Calorimetric Study of Alkali Metal Ion (K⁺, Na⁺, Li⁺) Exchange in a Clay-Like MXene

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ABSTRACT: Intercalation of ions in layered materials has been explored to improve the rate capability in Li-ion batteries and supercapacitors. This work investigates the energetics of alkali ion exchange in a clay-like MXene, Ti₃C₂Tx, where Tx stands for anionic surface moieties, by immersion calorimetry in aqueous solutions. The measured immersion enthalpies of clay-like Ti₃C₂Tx, ΔHₐₗₗ, at 25 °C in 1 M KCl, 1 M NaCl, 1 M LiCl, and nanopure water are −9.19 (±0.56), −5.90 (±0.31), −1.31 (±0.20), and −1.29 (±0.13) kJ/mol of MXene, respectively. Inductively coupled plasma mass spectrometry is used to obtain the concentrations of alkali ions in the solid and aqueous phases. Using these concentrations, the enthalpies of exchange of alkali metal ions (Li⁺, Na⁺, and K⁺) are calculated; ΔHₑₓ in 1 M KCl, 1 M NaCl, 1 M LiCl, and nanopure water are −9.3 (±2.2), 21.0 (±0.9), −1.3 (±0.2), and 302.4 (±0.6) kJ/mol of MXene, respectively. Both immersion and exchange enthalpies are most exothermic for potassium. This suggests that K⁺ ions interact more strongly with anions present in the interlayers of this MXene than Na⁺ and Li⁺ ions. Water vapor adsorption calorimetry indicates very weak interaction of water with the MXene, while immersion calorimetry suggests a weakly hydrophilic nature of the MXene surface.

INTRODUCTION

Freestanding two-dimensional (2D) structures have garnered significant attention for applications in energy storage and electronics. The widely studied materials of this type have mostly been derived by exfoliation of layered materials such as graphite, hexagonal BN, and MoS₂. More complex structures composed of more than one element are currently explored targeting new properties, and MXenes have been a major addition to the family of 2D materials. MXenes are usually derived from layered ternary or quaternary carbides such as MAX phases, by selective extraction chemistry where the main group element (A-layer) is etched out by an acid treatment, typically using HF-containing solutions. The MAX phases can be described by a general molecular formula Mₙ₊₁AXₙ (n = 1–3) and are composed of alternately stacked hexagonal close-packed Mₙ+₁X layers with atomic A layers. Since the first report on a Ti₃C₂ MXene, a number of other MXene compounds have been reported. The etching leads to surface termination with functional groups such as OH, O, and F, resulting in weakly bound Mₙ+₁Xₙ layers. Subsequent delamination of these layers, after intercalation, by sonication or just shaking in water results in the formation of single- or few-layer MXene flakes. Though it is tempting to call the MXene produced from Ti₃AlC₂ (assuming complete removal of Al and no other elements present) Ti₃C₂, the real composition is much more complicated and variable, although this variation is not often characterized.

Extensive efforts have been dedicated to developing materials with higher capacities and longer lifetimes than the currently used graphite anodes in Li-ion batteries and carbon based electrodes for electrochemical capacitors. Layered materials are attractive for these applications due to the combination of their flat surfaces and the large interlayer surface areas. Among 2D materials, MXenes offer a rare combination of metallic conductivity in the sheets, ion exchange and hydration between the layers, and redox capability. Functionalized MXenes have...
be reported to be very good electrical conductors.\textsuperscript{15} There have been many reports claiming that they are indeed promising anode materials for Li-ion batteries.\textsuperscript{8,16−18} Delaminated MXene based Li-ion anodes exhibited much higher reversible capacities of 400−600 mAhg\textsuperscript{−1}.\textsuperscript{8,19,20} A volumetric capacity of 1375 mAhcm\textsuperscript{−3} (635 mAhg\textsuperscript{−1}) was obtained for PVP-Sn(IV)/Ti3C\textsubscript{2} electrodes.\textsuperscript{21} A high capacity of about 1250 mAhg\textsuperscript{−1} at 0.1 C was achieved by a porous Ti3C2T\textsubscript{x}/CNT composite electrode.\textsuperscript{22} So far, the best electrochemical performance has been shown by Ti3C2T\textsubscript{x}/NiCo\textsubscript{2}O\textsubscript{4} films having a reversible capacity of 1330 mAhg\textsuperscript{−1} at 0.1 C.\textsuperscript{23} However, predictions from DFT on Li-ion intercalation of functionalized Ti−C MXenes have provided smaller values of Li-ion storage capacity than the experimental observations.\textsuperscript{24−28}

