, "COVID-19 Financial Assistance Options for Horse Owners and Horse Businesses," is also available on YouTube. Click [here](#) to view it. Information is available regarding other resources at <https://horses.extension.org/>

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## Keeping Your Distance to Stay Safe

With the number of COVID-19 cases increasing every day, psychologists offer insights on how to separate yourself from others, while still getting the social support you need.

<https://www.apa.org/practice/programs/dmhi/research-information/social-distancing>

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## A Reminder: COVID-19 Resources Available from WSU Extension

Link to WSU Extension COVID-19 updates and Resources  
at <https://extension.wsu.edu/covid-19/>

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### Additional Equine Resources Added to Horse Project Page

Extension Horses COVID-19 Infographics for Equine Owners and Facilities have been added to the Horse Project page. They are located under the “Other Resources and Websites” link and are intended to provide general information.

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### Everyday Actions to Help Prevent the Spread of Respiratory Viruses

Here are everyday actions to help prevent the spread of respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

A WSU hand-washing video can be accessed [here](#).

There's also this [link](#) to the Washington State Department of Health's 'WashYourHandsingTon' web page.

WSU has established an informational website that is being frequently updated – it can be found [here](#). It has general information from the Center for Disease Control and the Washington State Department of Health.

**Because of differing levels of outbreaks and risk of exposure to covid-19 and the coronavirus in different communities, please refer to your local health department and your local County Extension Office for information applicable to your community.**

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# CANCELLATIONS AND POSTPONEMENTS

*Some events may not be included in this list.*

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## **Spring Horse Events Postponed – NOT Cancelled!**

**The 2020 State Hippology Contest has been POSTPONED.**

Planning is proceeding to reschedule this event at a later date – stay tuned!

**The 2020 State 4-H Horse Bowl has been POSTPONED.**

Planning is proceeding to reschedule this event at a later date – stay tuned!

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## **2020 4-H International Exchange Inbound/Outbound Programs Cancelled**

The States 4-H International Exchange Board of Directors met virtually a few days ago and made the very tough decision to cancel both Inbound and Outbound Exchange programs this summer. Though not a surprising decision (at least for us in Washington), it is a disappointing one for our Outbound delegates, as well as our host families, already eagerly making plans to welcome delegates this summer.

Information will be updated on the WA 4-H International Exchange Facebook page, as well as the International Exchange page on our WA 4-H website. If you have any questions or would like additional information, please contact Dianna Ullery via e-mail at [dianna.ullery@wsu.edu](mailto:dianna.ullery@wsu.edu).

Thanks to all those who were already at work getting potential host families recruited and screened. 4-H families are encouraged to focus on participation in 2021.

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## **2020 University of Idaho 4-H State Teen Association Conference is Cancelled!**

The 2020 University of Idaho State Teen Association Conference scheduled for June 22-25, 2020 has been **cancelled**. Planning teams from WSU 4-H and University of Idaho 4-H are working on a virtual 2020 UI/WSU STAC or Teen Conference, to take place over the same dates. Stay tuned!

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## **The Washington State 4-H Shooting Sports National Qualifying Event has been Cancelled!**

In an abundance of caution and with safety and well-being always in our actions, the Washington State 4-H Shooting Sports Project Committee has decided to

cancel the in-person National Qualifier, scheduled for May 15th through 17th in Eatonville. The Washington State 4-H State Shooting Sports Project Committee will be meeting in May to work out potential alternatives to the National Qualifier.

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### **Tractor Supply Company Spring 2020 Paper Clover Campaign Postponed**

As we continue to work through these unique circumstances associated with COVID-19 and focus on the needs of 4-H youth, Extension staff, Volunteers, and communities, the 2020 Spring 4-H Paper Clover campaign with Tractor Supply Company (originally scheduled to take place 4/29 - 5/10) will be postponed to a later date. Next steps will be shared as they become available.

4-H's partnership with Tractor Supply will continue with the Fall Paper Clover campaign as planned for 10/7 - 10/18.

