

# Tuesday News



Tuesday News – April 7, 2020

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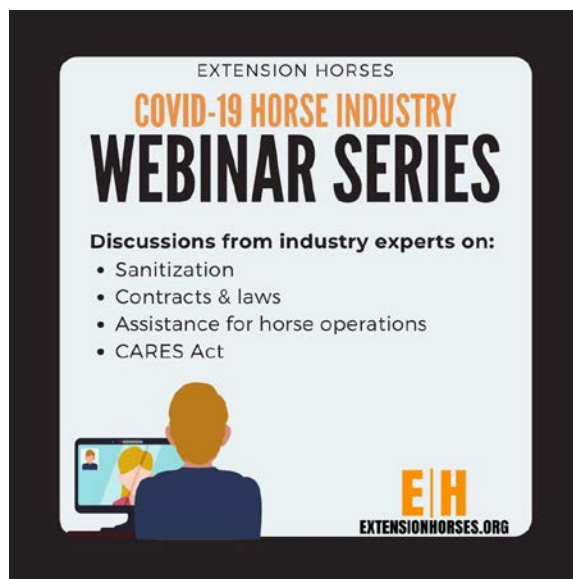
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## COVID-19 RESOURCES

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### **April 8 Webinar on eXtension: COVID-19 Financial Assistance for Horse Owners and Horse Businesses**



A financial assistance webinar for the horse industry will be held on Wednesday, April 8 at Noon central (10 am Pacific). To join “COVID-19 Financial Assistance Options for Horse Owners and Horse Businesses” click <https://psu.zoom.us/j/655409465>

If you or your business is struggling financially due to COVID-19 related layoffs, closings, or reduced business, join us to learn about assistance options.

Ashley Harkins from the United Horse Coalition will begin by explaining what the UHC does and resources they provide horse owners and the industry to prevent horses from becoming at-risk. She will also talk about a resource database of safety net programs including rescues and hay banks for horse owners.

Then Bryan Brendle from the American Horse Council will describe some pandemic-related federal assistance programs including unemployment assistance, federal tax rebates, and two small business loans made available by the CARES Act (the Paycheck Protection Program and the Economic Injury Disaster Loan). He will discuss who qualifies and how to apply for each of these.

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## Keeping Your Distance to Stay Safe

With the number of COVID-19 cases increasing every day, psychologists offer insights on how to separate yourself from others, while still getting the social support you need.

<https://www.apa.org/practice/programs/dmhi/research-information/social-distancing>

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### A Reminder: COVID-19 Resources Available from WSU Extension

Link to WSU Extension COVID-19 updates and Resources at <https://extension.wsu.edu/covid-19/>

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### Additional Equine Resources Added to Horse Project Page

Extension Horses COVID-19 Infographics for Equine Owners and Facilities have been added to the Horse Project page. They are located under the “Other Resources and Websites” link and are intended to provide general information.

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### Everyday Actions to Help Prevent the Spread of Respiratory Viruses

Here are everyday actions to help prevent the spread of respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

A WSU hand-washing video can be accessed [here](#).

There's also this [link](#) to the Washington State Department of Health's 'WashYourHandsingTon' web page.

WSU has established an informational website that is being frequently updated – it can be found [here](#). It has general information from the Center for Disease Control and the Washington State Department of Health.

**Because of differing levels of outbreaks and risk of exposure to covid-19 and the coronavirus in different communities, please refer to your local health department and your local County Extension Office for information applicable to your community.**

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## CANCELLATIONS AND POSTPONEMENTS

*Some events may not be included in this list.*

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### **2020 4-H International Exchange Inbound/Outbound Programs Cancelled**

The States 4-H International Exchange Board of Directors met virtually a few days ago and made the very tough decision to cancel both Inbound and Outbound Exchange programs this summer. Though not a surprising decision (at least for us in Washington), it is a disappointing one for our Outbound delegates, as well as our host families, already eagerly making plans to welcome delegates this summer.

Information will be updated on the WA 4-H International Exchange Facebook page, as well as the International Exchange page on our WA 4-H website. If you have any questions or would like additional information, please contact Dianna Ullery via e-mail at [dianna.ullery@wsu.edu](mailto:dianna.ullery@wsu.edu).

Thanks to all those who were already at work getting potential host families recruited and screened. 4-H families are encouraged to focus on participation in 2021.

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### **2020 University of Idaho 4-H State Teen Association Conference is Cancelled!**

The 2020 University of Idaho State Teen Association Conference scheduled for June 22-25, 2020 has been **cancelled**. Planning teams from WSU 4-H and University of Idaho 4-H are working on a virtual 2020 UI/WSU STAC or Teen Conference, to take place over the same dates. Stay tuned!