Ghidiu et al.\textsuperscript{29} were able to successfully etch the Al from Ti3AlC\textsubscript{2} using a solution of LiF in 6 M HCl. Notably, unlike MXene synthesized using HF, the LiF-HCl etching resulted in MXene that exhibits clay-like properties. When dry, it is a free-flowing powder, but when wet, it behaves like a clay that can be rolled and deformed into thin sheets. X-ray diffraction (XRD) measurements confirmed a larger c-lattice parameter when compared to the HF etched MXene (28 vs 20 Å). In addition, the hydrated MXene had even larger c-lattice parameters up to 40 Å, suggesting intercalation of water and cations between the M\textsubscript{n+1}X\textsubscript{x} layers.\textsuperscript{30}

Recent reports have addressed the effect of intercalation mechanisms of various metal ions in MXenes. Osti et al.\textsuperscript{31} suggested, on the basis of complementary X-ray and neutron scattering techniques along with molecular dynamics simulations, that intercalation of K\textsuperscript{+} ions yields a MXene with more uniform and homogeneous structure. This is claimed to be due to the water molecules in the K\textsuperscript{+} intercalated MXene becoming much less mobile, thereby increasing stability.\textsuperscript{32} Kaijyama et al.\textsuperscript{33} have demonstrated reversible Na\textsuperscript{+} intercalation/deintercalation into the interlayer space of Ti3C2T\textsubscript{x} in a nonaqueous Na\textsuperscript{+} electrolyte. Mashtalir et al.\textsuperscript{34} have shown that hydrazine intercalation into a Ti3C2T\textsubscript{x} leads to a change in the surface functional groups and intercalated water molecules. Ahmed et al.\textsuperscript{35} reported that treatment of a Ti3C2T\textsubscript{x} with H2O\textsubscript{2} results in swelling or opening of layers, significantly improving performance in Li-ion batteries. In addition, the theoretical sodium storage capacity of bare and functionalized Ti−C MXenes significantly increases on expanding their interlayer distances.\textsuperscript{36} Ren et al.\textsuperscript{37} demonstrated nonpermeability to cations with hydration radii larger than the interlayer spacing and high selectivity toward single, double, and triple charged metal and dye cations in Ti3C2T\textsubscript{x} membranes. Thus, it is clear that the nature of intercalated species greatly alters MXene properties. However, the energetics which governs the extent of intercalation or ion exchange and the stability of MXenes on intercalation is still unknown. Obtaining quantitative thermochemical data on intercalation and exchange reactions in Ti3C2T\textsubscript{x} is the goal of the present study.

Immersion calorimetry and water adsorption calorimetry are very useful methods to probe the energetics associated with intercalation, adsorption, and confinement of H2O and other small molecules and ions in porous and layered materials.\textsuperscript{38−39} The heat of immersion/adsorption depends on the surface area and porosity of the material and the specific interactions of the molecules/ions with the surface, pore, and/or interlayer space. Both methods have been well established and utilized to study a wide range of porous and layered materials.\textsuperscript{40−43} We apply them here to shed light on the adsorptive/intercalation energetics of a chemically well-characterized Ti3C2T\textsubscript{x}.

In order to interpret heat effects per mole of sample or per mole of exchanging species, the complete elemental composition of MXene must be established. Elemental analysis was carried out on the sample used in immersion calorimetry, both before and after the immersion experiment, as well as on the aqueous solution after immersion. This allows writing chemically balanced reactions associated with the measured heat effects.

We have determined, using immersion calorimetry in an aqueous solution at room temperature, the enthalpies associated with uptake of different cations (Li\textsuperscript{+}, Na\textsuperscript{+}, K\textsuperscript{+}) by the clay-like Ti3C2T\textsubscript{x}. The enthalpies of ion exchange were also studied by accounting for the intercalation and release of ions identified through pH measurements and ICP-MS analysis of the solid and solution samples. A single well characterized sample of overall composition Ti3AlC2(OH)0.06F0.25O0.84Cl0.02Li0.38, as determined by chemical analysis, was used as the starting material. However, this sample contained some unreacted Ti3AlC2 in addition to AlF\textsubscript{3} remaining from the etching process of the MAX phase, as discussed in our prior paper on the heat of formation of Ti3C2T\textsubscript{x}.\textsuperscript{44} Therefore, immersion and exchange enthalpies were also calculated for the MXene composition Ti3C2(OH)0.06F0.25O0.84Cl0.02Li0.38, after correction for the assumed impurities. In addition, water vapor adsorption calorimetry experiments on two different MXene samples were also performed and are discussed.