Tractor Supply stores and team members in communities across the country have long supported 4-H and will continue to raise funds, build programs, and establish a strong partnership that will serve our communities. Tractor Supply has reiterated the importance of the 4-H partnership to their business, but right now, the health and safety of everyone is the top priority.

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### **2020 4-H Shooting Sports National Championships Cancelled**

The National 4-H Shooting Sports Committee has had the 4-H Shooting Sports National Championships as well as the National 4-H Shooting Sports Teen Ambassador Training on our minds since the outbreak of COVID-19. Having given much thought and consideration to existing circumstances, the National Committee has made the decision to cancel the 2020 National Championships and to offer some form of Teen Ambassador Training in an online format.

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### **4-H Shooting Sports National Workshop Has Been Rescheduled!**

The National 4-H Shooting Sports Level 2 Instructor Training Workshop previously scheduled for May has been postponed to October.26-30.

The workshop registration/check-in is from 3:00 PM to 5:00 PM on Monday, October 26 with the program beginning at 6:00 PM. Participants are expected to arrive on time to participate in all parts of the program through Thursday evening, October 29. Overnight accommodations are included for Thursday night with participants departing on Friday morning, October 30.

Workshop attendees are encouraged to review the revised information letter sent to State 4-H Shooting Sports Coordinators, which can be found [here](#). This letter includes eligibility criteria participants must meet in order to attend the

workshop. The updated Registration Form (Excel File) can be downloaded by clicking [here](#), the updated Health History Form (Excel File) can be downloaded by clicking [here](#), and the updated Waiver/Release Form (Excel File) can be downloaded by clicking [here](#).

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## FEATURES

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### Burundi 4-H Staff Gain New Skills and Knowledge



**Burundi 4-H Staff: Estella, Obed and Claver**

Burundi 4-H staff attended the ECHO East Africa Symposium on Improving Nutrition in Highland Areas that was held November 26 – 28<sup>th</sup> in Kigali Rwanda. This was the first professional development conference that any of the staff had attended focusing on agriculture and nutrition. Some of the major learnings that they brought home with them are listed below. These are written in their own words. Remember that English, for our Burundi 4-H staff, is their third or fourth language!

- New kind of plants with leaves which help in covering the soil and then become the manure. It is called “Green Manure”.
- The importance of cassava, banana and potatoes in one’s body in addition with vegetables and fruits to establish nutrition.
- That agriculture connects to nutrition and when a person is well fed, the health facilitates the good education.



Dear Friends of Burundi 4-H,

In these times of uncertainty and the unknown it is comforting to know that some things are moving along as always. So far there have not been many cases of COVID – 19 in Burundi. Let us hope that continues.

If you would like to donate to continue this amazing work, please visit our website at: <https://extension.wsu.edu/4h/youth/global-4-h/burundi/>

For questions or comments, contact Kevin Wright at [wrightkc@wsu.edu](mailto:wrightkc@wsu.edu) or Mary Katherine Deen at [mdeen@wsu.edu](mailto:mdeen@wsu.edu)

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Daisy Scholarship Open to Graduating 4-H Seniors with Three Years of Participation in the 4-H Shooting Sports Project.



It is Daisy Scholarship Time! If you are a graduating 4-H senior with three years of participation in the 4-H Shooting Sports project, check out this scholarship! If you plan to apply, fill out the [application form](#) and return it to Toni Gwin at [tgwin@wsu.edu](mailto:tgwin@wsu.edu). THE DEADLINE IS MAY 15, 2020. Applications will be reviewed by the Shooting Sports Committee for selection of a candidate to represent Washington State.

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Calling County KYG Coordinators! – Connect with Dorothy!



Your KYG Planning Team is ‘staying home and staying healthy;’ 2021 KYG curriculum (Judicial) is being planned, and possibly even 2022 curriculum (Legislative) as well! We want to stay connected with the people that are part of putting together KYG at the county level. Please send a name and email

to [dorothy.elsner@wsu.edu](mailto:dorothy.elsner@wsu.edu). The Planning Team will create a communication system that is accessible to all.

