

VanderWey, S.

Using Experiential Methodologies to Enhance Social Emotional Learning Through a Trauma- Informed Lens

presented at
Ready by 21 Conference
Seattle, WA
April 25, 2019

Human Bingo

Activity Directions:

1. Ask the questions.
2. Get only one signature per person.
3. Don't sign your own.
4. Have fun.

Experiential
Methodologies
Enhancing Social
Emotional
Learning Through
a Trauma-
Informed Lens



Introductions



Scott VanderWey

WSU Faculty

Director of 4-H Adventure Education



Audience

A Land Grant Research University



Washington State University



Workshop Norms

- Be Here
- Be Open
- Be Caring
- Have Fun



Schema



Schema



Learning Targets

By the end of the workshop
you will be able to...

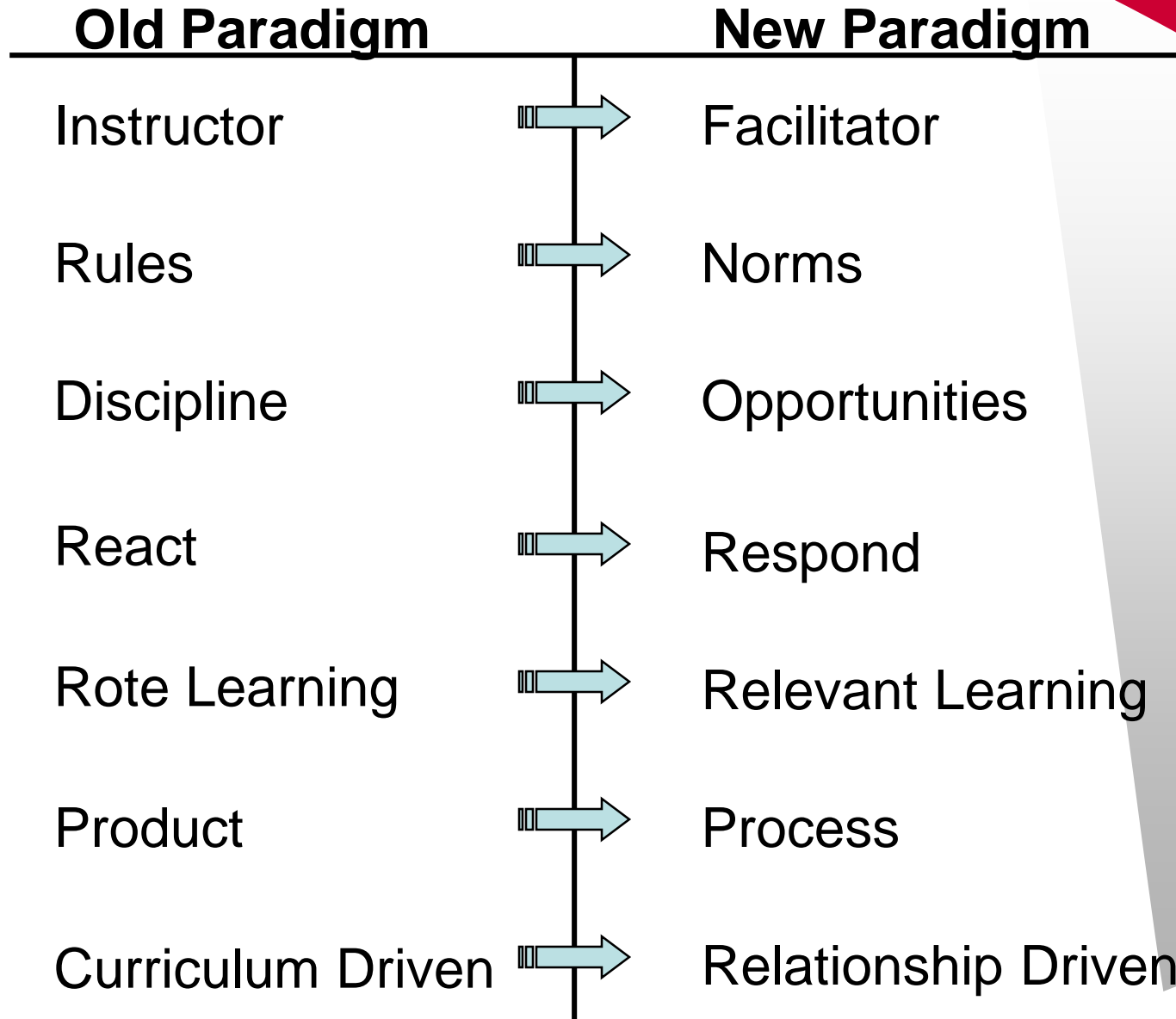
1. Identify ***what*** the basic elements of a Social Emotional Learning Community (SELIC) are.
2. Explain ***why*** SELICs are important.
3. Understand ***how*** to use tools and strategies to create a SELIC.

Continued

We also hope that you....

Leave with a ***new paradigm***
and want to learn more!

Shifting Paradigms



Outcomes of Social Emotional Learning



Cat Herding



How does this relate to you personally or professionally?

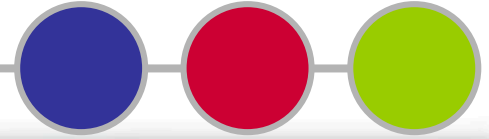


Talking Object

Activity Directions:

Use the object as the device
to let everyone know
whose turn it is to talk!

What is a Learning Community?



Think-Pair-Share

Consider:

- **What is a Learning Community?**
- **How are learning communities created or established?**

Directions:

1. Think to yourself.
2. Discuss with a partner.
3. Share with your group.

Defining Learning Community

A Learning Community is...

- Any group of people that comes together with the intent to learn!

Defining Community

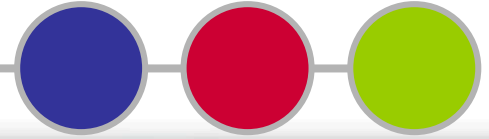
Community is...

- Shared Membership
- Shared Purpose
- Shared Norms
- Shared Skills
- Shared Outcomes

Learning Community Model



Why Build Successful Learning Communities?





Powerful Teaching and Learning Through the Lens of

Rigor, Reflection, Relevance, and Relationships

Rigor

Skills and/or **Knowledge** are manifested as students develop conceptual understanding, not just recall.

Reflection

Thinking is evident because teachers provide opportunities for students to respond to open-ended questions, explain their thinking process, and reflect to create personal meaning.