### EXPERIMENTAL METHODS

#### Materials. Two different samples were synthesized at the Oak Ridge National Laboratory as described in our previous report.\textsuperscript{44} The clay-like Ti3C2T\textsubscript{x} was prepared using LiF-6 M HCl solution as the etching agent.\textsuperscript{17} The other method utilized dilute HF solution as an etchant.\textsuperscript{6} In contrast to MXenes produced using HF by difficult handling of concentrated HF and the laborious steps of intercalation, delamination, and filtration, the clay-like MXene produced using LiF-HCl is simple to make. Both samples were analyzed for their surface area and water adsorption characteristics. The clay-like sample, after complete chemical analysis, was used for immersion calorimetry.

#### Surface Area Determination. The Brunauer−Emmett−Teller (BET) surface area was measured using a Micromeritics ASAP 2010 instrument (Micromeritics Corp, Norcross, GA). The samples were degassed at 200 °C for 18 h before the analysis. Five-point adsorption isotherms of nitrogen at 77 K were obtained, and the BET surface area was calculated using the adsorption branch of the isotherm.

#### Water Adsorption Calorimetry. A Micromeritics2020 ASAP analyzer (Micromeritics Corp, Norcross, GA) in conjunction with a Setaram DSC111 Calvet microcalorimeter (Setaram Inc., Cailure, France) was used for the water adsorption enthalpy measurements. The technique enables simultaneous determination of the amount of water adsorbed and the enthalpy associated with the adsorption process.\textsuperscript{45} The sample (~20 mg pellet) was introduced into one side of a thoroughly dried forked silica glass tube. The tube was inserted into the calorimeter such that each side is in one of the twinned calorimetric chambers. Before dosing water, the samples were degassed under vacuum at temperatures in the range 110−200 °C for 6−12 h. Each dose provided 2.0 μmol of water, and the equilibrium time period was 90 min.
**Immersion Calorimetry.** The enthalpies of immersion of the MXenes in various aqueous solutions (water, 1 M KCl, 1 M NaCl, 1 M LiCl) were determined at 25.0 ± 0.5 °C using a Setaram C-80 twin microcalorimeter (Setaram Inc., Caïlure, France). Hand-pressed pellets of the clay-like MXene (10–20 mg) were dropped into the aqueous solutions. The heat of interaction was recorded as a function of time. A return of the calorimetric signal to its initial value (baseline) indicated the completion of reaction. Typically measurement times varied from 30 to 70 min depending on the sample and solution. Multiple drops were made on each side of the calorimeter to establish the reproducibility of the measurement. At the end of the experiment, the sample (both solid and solution) was stored for further evaluation of changes in pH and ion concentrations.

**pH Measurements and ICP-MS Analysis.** pH measurements were carried out on the solutions before and after the immersion experiments. The pH electrode was calibrated on the day of measurements with neutral and acidic (pH 4.0) buffer solutions. The average of three consistent readings was used for quantifying moles of protons released per mole of the sample, and there was almost no variation between the three values.

ICP-MS measurements were carried out by the UC Davis Interdisciplinary Center for Plasma Mass Spectrometry using an Agilent 7500CE ICP-MS (Agilent Technologies, Palo Alto, CA). The samples were introduced using a MicroMist Nebulizer (Glass Expansion, Pocasset, MA) into a temperature-controlled spray chamber with helium as the collision cell gas. Instrument standards were diluted from Certiprep ME 2A (SPEX CertiPrep, Metuchen, NJ 08840) to 0.5, 1, 10, 100, 200, 500, 1000, 2000, and 5000 mg/L, respectively, in 3% trace element HNO₃ (Fisher Scientific) in 18.2 MΩ-cm water. A NIST 1643E standard (National Institute of Standards and Technology, Gaithersburg, MD) was analyzed initially, and quality control standards consisting of ME 2A at a concentration of 100 mg/L were analyzed every 12th sample as quality controls.

