

## Your donation supports Burundi 4-H Sister Schools.

WSU 4-H will partner with 4-H Sister Schools in Burundi so that youth may have the opportunity and resources to develop life and livelihood skills through 4-H programs that will help alleviate poverty in their communities.

### With your gift, you can...

- \$125 Partner to support one Burundi 4-H Sister School for two weeks
- \$250 Partner to support one Burundi 4-H Sister School for one month
- \$750 Partner to support one Burundi 4-H Sister School for three months
- \$1,500 Partner to support one Burundi 4-H Sister School for six months
- \$3,000 Partner to support one Burundi 4-H Sister School for one year
- Other I/we would like to donate \$\_\_\_\_\_ to support Burundi 4-H Sisters Schools.

ORGANIZATION, CLUB OR INDIVIDUAL NAME

MAILING ADDRESS

CITY STATE ZIP

PHONE NUMBER

EMAIL ADDRESS

### Please make checks payable to:

Washington State 4-H Foundation  
2606 West Pioneer | Puyallup, WA 98371

<https://donatenow.networkforgood.org/4hwsufoundation>

The Washington State 4-H Foundation is a 501(c)(3) organization. Contributions to Washington State 4-H Foundation are tax deductible to fullest extent allowed by law.

“There is a saying in Kirundi—*Mu nda harara inzara hakazinduka inzigo*. When you sleep hungry, you wake up with anger and hatred.”



**Charles Berahino**  
Program Manager,  
Trauma Healing  
and Reconciliation  
Services (THARS)

### For more information...

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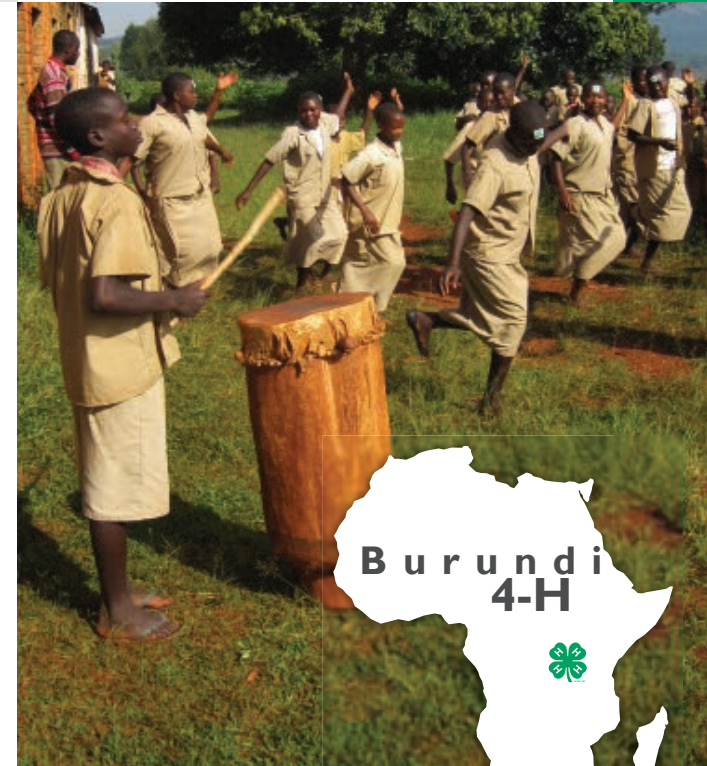
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4-H 

WASHINGTON STATE UNIVERSITY  
EXTENSION

## Burundi 4-H Sister Schools



A 4-H GLOBAL CITIZENSHIP PROJECT



Only about the size of the state of Maryland, **Burundi** is one of the three poorest countries in the world.

Burundians are working to heal from the trauma and poverty caused by decades of civil war, and rebuild their communities. More than 70% of families live on less than \$2 a day, and 46% of the population is under the age of 15. Children go to school

hungry and spend the day in classrooms with no electricity, running water, or nourishment. Now we have an opportunity to make lasting change through a partnership with 4-H.

One hundred years ago, WSU 4-H built neighborhoods of support for young people throughout the state. Today we are bringing that same solution-building work to Burundi, Africa.

Since 2012, WSU 4-H has partnered with THARS—a Burundian organization—to implement the 4-H program in Burundi. Our shared goals are to:

- Empower the youth of Burundi to make lasting positive change in their communities.
- Provide opportunities for the youth of Washington to gain global competency through service learning, a required workforce skill for the 21st century.



### Join Us!

We are looking for 4-H groups, businesses, organizations, families, and individuals to *join us* in increasing access to healthy foods for children in nine schools in Burundi by supporting the Burundi 4-H Sister School program.

### What are 4-H Sister Schools?

Schools in Burundi working in partnership with WSU 4-H to empower youth to address poverty and hunger. WSU 4-H and Burundian partners will:

- Provide professional development for Burundian teachers on positive youth development, plant science and community development.
- Develop school gardens as learning laboratories at nine schools in Burundi.
- Teach youth leadership and science skills through 4-H gardening projects.
- Build community support and interest in youth development and gardening.

### How can you *join us* in partnering with a Burundi 4-H Sister School?

- Learn more about Burundi and share your new knowledge with a friend,
- Directly support a Burundi 4-H Sister School by raising awareness and funds,
- Stay informed about Burundi 4-H and promote the program by liking us on Facebook,
- Enroll as a youth member or volunteer in the *4-H Global Citizenship Project* and grow your awareness of the world while developing valuable workforce skills.
- Invite us to share the story of 4-H in Burundi at an event in your county or area.

We have an opportunity for Burundi 4-H to make lasting change in the lives of youth and families.

**JOIN US...**to make a difference, explore other lands, learn about other cultures, and learn about ourselves.

**JOIN US...**to be a part of the solution to world hunger.

**JOIN US...**as a partner in Burundi 4-H Sister Schools.