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### **The Washington State 4-H Shooting Sports National Qualifying Event has been Cancelled!**

In an abundance of caution and with safety and well-being always in our actions, the Washington State 4-H Shooting Sports Project Committee has decided to cancel the in-person National Qualifier, scheduled for May 15th through 17th in Eatonville. The Washington State 4-H State Shooting Sports Project Committee will be meeting in May to work out potential alternatives to the National Qualifier.

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### **Tractor Supply Company Spring 2020 Paper Clover Campaign Postponed**

As we continue to work through these unique circumstances associated with COVID-19 and focus on the needs of 4-H youth, Extension staff, Volunteers, and communities, the 2020 Spring 4-H Paper Clover campaign with Tractor Supply

Company (originally scheduled to take place 4/29 – 5/10) will be postponed to a later date. Next steps will be shared as they become available.

4-H's partnership with Tractor Supply will continue with the Fall Paper Clover campaign as planned for 10/7 – 10/18.

Tractor Supply stores and team members in communities across the country have long supported 4-H and will continue to raise funds, build programs, and establish a strong partnership that will serve our communities. Tractor Supply has reiterated the importance of the 4-H partnership to their business, but right now, the health and safety of everyone is the top priority.

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## **2020 4-H Shooting Sports National Championships Cancelled**

The National 4-H Shooting Sports Committee has had the 4-H Shooting Sports National Championships as well as the National 4-H Shooting Sports Teen Ambassador Training on our minds since the outbreak of COVID-19. Having given much thought and consideration to existing circumstances, the National Committee has made the decision to cancel the 2020 National Championships and to offer some form of Teen Ambassador Training in an online format.

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## **4-H Shooting Sports National Workshop Has Been Rescheduled!**

The National 4-H Shooting Sports Level 2 Instructor Training Workshop previously scheduled for May has been postponed to October.26-30.

The workshop registration/check-in is from 3:00 PM to 5:00 PM on Monday, October 26 with the program beginning at 6:00 PM. Participants are expected to arrive on time to participate in all parts of the program through Thursday evening, October 29. Overnight accommodations are included for Thursday night with participants departing on Friday morning, October 30.

Workshop attendees are encouraged to review the revised information letter sent to State 4-H Shooting Sports Coordinators, which can be found [here](#). This letter includes eligibility criteria participants must meet in order to attend the workshop. The updated Registration Form (Excel File) can be downloaded by clicking [here](#), the updated Health History Form (Excel File) can be downloaded by clicking [here](#), and the updated Waiver/Release Form (Excel File) can be downloaded by clicking [here](#).

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## FEATURES

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### **Home Vegetable Gardens Become CoVictory Gardens!**

Have elementary age members? Join the virtual National JMG (Junior Master Gardener) Group on Facebook Live! Sessions start: April 2, 2020 and will continue through 5 May. Garden activities are led by National JMG staff. Your members can earn a JMG Certification in Plant Growth and Development, while maintaining social distance. Sessions start April 2nd and will be on Tuesdays and Thursdays at 1 PM CT (11 AM Pacific).

Are you a leader or senior member? Through April, Oregon State University is offering their Vegetable Gardening course for free! In Vegetable Gardening, you learn how to select a site, prepare soil and plant vegetables properly, as well as gain skills to successfully produce food and identify common insect and disease problems.

Need some general garden information for success? WSU Home Vegetable Gardening in Washington publication EM057E is your ticket to success. Look at Table 4 (Seeding Recommendations for Common Vegetable Crop), Table 5 (Suggested Planting Calendar), and table 6 (General Rooting Depths of Some Common Vegetable Crops).

Did you know in 1943, nearly forty percent of all fruits and vegetables grown in the United States were grown in Victory Gardens? 4-H members were bused into towns to help families with their gardens. Many of our WSU Master Gardener Volunteers across the state are encouraging backyard vegetable gardens this year. They are calling them CoVictory Gardens! Connect with your county's Master Gardeners. They are in your WSU Extension office. Zoom a club meeting with a Master Gardener as the program. Check if they have extra vegetable starts. Like the Victory Gardens of our past, this CoVictory Gardens will give us a sense of purpose and a way to contribute!

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## Gardens continue to thrive in Burundi



**Watermelon is a new food for students.  
They grow well in Burundi!**

Since the Burundi 4-H School Gardens were first planted at four schools in 2015 there has been a steady stream of produce to feed students. *There are now 6 schools involved and the hope for 2020 is to add 4 more schools.* From learning observation skills to finding out about nutrition, the gardens are an integral part of every student's school day.