For ICP-MS sample preparation, solution samples were diluted so that the analyte of interest (Li, Na, K) is in the 100–1000 ppb range. Three dilutions were made for each sample, and the average value obtained was used in the calculations. In the case of solid samples, a known quantity of dried sample was completely digested in 20% HNO₃ solution. The MXene sample completely oxidized, yielding a white powder (oxidation to TiO₂) after overnight stirring at RT. The system was then centrifuged to isolate the solid, and the diluted solutions of the supernatant were used to measure the intercalated Li, Na, and K content.

Additional elemental analysis of the as-etched sample before the measurement was carried out by ICP-OES at Element Materials Technology, New Berlin, WI, USA. The carbon and sulfur contents were determined using a combustion IR technique. The analysis for fluorine and chlorine content was carried out by SF Analytical Europhins Lab l, New Berlin, WI, USA, by method MIL-STD-2041.

Together, these analytical methods provided complete chemical analysis of both the solids and the solutions.

**RESULTS AND DISCUSSION**

XRD patterns for HF and HCl-LiF derived MXenes are shown in Figure S1 in the Supporting Information. In agreement with previous reports, the c-lattice parameters for HF and HCl-LiF derived MXenes were found to be ~19.9 and 29.8 Å, respectively. BET measurements indicated a very low surface area for both samples: 6.45 ± 0.11 and 5.89 ± 0.09 m²/g for the HF and HCl-LiF derived MXenes, respectively. Thus, the choice of etchant does not substantially affect their surface area. The interlayer spacing of MXenes is not accessible to nitrogen. On the basis of the first-principles calculations, the theoretical specific surface area (SSA) for a perfect Ti₃C₂ with O termination is 671 m²/g. The experimental SSA of exfoliated Ti₃CT₄ etched using HF is 23 m²/g. The SSA of exfoliated Ti₃CT₄ with mesopores etched using LiF-HCl is 19.1 m²/g. That of another exfoliated sample is 20.2 m²/g. The SSA for Ti₁CₓT₄ etched using HF is reported as 13 m²/g, which is higher than our measurements. This may be because of the presence of TiO₂ nanoparticles on the Ti₃C₂ surface. The scatter in various reported data may reflect different preparation methods, particle sizes, and the possible presence of TiO₂ nanoparticles in some of the samples. The relatively low SSA of our samples suggests some agglomeration of particles. One would predict greater water adsorption on samples with larger SSA.

The water vapor adsorption isotherms, in the range of P/P₀ from 0.05 to 0.7 (Figure 1a), are of type III, indicating minimal water intake at low pressures. The first dose of water resulted in a differential enthalpy of −28.7 kJ/mol of H₂O for MXene prepared by HCl-LiF treatment (Figure 1b). Assuming the degas process at 110 °C eliminated all surface adsorbents and intercalated water molecules, the observed enthalpy would indicate a very weak interaction of water molecules with the MXene surface. The subsequent dosing of water indicates even less favorable interactions. The small enthalpies measured in these experiments clearly indicate the absence of chemisorption and could possibly be attributed to hydrophobic surface characteristics, perhaps due to the presence of fluoride. However, such hydrophobicity is not supported by contact angle measurements for MXenes produced by either HF or HCl-LiF and all previous work on Ti₃C₂T₄, which easily disperses in water and forms very stable solutions. It is worth noting that in this study the measurements were carried out using water vapor (P/P₀ from 0.05 to 0.7) while all the

![Figure 1](image_url)

**Figure 1.** (a) Water vapor adsorption isotherms and (b) differential heat of adsorption as a function of the amount of water adsorbed. The degas temperatures are given in parentheses. The red and black traces correspond to MXene obtained by HCl-LiF treatment, and the blue trace corresponds to that obtained by HF treatment.
other studies used water in the liquid form for the contact angle measurements.

The weak interactions could also suggest that water vapor has not penetrated the interlayer space of the samples and all one observes is weak adsorption on external surfaces. This could be an intrinsic property of the samples, or it could be caused by incomplete removal of water during preparation and degassing. If it is because of an incomplete removal of water, it will be in agreement with what was reported by Ghidini et al. for an air-dried Li intercalated Ti$_3$C$_2$T$_x$. They found that there is no increase in the c-lattice parameter while increasing the relative humidity from 0 to 90%. Only at a relative humidity of more than 90%, a jump in the c-lattice parameter was observed.