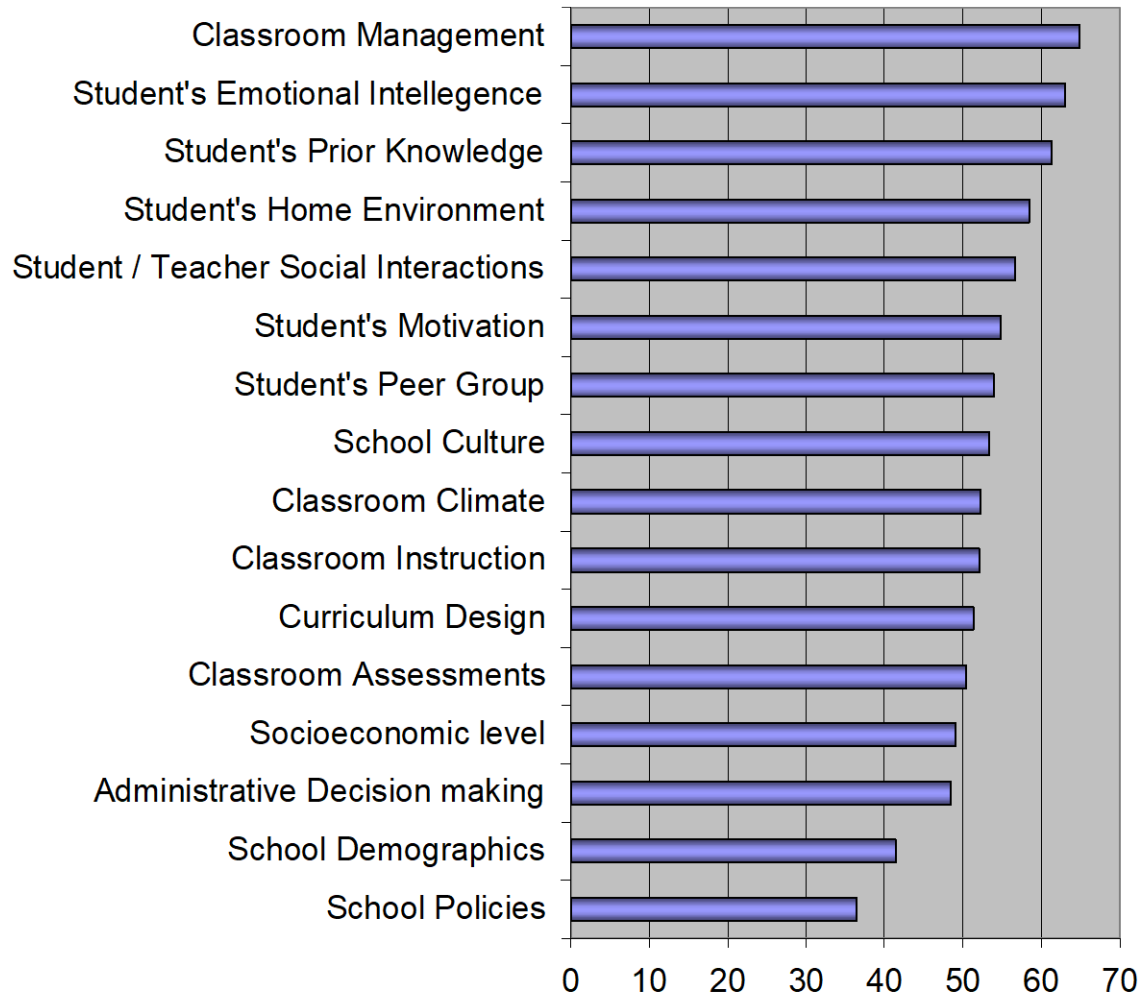
Relevance

Application of skills, knowledge, and thinking in relevant and/or real-world contexts is essential for engaging students in their learning and for helping students make connections that lead to understanding.

Relationships

Relationships are positive and are essential for establishing optimal conditions for learning, and include high expectations around challenging work, student social support for learning, and differentiation of instruction based on student needs.

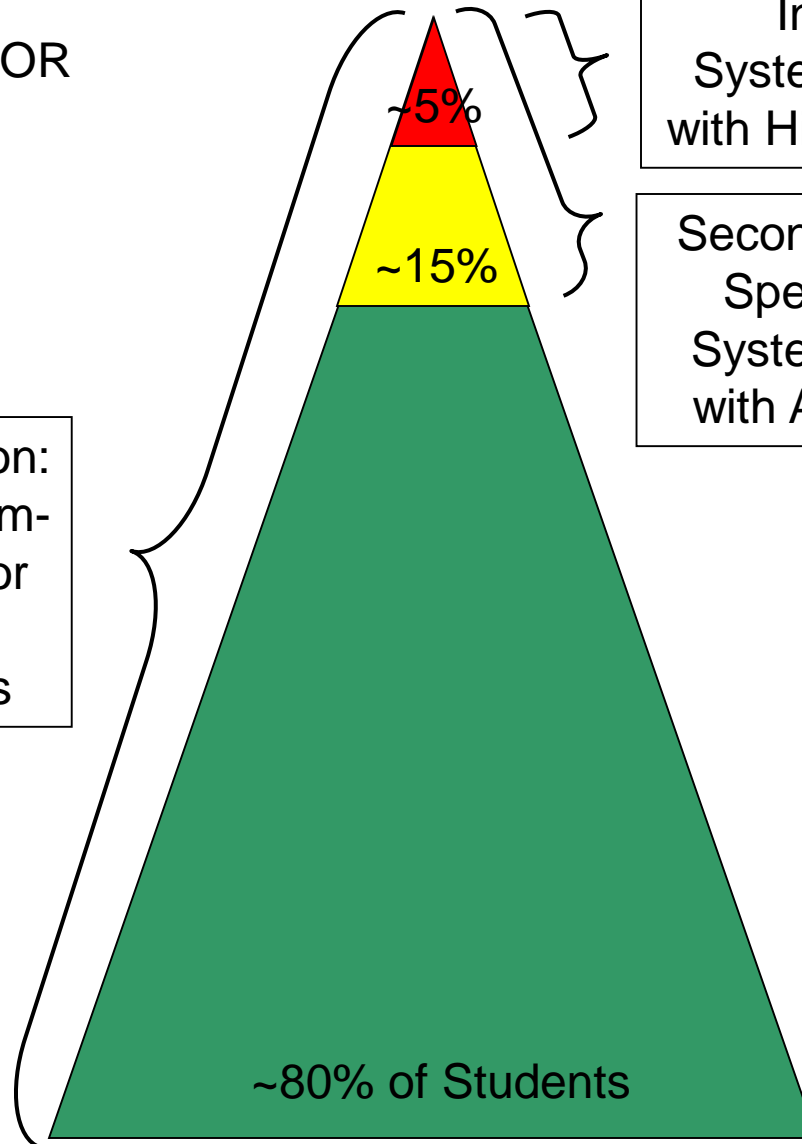
What Impacts Learning?