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## **Youth in Action Awards Application Deadline extended to May 18th!**

In the wake of COVID-19, the deadline for the 4-H Youth in Action Awards has been extended to **May 18!** You can share your story of developing passion, finding purpose, and inspiring others by [applying here](#) for the 4-H Youth in Action Awards for a chance to earn a \$5,000 scholarship and a trip to Washington, D.C.!

Want to learn more about the 4-H Youth in Action Awards? **Join us for a webinar with the 2020 4-H Youth in Action Pillar Winners on April 22 at 7 p.m. ET by registering [here!](#)**

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## **Spokane Junior Livestock Show Goes Virtual**

The Junior Livestock Show of Spokane has been forced to cancel the 85th annual Show and Sale due to the Spokane County Fair & Expo Center being used as a COVID-19 testing and quarantine site. They have cancelled all events scheduled for the month of May at their facility.

However, the Board of Directors of the Junior Livestock Show of Spokane is pleased to offer the 2020 **Virtual** Junior Livestock Show opportunity:

A Virtual show will be set up online for all market, prospect, and female classes previously entered. There will be no fitting and showing classes. A link will be posted on the Junior Livestock Show website, [juniorshow.org](http://juniorshow.org) and the Facebook page with instructions on how to enter. Entries will be accepted April 27 – May 5. The Virtual show will take place May 7. Results will be posted soon after. The complete Letter to Exhibitors can be read by clicking [here](#).

Please plan on attending the 85th annual Show and Sale that will be back in full swing in May 2021.

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## **Home Vegetable Gardens Become CoVictory Gardens!**

Have elementary age members? Join the virtual National JMG (Junior Master Gardener) Group on Facebook Live! Sessions start: April 2, 2020 and will continue through 5 May. Garden activities are led by National JMG staff. Your members can earn a JMG Certification in Plant Growth and Development, while maintaining social distance. Sessions start April 2nd and will be on Tuesdays and Thursdays at 1 PM CT (11 AM Pacific).

Are you a leader or senior member? Through April, Oregon State University is offering their Vegetable Gardening course for free! In Vegetable Gardening, you learn how to select a site, prepare soil and plant vegetables properly, as well as gain skills to successfully produce food and identify common insect and disease problems.

Need some general garden information for success? WSU Home Vegetable Gardening in Washington publication EM057E is your ticket to success. Look at Table 4 (Seeding Recommendations for Common Vegetable Crop), Table 5 (Suggested Planting Calendar), and table 6 (General Rooting Depths of Some Common Vegetable Crops).

Did you know in 1943, nearly forty percent of all fruits and vegetables grown in the United States were grown in Victory Gardens? 4-H members were bused into towns to help families with their gardens. Many of our WSU Master Gardener Volunteers across the state are encouraging backyard vegetable gardens this year. They are calling them CoVictory Gardens! Connect with your county's Master Gardeners. They are in your WSU Extension office. Zoom a club meeting with a Master Gardener as the program. Check if they have extra vegetable starts. Like the Victory Gardens of our past, this CoVictory Gardens will give us a sense of purpose and a way to contribute!

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## **Rabbit Hemorrhagic Disease PowerPoint Presentation by Dr. Susan Kerr Available as PDF Document.**

Dr. Susan Kerr recently shared a PowerPoint presentation regarding Rabbit Hemorrhagic Disease (RHD). A .PDF copy of that presentation is available [here](#).

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## **Horse Judging from Home Webcasts Available on YouTube!**

**HORSE JUDGING FROM HOME**

Learn from experts while staying socially distant!

**MARCH 31: RANCH RIDING**  
Dr. Holly Spooner

**APRIL 7: CONFORMATION**  
Casey Henry

**APRIL 14: GAITED HORSES**  
Jeffrey Hester

**APRIL 21: EQUITATION/HORSEMANSHIP**  
Kalley Vande Kamp

2PM EDT / 1PM CDT EACH DAY

TO ACCESS THE WEBCAST  
USE THIS LINK

<https://tennessee.zoom.us/j/748956540>

Real Life Solutions  
MIDDLE TENNESSEE STATE UNIVERSITY  
EXTENSION

Recordings of the first three sessions in the Horse Judging From Home series of seminars offered via Zoom are available for viewing on YouTube.