Students have been involved in every step of the growing process. They helped choose and prepare a healthy garden site and study plant health. Through teamwork and conversations with other students and community members they are learning valuable lessons on social interactions and community development. Because their work is hands on, students are immersed in agricultural concepts such as soil nutrition, growing cycles and plant structures. They even learned the role of a pluviometer in agriculture.

The learning continues each year as new students are engaged in the Burundi 4-H Gardening program.

**Thank you, donors, for making this all possible!**

If you would like to donate to continue this amazing work please visit our website at: <https://extension.wsu.edu/4h/youth/global-4-h/burundi/>  
For questions or comments contact Kevin Wright at [wrightkc@wsu.edu](mailto:wrightkc@wsu.edu) or Mary Katherine Deen at [mdeen@wsu.edu](mailto:mdeen@wsu.edu)

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## Rabbit Hemorrhagic Disease PowerPoint Presentation by Dr. Susan Kerr Available as PDF Document.

Dr. Susan Kerr recently shared a PowerPoint presentation regarding Rabbit Hemorrhagic Disease (RHD). A .PDF copy of that presentation is available [here](#).

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### Horse Judging from Home Offered Via Zoom!

**HORSE JUDGING FROM HOME**

Learn from experts while staying socially distant!

**MARCH 31 : RANCH RIDING**  
Dr. Holly Spooner

**APRIL 7: CONFORMATION**  
Casey Henry

**APRIL 14: GAITED HORSES**  
Jeffrey Hester

**APRIL 21: EQUITATION/HORSEMANSHIP**  
Kailey Vande Kamp

**2PM EDT / 1PM CDT EACH DAY**

**TO ACCESS THE WEBCAST USE THIS LINK**

<https://tennessee.zoom.us/j/748956540>

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UT EXTENSION INSTITUTE OF AGRICULTURE

This series of seminars is being offered via Zoom at 11:00 a.m. Pacific Daylight Time on the dates indicated. The March 31st presentation had taken place prior to this notice being distributed in Tuesday News – the session was recorded, and a link to the recording will be provided soon.

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### 2020 Congressional District Art Competition Open to 7th Through 12th Graders

Each spring, the [Congressional Institute](#) sponsors a nationwide high school visual art competition to recognize and encourage artistic talent in the nation and in each congressional district. Since the Artistic Discovery competition began in 1982, more than 650,000 high school students have participated.



Students submit entries to their representative's office, and panels of district artists select the winning entries. Winners are recognized both in their district and at an annual awards ceremony in Washington, DC. The winning works are displayed for one year at the U.S. Capitol.

## How to Enter the 2020 Art Competition

1. **Contact your representative** to confirm your district's participation and obtain specific guidance.
2. Review the **2020 Rules for Students and Teachers**.
3. Complete the **2020 Student Release Form**.
4. Submit the Student Release Form and any other required materials to your **representative** by the deadline specified on their website.

The winning student will be invited to Washington, D.C. for a ribbon-cutting ceremony and will have his or her artwork *displayed in the U.S. Capitol for one year*. Southwest Airlines offers each first-place Congressional Art Competition winner two round-trip tickets to attend the reception in June.

The national link for the 2020 competition is **<https://www.house.gov/educators-and-students/congressional-art-competition>**

Washington State's 2019 honorees can be viewed **[here](#)**.

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### **4-H Youth in Action Spotlight: 4-H PART SciBorgs Team Update – GREAT COMPETITION!**

The robotics students just completed their competition for this year's FIRST Robotics Competition game: Infinite Recharge sponsored by Star Wars! The competition was held at West Valley High School in Spokane Valley, Washington on March 6th and 7th.

During their first match, they experienced some serious technical difficulty where the RoboRIO (the robot's brain) had a glitch that caused a crash. It was pretty devastating, with parts everywhere and a bent shaft. After some initial shock, the team rallied together and, in the course of a few matches, the robot was functioning better than ever! Through the trauma, the students strengthened their teamwork skills and determination. The team climbed again in ranking and were part of the 7th Alliance. The highlight was an endgame triple climb with our alliance partners!

Due to the impacts of COVID-19, our future competitions are postponed, but the SciBorgs continue looking forward, improving their skills and sharing their passion for STEM in our community.

Thanks to Schweitzer Engineering Labs and all our supporters for empowering our local youth!

## Helena and the rest of 4-H PART SciBorgs FIRST WA FRC Team #4061



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### JoAnn “Pay It Fourward” Campaign is Bobbin Along

JOANN stores are empowering the next generation of makers by *Paying It Fourward* for 4-H. Through yearly in-store donation campaigns, custom 4-H products and digital experiences, JOANN customers and 4-H supporters are helping to inspire a child’s creativity and bring 4-H to more kids across the country.