Psychology and Educational Practice, Herber Walberg (2002)

SCHOOL-WIDE
POSITIVE BEHAVIOR
SUPPORT

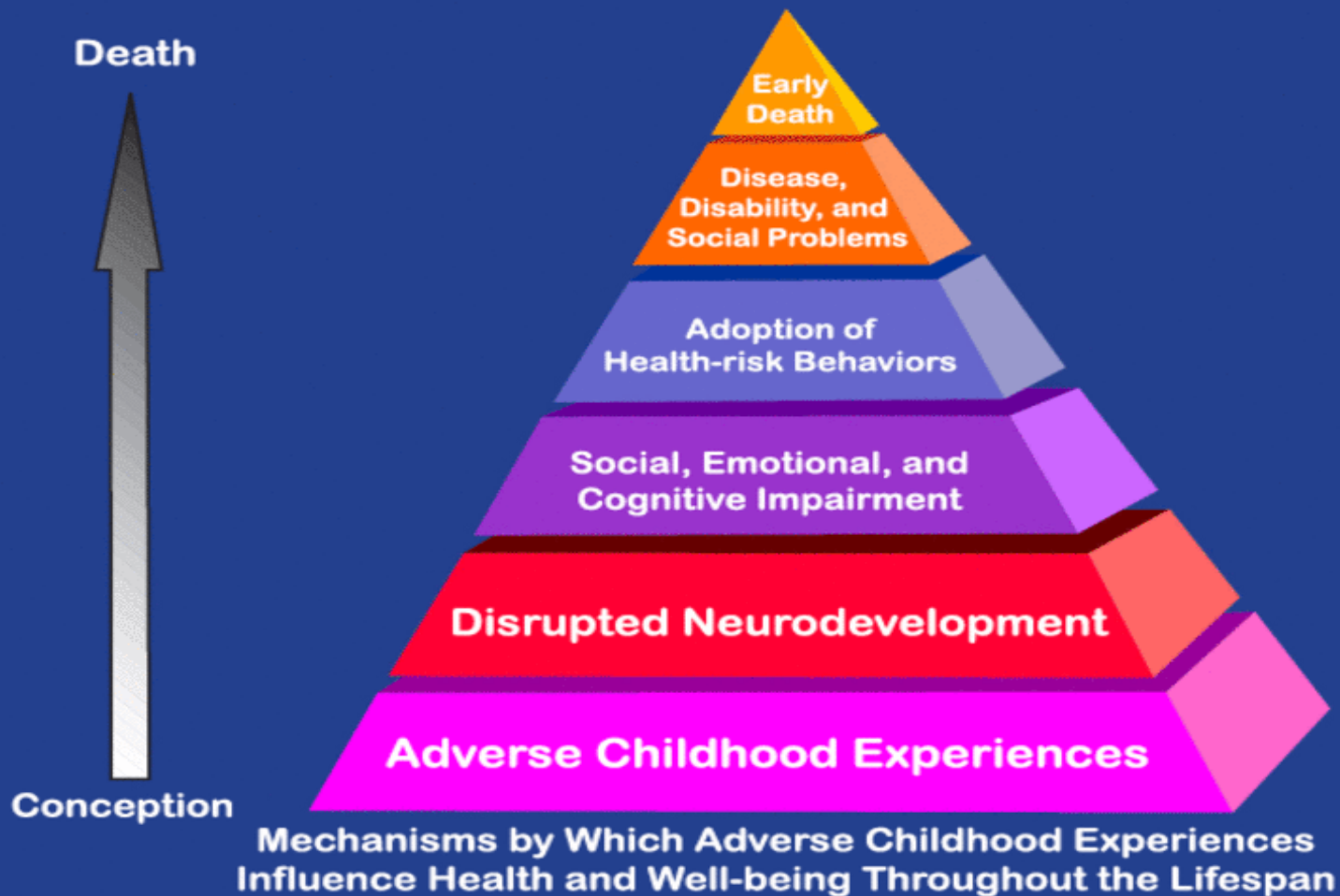
Primary Prevention:
School-/Classroom-
Wide Systems for
All Students,
Staff, & Settings



Tertiary Prevention:
Specialized
Individualized
Systems for Students
with High-Risk Behavior

Secondary Prevention:
Specialized Group
Systems for Students
with At-Risk Behavior

**The prevalence and consequences
of Adverse Childhood
Experiences (ACEs) and toxic
stress have harmful effects to
health later on in life.**





Paper Tigers

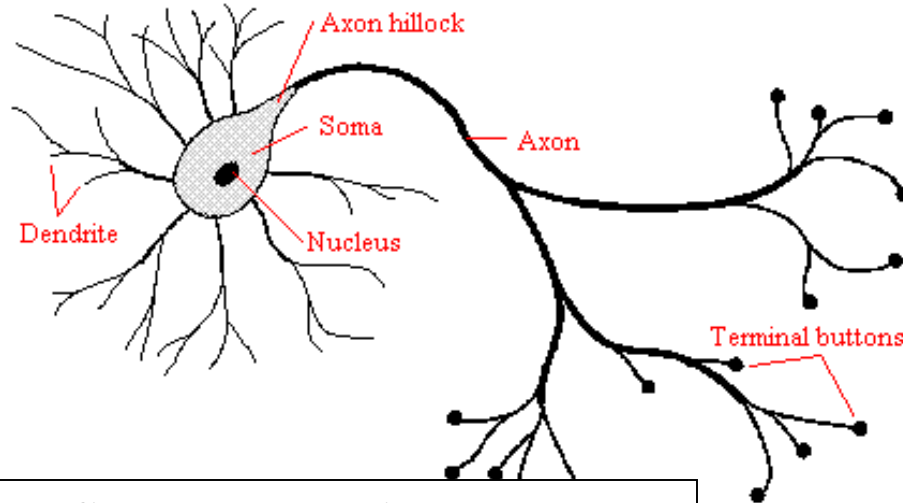


Discussion Circles

Activity Directions:

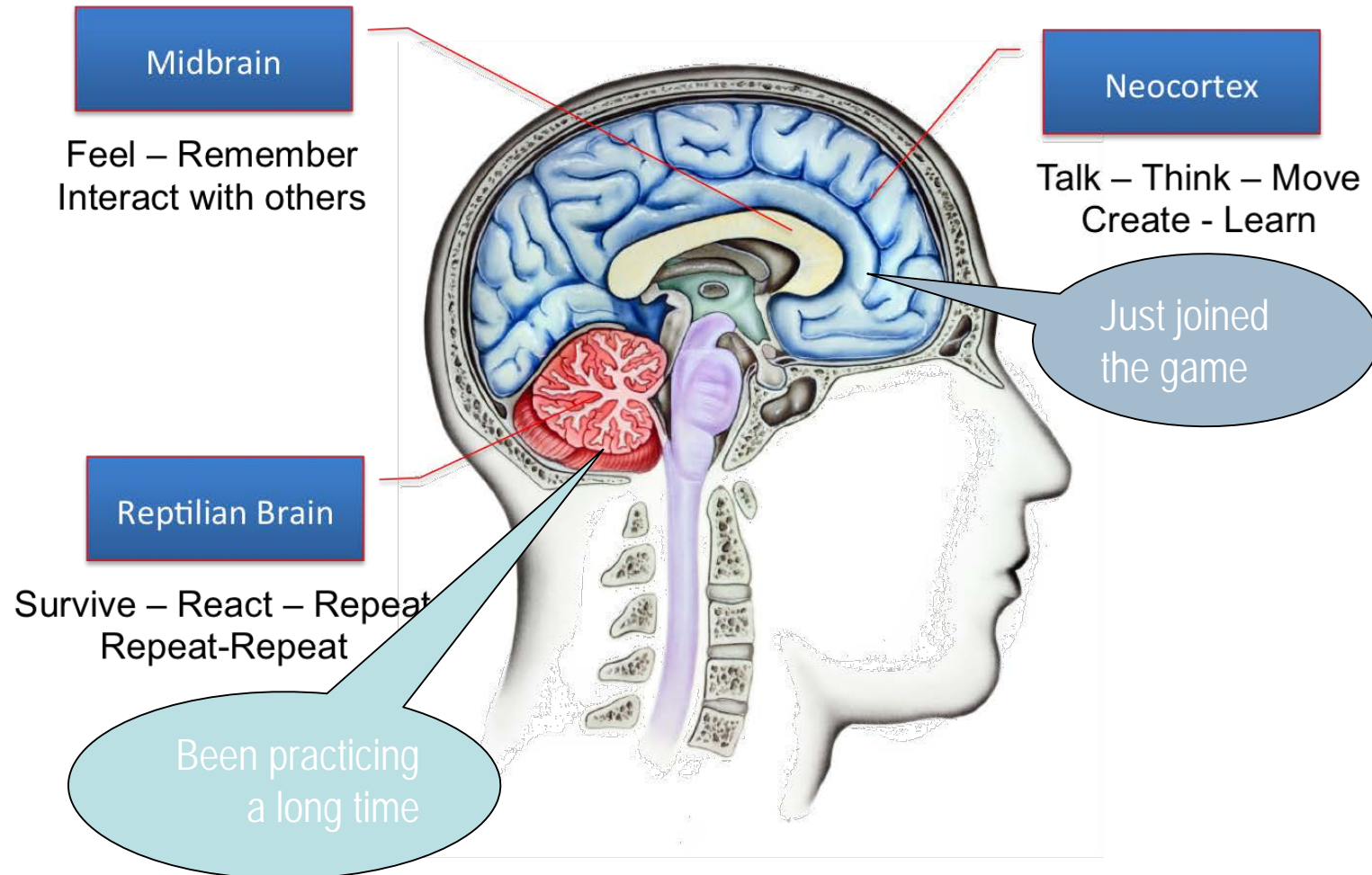
1. The person with the knot will be the speaker - Everyone else will be practicing *Active Listening*.
2. Reflect and share:
 - How can you adjust your teaching to meet your students needs with a high ACE Score?

Brain Research says: “Yes, experiential learning”



Neurons that fire together, wire together.