To try to completely remove any intercalated water, the sample was subjected to a more extreme degas condition (12 h at 200 °C under vacuum). Once again, adsorption measurements were associated with low enthalpies (Figure 1b). The sample prepared by HF treatment also exhibited essentially identical adsorption characteristics (Figure 1a). Since these isotherms suggest unfavorable water adsorption, the slight changes in the isotherm for the HCl-LiF etched sample degassed at 200 °C may not provide unique information on differences in sample surfaces. Instead, they may simply indicate slight and possibly random variations in water clustering events. It is also possible that the surface is slightly different and the sample might undergo some changes upon heating at 200 °C. In any case, all samples show very weak water interactions. The results from our adsorption experiments appear to be inconsistent with the XRD measurements, which have shown that the clay-like Ti$_3$C$_2$T$_x$ has strong water adsorption, even with staging of water layers at a relative humidity of more than 90%. However, if the strongly bound water is not removed during the degas process, the observations might be reconciled. Alternately, the lattice parameter variations may be caused by pillars of a small number of water molecules, rather than continuous layers of water surrounding the intercalated ions, or by the presence of salt/oils after etching.

Although there appear to be no direct studies of H$_2$O vapor adsorption in MXenes, there are various theoretical and experimental studies concerning adsorption of other gases. Xiao et al. reported adsorption of NH$_3$ on MXenes using first-principles simulations. The results implied that NH$_3$ could be strongly adsorbed on Ti$_2$CO$_2$ MXene (M = Sc, Ti, Zr, and Hf) with apparent charge transfer which renders them potential candidates for NH$_3$ sensing or capture. Yu et al. investigated adsorption of NH$_3$, H$_2$, CH$_4$, CO, CO$_2$, N$_2$, NO$_2$, and O$_2$ on monolayer Ti$_2$CO$_2$ using first-principles simulations. Among all of these molecules, only NH$_3$ could be chemisorbed on the Ti$_2$CO$_2$ monolayer. Gao et al. used density functional calculations to show that O terminations on the top and bottom layers of 2D MXenes act as catalytic active sites for hydrogen evolution reactions. Liu et al. experimentally detected substantial CH$_4$ adsorption capacity for exfoliated Ti$_3$C with mesopores. Liu et al. demonstrated superior catalytic effects of Ti$_3$C$_2$ toward the hydrogen storage reaction of MgH$_2$ compared to samples doped with other Ti-based materials. Density functional theory investigations suggested that M$_2$C$_2$ transition metal carbides of the d$^5$, d$^3$, and d$^4$ elements have promising N$_2$ capture behavior which displays spontaneous chemisorption, promoting its catalytic conversion into NH$_3$. These studies appear to show relatively strong interactions of nitrogen-bearing species, especially ammonia, with titanium carbide based MXenes. The above adsorption studies suggest that MXenes are promising candidates for adsorption of various gas molecules and thus for energy storage and catalytic applications.

To avoid possible problems with difficult access of low-pressure water vapor to the interlayer space, we decided to measure MXene–water interactions by water immersion calorimetry using a large excess of aqueous solution, which better replicates synthesis conditions and applications where aqueous solutions are used such as supercapacitors. Furthermore, we could study the effect of different ionic species in solution, which are not accessible in vapor adsorption experiments. To interpret this series of immersion experiments, the analyzed elemental composition of the clay-like sample (Table S1 in the Supporting Information) was utilized.

On the basis of the elemental and ICP-MS analyses, the overall composition for the HCl-LiF MXene sample is Ti$_3$Al$_{0.21}$C$_2$O$_{0.86}$OH$_{0.08}$F$_{0.77}$Cl$_{0.02}$Li$_{0.38}$. Apportioning this composition to the phase impurities and more stoichiometric MXene (see our prior paper), we get 3.08 wt % Ti$_3$AlC$_2$, 7.26 wt % AlF$_3$, and 89.66 wt % Ti$_3$C$_2$(OH)$_{0.06}$F$_{0.25}$O$_{0.84}$Cl$_{0.02}$Li$_{0.38}$. Assuming the phase impurities are inert and do not participate in the immersion reactions, 0.897 g of this MXene (molecular weight 190.178) is available to participate in the immersion and ion exchange per gram of sample. This assumption forms the basis of thermochemical calculations for the corrected composition.