The March 31st presentation, *Ranch Riding*, can be found by clicking [here](#).  
The April 7th presentation, *Conformation*, can be found by clicking [here](#).  
The April 14 presentation, *Gaited Horses*, can be found by clicking [here](#).  
The link to today's presentation will be added next week.

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## JoAnn “Pay It Fourward” Campaign is Bobbin Along

JOANN stores are empowering the next generation of makers by *Paying It Fourward* for 4-H. Through yearly in-store donation campaigns, custom 4-H products and digital experiences, JOANN customers and 4-H supporters are helping to inspire a child's creativity and bring 4-H to more kids across the country.

### “Pay It Fourward”

JOANN stores across the country help 4-H clubs receive critical resources to bring more hands-on programs to local youth. This year, from March 1 through April 30, visit your local JOANN store and purchase a “Pay It Fourward” tear away at register for either \$1 or \$4 and help to Inspire a Child's Creativity through 4-H. If you donate \$4, JOANN will give you a coupon to use on a future purchase.

### Custom 4-H Fabric

Purchase a variety of custom 4-H fabric at JOANN Stores nationwide or online and visit the [JOANN website](#) for unique 4-H inspired crafting ideas. For each fabric sold, 4.5% will go toward creating more hands-on programs for kids in local communities. Share your creations on social media with #JOANNLOVES4H!

A limited selection of fabric is also available at [Shop4-H.org](#).

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## Update – The MannaPro 4-H Mosaic Toolkit Is Now Online

Manna Pro is “Calling All Champions” to showcase their 4-H experience, past and present, in a photo mosaic available on [mannapro.com/4h](#). All participants will receive coupons from MannaPro and the states with the most photos submitted will be eligible for cash prizes. The promotion will run from February 1, 2020 through April 30, 2020 to help bring 4-H programs to more youth across the country and Inspire all Kids To Do.

The Manna Pro toolkit is now live; it is available by clicking [here](#).

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## **New Guides for the 4-H Horse Advancement Program!**

New Guides for the 4-H Horse Advancement Program are now available; they have been updated from 1993 versions. 4-H Advancement Programs are competency designed programs for 4-H leaders to assist 4-H members to navigate their projects. This 4-H Horse Advancement Program is designed as a checklist to build the competency and confidence of 4-H Horse members. During the process of working through the Steps, the 4-H members will gain skills and experiences necessary to have success in the 4-H Horse Program. It provides an opportunity to develop skills and mastery that fits individual learning styles and abilities. Each county program or 4-H club has the flexibility to make adaptations and provide oversight to the 4-H Horse Advancement Program relative to the riding discipline and the needs of their local audience. This Advancement Program will measure 4-H members' knowledge and skills in General 4-H Knowledge, Horsemanship, Selecting & Judging, Equine Science, Leadership, and Personal Development. Each Step in the 4-H Advancement Program builds upon the previous Step based in terms of skill level and age appropriateness. 4-H members will not just be gaining knowledge about their project area, they will also develop skills they will use during their life.

Guides include handy resources as well as personal development and leadership skills. 4-H Advancement Programs can also assist in risk management for projects. Participants will be provided with strategies and activities to enhance their Advancement Programs for important projects. A presentation with discussion will help participants utilize the Horse Advancement Program as well as create or enhance their own Advancement Programs.

The 4-H Horse Advancement Program Guides are published through WSU Publications at [here](#), and are also available online in .pdf form for free at [here](#) (Member Guide) and [here](#) (Program Leader Guide).

If you have any questions, please contact Debbie Williams – [dmoberg@wsu.edu](mailto:dmoberg@wsu.edu), Jennifer Leach – [jleach@wsu.edu](mailto:jleach@wsu.edu), or Janet Schmidt – [schmidtj@wsu.edu](mailto:schmidtj@wsu.edu).