Regulation and the Evolution of the Human Brain

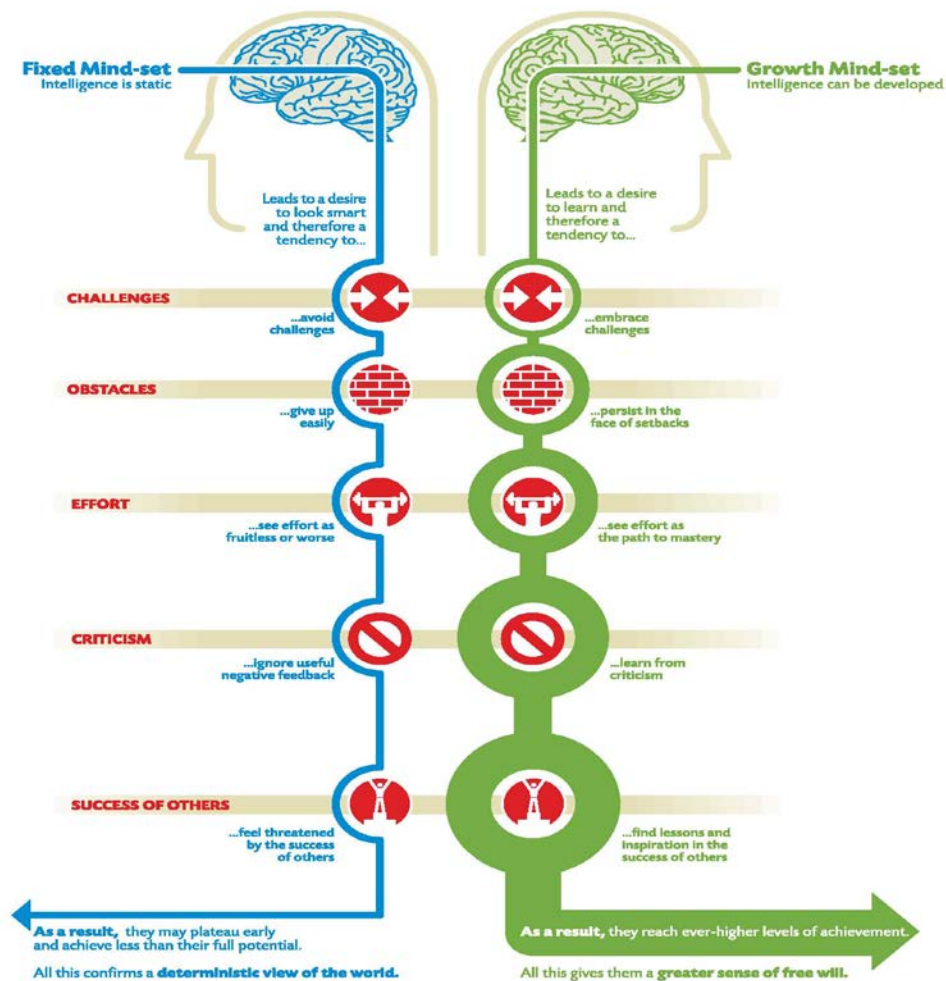


Human Calculator

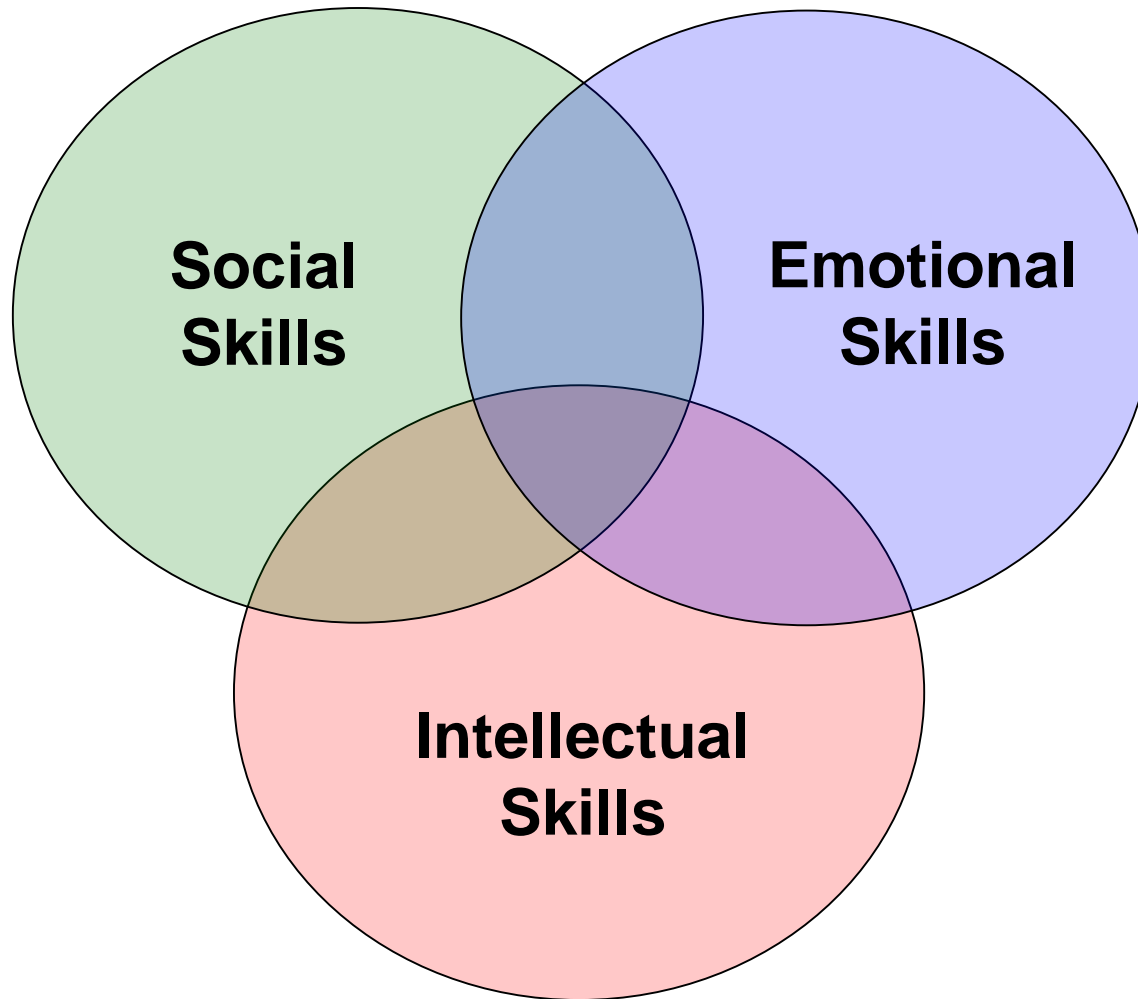
Activity Directions:

1. This is played just like rock-paper-scissors, but you are a calculator that can add.
2. Find a partner; on three, pick a number from 1 to 5 and do the calculation.
3. Follow directions.

Mind-sets



Life Skills for the Whole Child



Why Schools Need SELCs

Increased Commitment to School

Reduced Suspensions

Less Behavior Issues

More Time Devoted to Schoolwork

Improved Post-grad Employment Rates

Improved Graduation Rate

Increased Positive School Climate

