What Kind of Soap is Best for Hand Washing?

Have you noticed there are fewer antibacterial soaps and body washes in stores? They’ve been around for years, but in 2019 the Food and Drug Administration determined antibacterial soap sold to consumers wasn’t any better than plain soap and water in preventing infections. In their final ruling, antibacterial soaps, gels, foams, and liquid washes would no longer be marketed.

The FDA reviewed scientific literature. Additionally, manufacturers of consumer antibacterial soaps and washes had not shown antibacterial ingredients were any more effective than plain soap and water. The FDA final rule does not affect hand sanitizers, hand wipes or antibacterial soaps used in health care settings.

Simple works! Soap, water, scrubbing, rinsing, and drying with a paper towel.

Stay Home, Stay Safe, Stay Healthy

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