

# What is ROP?

A vital question of any culture is how youth are prepared to take on the identity of a mature individual, & what significance that role will have.

The Rite of Passage program provides emerging adults with a positive life narrative to begin their journey into adulthood.

The 4-H Rite of Passage provides reflection and solo-time in the wilderness. We prepare initiates for as much as a 3-day fast alone without shelter or company in the natural world.

The vision fast process for participants involves 3 phases:

- severance from the world that they know and will leave behind,
- threshold or time alone, and
- Incorporation into their new life and life status as an adult.

The benefits of this work at the individual and cultural levels are many and include: self-knowledge (*both strengths and weaknesses*), leadership skills, self-esteem, self-confidence, sense of responsibility for self and community, fuller access to emotions, feelings and spirit, respect for self and others and a deep honoring of the natural world that supports us all.



*Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.*

Address Correction Required

4-H Rite of Passage  
WSU Extension  
1000 N. Forest Street, Suite 201  
Bellingham, WA 98225

# 4-H Rite of Passage

From adolescence into adulthood

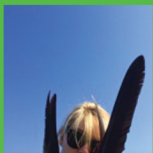


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## About 4-H Rite of Passage



The 4-H RITE OF PASSAGE program was originally developed by The School of Lost Borders in California. For over 30 years they have provided vision fasts for youth and adults as well as training for future vision fast guides.



### Our Guides

Our 4-H ROP Guides have each clocked over 250 training hours and lead multiple fasts.

Read more about our guides at:

<http://tiny.cc/ropwsu>

# Program Offerings

## 4-H Rite of Passage

### 2020 Schedule

#### 4-H Open Teen Rite of Passage:

Open to any teens, 16-18 years of age.  
(Preparation and mentoring available)

Location: Colockum Ridge, WA - July 16-23, 2020

#### Adult Leadership Training Program

To become a 4-H Rite of Passage Leader, one must complete 3 levels of training.

#### • Level I Adult 4-H Rite of Passage Training:

Participants will train to lead 4-H Rites of Passage as well as experience their own 4-H Rite of Passage.

Location: Colockum Ridge, WA - July 8-15, 2020

#### • Level II A: Base Camp Assistant:

(For those who have completed the Level I Training)

Base Camp Assistant trainings take place during Youth or Adult ROPs. See listed dates.

#### • Level II B: Mirroring for Intent & Empowerment:

Training in the art of mirroring for those who have completed the Level I Training.

Location: Issaquah, WA - for 2021, TBD

#### • Level III Co-Leader:

With an experienced 4-H Rite of Passage guide, take full responsibility for planning and leading a 4-H Rite of Passage trip for youth or adults.

(Must have completed Levels I, II A, and II B)

Registration deadlines, 1 month prior to each trip.

Contact more information, contact:

Michael Wallace, 4-H Regional Specialist

(360) 778-5813

## Registration Information

NOTE: "Intro to 4-H Rite of Passage for Schools/Groups" - No cost

Contact: 4-H Rite of Passage - WSU Extension

<input type="checkbox"/> 4-H OPEN TEEN RITE OF PASSAGE (includes handbook)	\$250 <i>scholarships available</i>
<input type="checkbox"/> Level I Training: 4-H ADULT RITE OF PASSAGE (includes youth handbook)	\$450
<input type="checkbox"/> Level II A Training: 4-H Rite of Passage Basecamp Assistant	\$175
<input type="checkbox"/> Level II B Mirroring for Intent and Empowerment	\$200
<input type="checkbox"/> Level III Training: Co-Leading 4-H Rite of Passage	\$200
<input type="checkbox"/> 4-H RITE OF PASSAGE YOUTH OR ADULT HANDBOOK <i>included with registration</i>	\$15

CEU's and Clock Hours available upon request.  
Scholarships available. Earlybird rates available on most dates. Call for further information.

### Suggested Reading List:

The Roaring of the Sacred River  
Foster, Steven & Little, Meredith (1997)

The Book of the Vision Quest: Personal Transformation in the Wilderness - Foster, Steven & Little, Meredith (1992)

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Bellingham, WA 98225

(360) 778-5813 Fax: (360) 778-5801

mlwallace@wsu.edu

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*Dare to go alone into the wilderness to affirm your past and find your future.*