Increased Mastery of Subject Material

Reduced Expulsions

(Hawkins et al., 1999;
Malecki & Elliot, 2002)

Improved Attendance

Beach Ball

Activity Directions:

Orange - *What did you learn?*

Green - *What excites you about the research?*

Blue - *What do you want to know more about?*

White - *How does this relate to your role as an educator/facilitator?*

Red - *What will you do with this information?*

Yellow - *Free choice*



Roll of the Dice

1. A connection I made...

2. Something I'll use...

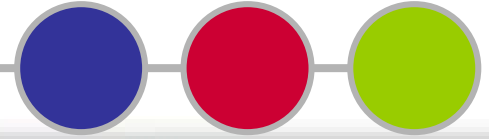
3. I understand...

4. I'd like to know...

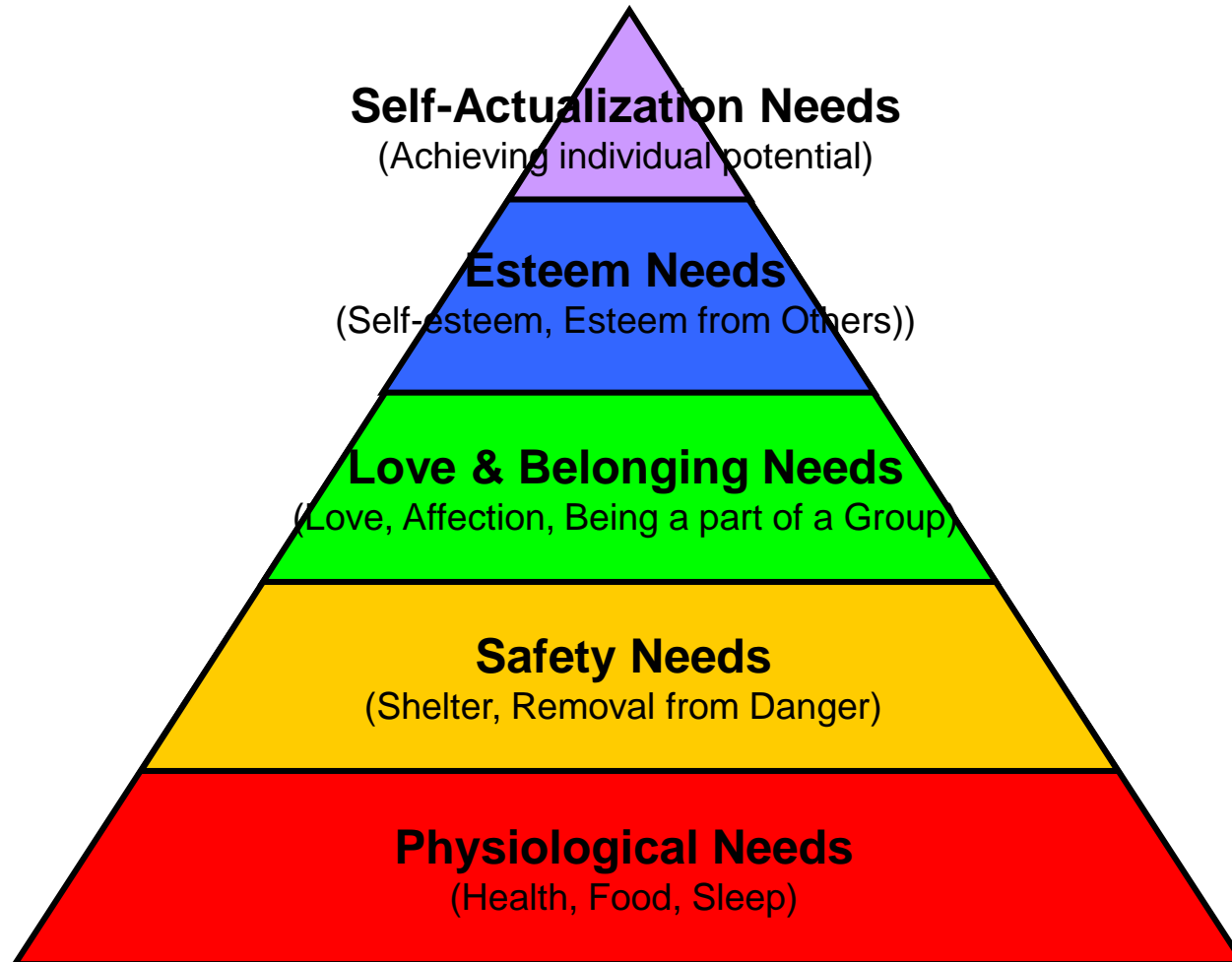
5. I'm excited about...

