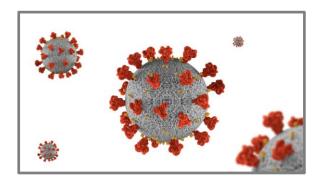
## **Prevent the Spread of COVID-19**



## Online Meal Kits and Food Safety: Delivery and Home Preparation

After meal kits are delivered to your home, take these important steps to ensure food safety for you and your family.

- First, check the box and packaging. The box will be marked "Keep Refrigerated" or "Keep Frozen".
- Open the box and use a food thermometer to check temperature of ingredients. Companies may use dry ice or gel packs along with insulated packing materials to keep food cold. Perishable food ingredients should be 40 degrees F or below.
- If the temperature is higher, notify the company. Do not taste or eat any of the food.
- Remember to refrigerate or freeze the meal kit until preparation.
- Always wash your hands prior to preparation.
- Finally, follow instructions including end point cooking temperatures.

Stay Home, Stay Safe, Stay Healthy

## **B. Susie Craig**

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