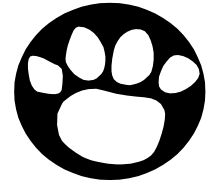




Weekly Self Feedback



1. Using “fist to five”, circle how well you demonstrated and practiced the R.O.A.R. traits this week.

1

2

3

4

5

2. Reflect upon your week and give yourself an affirmation. You might want to begin your affirmation with one of the following starters: I appreciate myself because..., or I am important because...

3. Now, give yourself feedback by writing a few thoughts on how you could “get better” next week.

And, maybe next week I could improve by _____

4. Please find someone from our classroom family to give you an affirmation and write it below (try to find someone new each week).

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Signature of person giving affirmation