6. I have enjoyed...

How to Build Successful Learning Communities



Maslow's Hierarchy of Needs



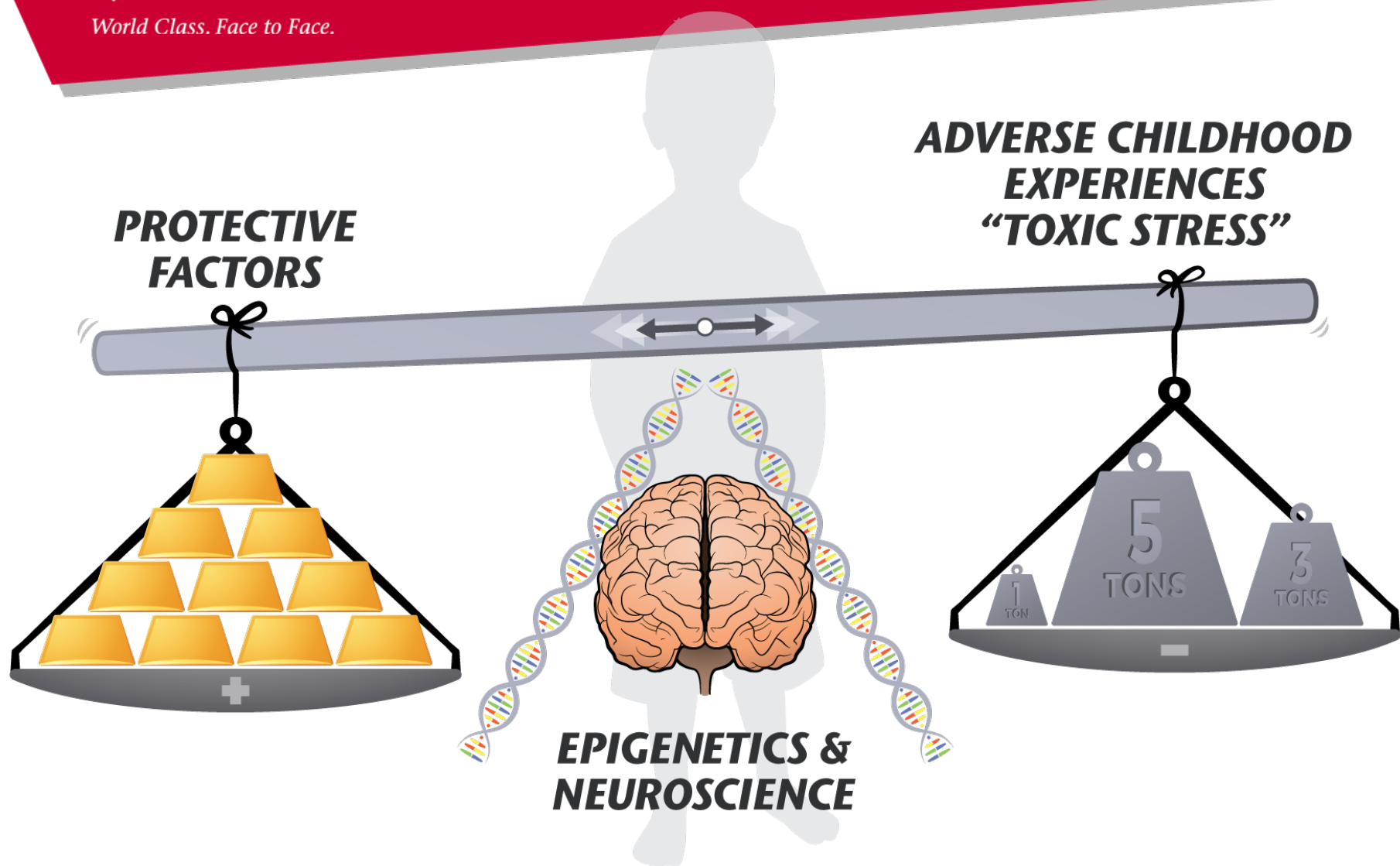


Resilience



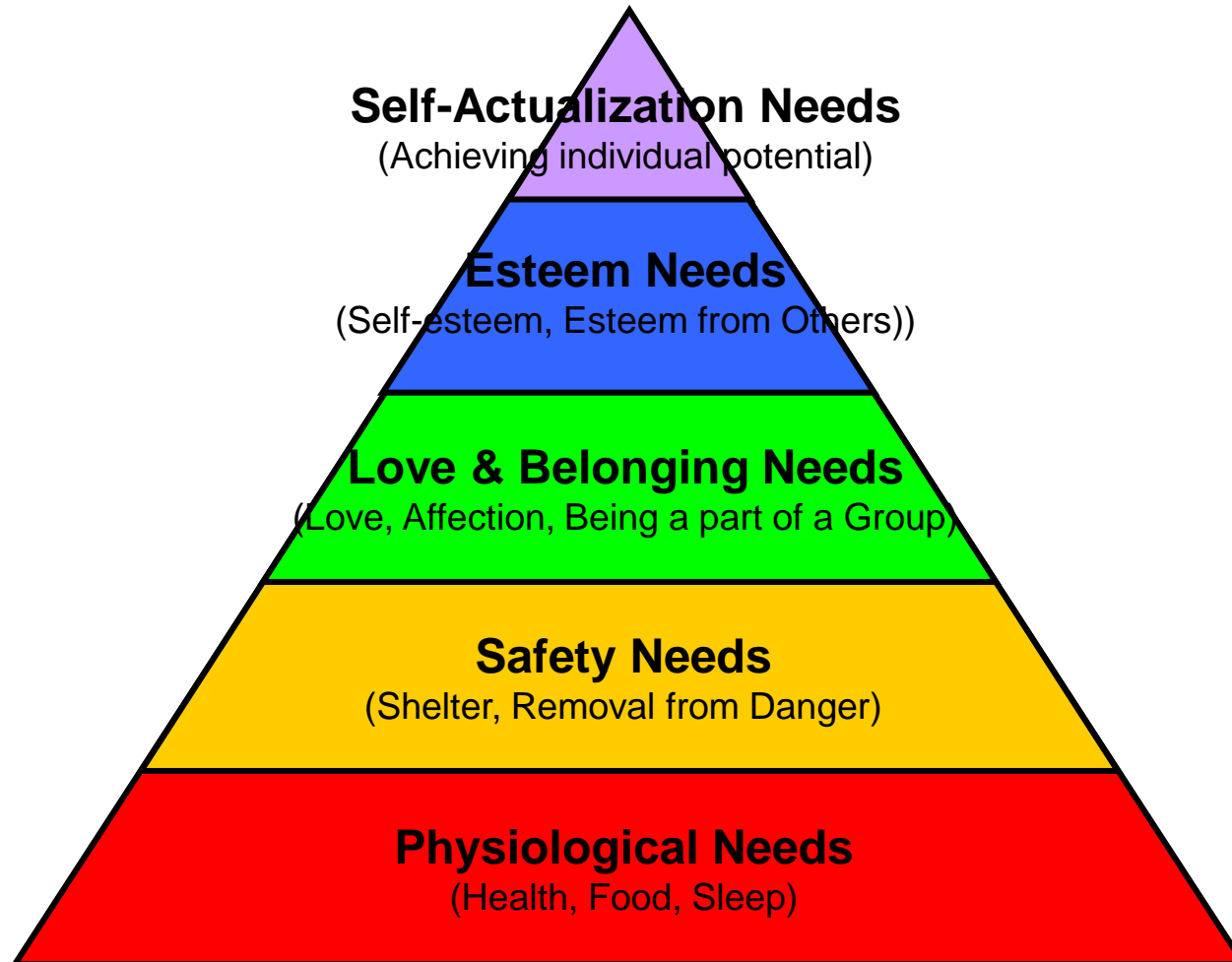
Resilience





Adapted from Kody Russell, Kitsap Strong

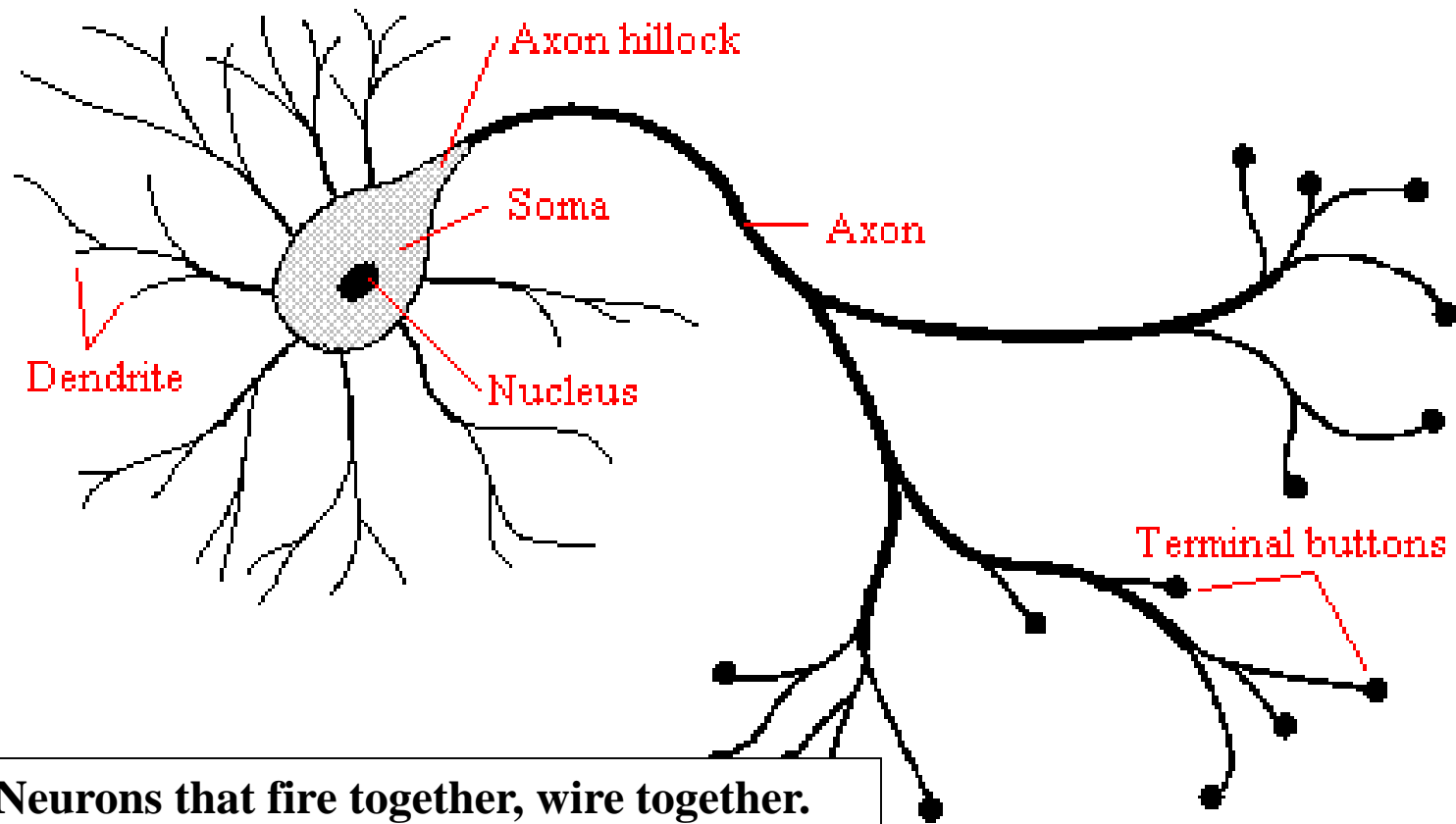
Maslow's Hierarchy of Needs





“The willingness to take risks, ask questions and make mistakes is a requirement for learning.”