#### “Pay It Fourward”

JOANN stores across the country help 4-H clubs receive critical resources to bring more hands-on programs to local youth. This year, from March 1 through April 30, visit your local JOANN store and purchase a “Pay It Fourward” tear away at register for either \$1 or \$4 and help to Inspire a Child’s Creativity through 4-H. If you donate \$4, JOANN will give you a coupon to use on a future purchase.

#### Custom 4-H Fabric

Purchase a variety of custom 4-H fabric at JOANN Stores nationwide or online and visit the [JOANN website](#) for unique 4-H inspired crafting ideas. For each fabric sold, 4.5% will go toward creating more hands-on programs for kids in local communities. Share your creations on social media with #JOANNLOVES4H!

A limited selection of fabric is also available at [Shop4-H.org](#).

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### Application Window Open Now for 2021 4-H Youth in Action Awards!

A new application season for the 4-H Youth in Action program was initiated in January by National 4-H Council; after hearing from Extension professionals and students that spring is a better time for youth to apply for scholarships, the application season has been shifted to better support 4-Hers and professionals alike. From now until April 27, 2020, youth can share their stories of developing passion, finding purpose, and inspiring others by applying [here](#) for the 2021 4-H

Youth in Action Awards for a chance to earn a \$5,000 scholarship and a trip to Washington, D.C.!

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### Update – The MannaPro 4-H Mosaic Toolkit Is Now Online

Manna Pro is “Calling All Champions” to showcase their 4-H experience, past and present, in a photo mosaic available on [mannapro.com/4h](http://mannapro.com/4h). All participants will receive coupons from MannaPro and the states with the most photos submitted will be eligible for cash prizes. The promotion will run from February 1, 2020 through April 30, 2020 to help bring 4-H programs to more youth across the country and Inspire all kids to do.

The Manna Pro toolkit is now live; it is available by clicking [here](#).

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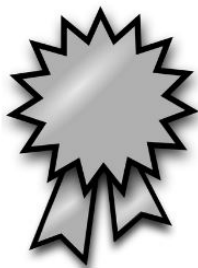
### Hippology Academy is Back!

Hippology Academy courses are available again, as of February 17th, through [extensionhorses.org](http://extensionhorses.org). All courses are online, so they are accessible anytime. Silver Level registrations have access to Professors of the Week and course access for nine months; Bronze Level registrations have access for six months. For more information, click [here](#).



### Hippology Academy is BACK!!

3-6 week courses from University and Industry Experts-  
offered 100% online- opens February 17  
Access at YOUR Convenience



Silver Level: Weekly forum to talk to Professor, access to material for 9 months from course opening date



Bronze Level: Access to all material for 6 months from course opening date

**For specific topics and to enroll:**  
[www.extensionhorses.org](http://www.extensionhorses.org)

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## **New Guides for the 4-H Horse Advancement Program!**

New Guides for the 4-H Horse Advancement Program are now available; they have been updated from 1993 versions. 4-H Advancement Programs are competency designed programs for 4-H leaders to assist 4-H members to navigate their projects. This 4-H Horse Advancement Program is designed as a checklist to build the competency and confidence of 4-H Horse members. During the process of working through the Steps, the 4-H members will gain skills and experiences necessary to have success in the 4-H Horse Program. It provides an opportunity to develop skills and mastery that fits individual learning styles and abilities. Each county program or 4-H club has the flexibility to make adaptations and provide oversight to the 4-H Horse Advancement Program relative to the riding discipline and the needs of their local audience. This Advancement Program will measure 4-H members' knowledge and skills in General 4-H Knowledge, Horsemanship, Selecting & Judging, Equine Science, Leadership, and Personal Development. Each Step in the 4-H Advancement Program builds upon the previous Step based in terms of skill level and age appropriateness. 4-H members will not just be gaining knowledge about their project area, they will also develop skills they will use during their life.

Guides include handy resources as well as personal development and leadership skills. 4-H Advancement Programs can also assist in risk management for projects. Participants will be provided with strategies and activities to enhance their Advancement Programs for important projects. A presentation with discussion will help participants utilize the Horse Advancement Program as well as create or enhance their own Advancement Programs.

The 4-H Horse Advancement Program Guides are published through WSU Publications at [here](#), and are also available online in .pdf form for free at [here](#) (Member Guide) and [here](#) (Program Leader Guide).

If you have any questions, please contact Debbie Williams – [dmoberg@wsu.edu](mailto:dmoberg@wsu.edu), Jennifer Leach – [jleach@wsu.edu](mailto:jleach@wsu.edu), or Janet Schmidt – [schmidtj@wsu.edu](mailto:schmidtj@wsu.edu).

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