Native-CHART Webinar Series:

Provider-Patient Partnerships: Working Toward Better Blood Pressure Outcomes in Communities

With Dr. Charles Magruder

One in three Americans has high blood pressure, a “silent killer” that often has no obvious symptoms. Dr. Magruder will discuss the use of a team-based approach to achieving better blood pressure outcomes at the community level. He will review the latest blood pressure guidelines and share resources that can help patients and medical professionals collaboratively manage blood pressure. He will also focus on the MAP* framework of the American Heart Association and discuss ways to implement self-monitoring of blood pressure in community settings.

*Measuring blood pressure accurately, Acting quickly to determine treatment plans and Partnering with patients to promote self-management

Charles Magruder, MD

is currently the Chief Medical Officer for the California Office of the Indian Health Service. He aims to apply the public health lessons he learned in his travels to ensure access to high-quality care and prevention programs, especially for children. He believes that community and organizational partnerships are essential to reaching these goals. His presentation will examine such a partnership with the American Heart Association.

August 30th, 12-1pm PST

For more information and to register visit:

nchart.wsu.edu/topics/webinars

Native-CHART aims to improve control of blood pressure and other risk factors for cardiovascular disease in American Indians, Alaska Natives, Native Hawaiians, and Pacific Islanders with diagnosed hypertension

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