Brain Research

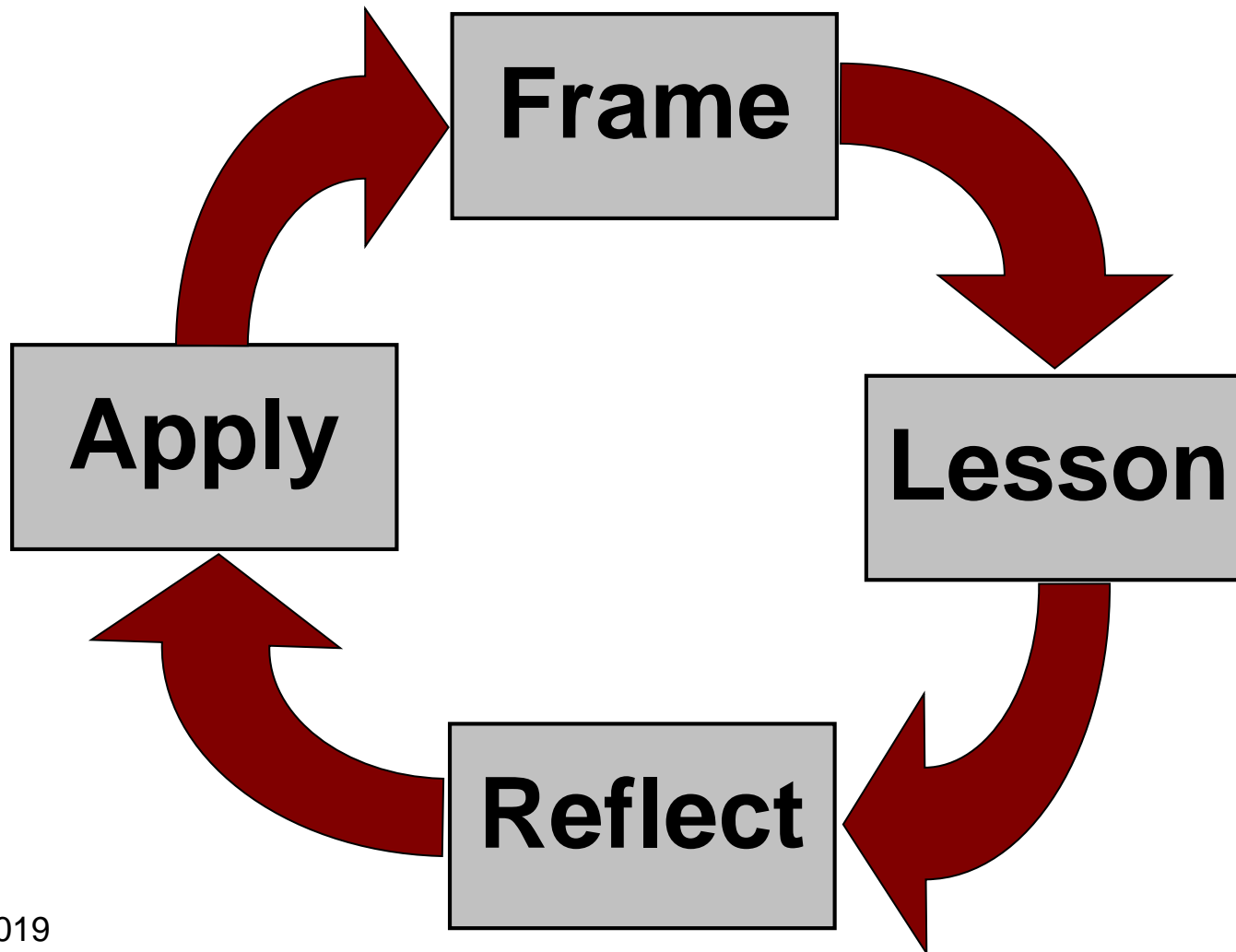


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Learning Community Model



The Method

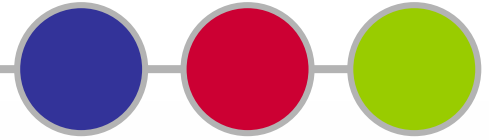


Reflection

“Experience in itself is neither productive nor unproductive, it is how you reflect on it that makes it significant or not significant.”

Gavin Bolton, 1979
(Towards a Theory of Drama in Education)

Tools for Building Successful Learning Communities



Affirmations

- ***I appreciate that you...***
- ***I enjoyed how you...***
- ***I liked it when...***

Feedback

- ***In the future, you might consider...***
- ***Next time, perhaps you could...***
- ***This would be even better if...***
- ***It would help me learn if you ...***

Tools we Used!!!

Here we go!!!

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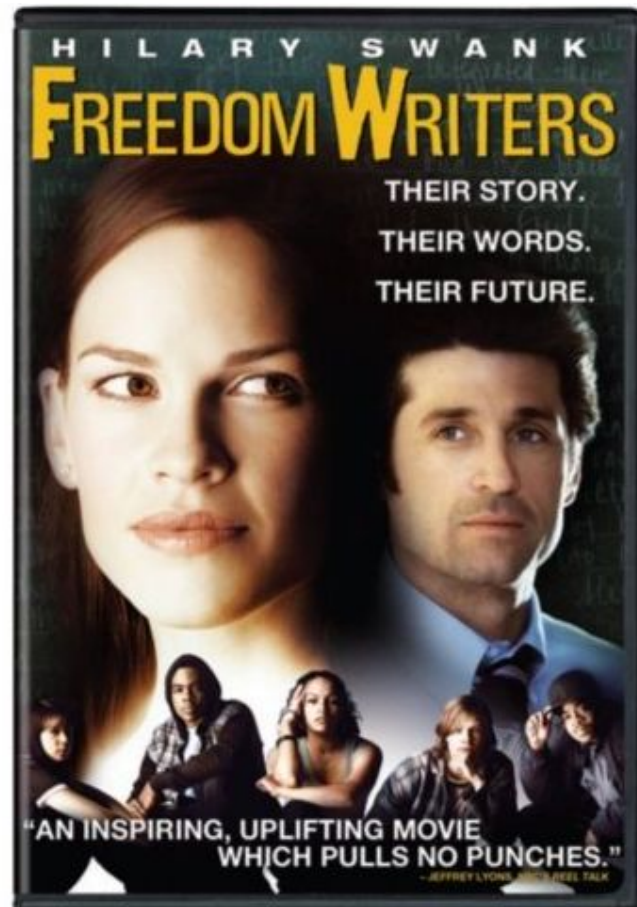
“The willingness to take risks, ask questions and make mistakes is a requirement for learning.”

Call a Friend

Activity Directions:



Freedom Writers





Text a Friend

Activity Directions:

On an index card, briefly write
a text message to me answering:

Affirmation - Something you appreciate

Reflection - Something you learned

Feedback - Something we can improve

Web Resources

[http://extension.wsu.edu/4h/youth/4-h-adventure-education/
building-successful-learning-communities](http://extension.wsu.edu/4h/youth/4-h-adventure-education/building-successful-learning-communities)



Contact Information



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