Figure 2 is a schematic illustration of ion intercalation/deintercalation in the clay-like MXene. The calorimetric data support rapid ion exchange, as the immersion calorimetric peaks looked normal and did not show any long “tails” suggestive of slow reaction. The enthalpies of immersion in deionized water and 1 M alkali halide solutions at 25 °C for measured and impurity-corrected compositions are listed in Table 1. They show similar values and trends. The heat effects are consistently exothermic and small in magnitude. The average enthalpy of immersion in nanopure water for measured and impurity-corrected compositions is −1.29 ± 0.13 and −1.33 ± 0.13 kJ/mol, respectively. The reference state for water is liquid (not vapor). Since there is no straightforward way to obtain the amount of water entering the MXene, the enthalpy per mole of H$_2$O could not be calculated. The immersion calorimetry data imply small interaction of the MXene with water, indicating the surface is weakly hydrophilic and is
consistent with the contact angle measurements because the water is in liquid form in both cases.

The measurements in 1 M LiCl solution yield enthalpies similar to the values obtained with nanopure water. The average enthalpy for measured and corrected MXene composition is $-1.31 \pm 0.20$ and $-1.34 \pm 0.21$ kJ/mol, respectively. This is the same within error as the value in pure water. Since the MXene contains mainly lithium as the interlayer cation, there should be little heat associated with cation exchange of lithium between the solid and the solution. Apparently, there is also little heat associated with any possible ion exchange (H/F). Thus, the data in pure water and LiCl appear consistent with weak H$_2$O–MXene interactions.

The observed heat effects for the same sample in 1 M NaCl are $-5.90 \pm 0.31$ and $-6.1 \pm 0.32$ kJ/mol for measured and corrected compositions, respectively. In contrast, the heat effects in 1 M KCl are $-9.19 \pm 0.56$ and $-9.50 \pm 0.60$ kJ/mol for measured and corrected MXene compositions, respectively. The heat effects in NaCl and KCl solutions are more exothermic than the values in water and LiCl. The correction for impurities has a negligible effect on the energetics for all of the experiments.

Figure 3 suggests a roughly linear dependence of the immersion enthalpy on the ionic radius of the desolvated alkali metal ion, with potassium being the most exothermic. However, lithium, having the smallest ionic size, has the highest hydration enthalpy. Therefore, the immersion enthalpy appears to decrease in magnitude with the hydration enthalpy, perhaps suggesting that possible increasing hydration upon immersion is not the main energetic driver. Indeed, the observed enthalpies may be a sum of heat effects associated with various ion exchanges that take place during a measurement. These include intercalation of the alkali metal ion (K$^+$ or Na$^+$) and the release of Li$^+$, F$^-$, OH$^-$, and H$^+$ into the aqueous system. The observed heat effects can be fully understood only after a complete analysis of all of these possible exchanges.

As a first step to characterize the complex exchange reactions, pH measurements of all solutions were carried out before and after each series of immersion experiments (Tables S2 and S3 in the Supporting Information). All of the solutions were more acidic after interaction with the sample. In each case, two values are presented, corresponding to experiments in each reaction chamber of the twinned Calvet calorimeter; the values are consistent. Since no effort was made to exclude atmospheric CO$_2$, some acidity related to its aqueous solubility is expected, but the important observation is the difference in pH before and after the immersion experiment. The measured changes are used to quantify the amount of H$^+$ released per mole of sample (see Tables S2 and S3 in the Supporting Information). The extent of proton release was smallest in nanopure water. In the alkali solutions, proton release is higher by 1 order of magnitude and greatest in 1 M NaCl, but it is still small compared to the extent of ion exchange.

After completion of immersion calorimetry, all of the solutions and solid samples were collected and compositions were determined by ICP-MS analysis to quantify the extent of ion exchange (see Tables S4 and S5 in the Supporting Information). In all of the calculations, the average of the two values in each reaction chamber of the twinned calorimeter is taken. One control experiment on the solid sample was also carried out to check the lithium content (0.3978 mol of Li/mol of MXene). On the basis of this analysis, the expected sum of the Li$^+$ content from the solution and the solid should be 0.3978 (the initial Li content in the solid). However, there is a slight difference in all of the systems between the expected and observed values, but this is probably within experimental error of the initial composition and the ICP-MS analysis. The results clearly indicate that the clay-like MXene, initially containing Li$^+$ as its major cation, on contact with water and 1 M NaCl and 1 M KCl solutions releases Li$^+$ ions from MXene layers into the solutions. In addition, K$^+$ and Na$^+$ ions enter the MXene on contact with their corresponding alkali solutions. The measured Li content at the beginning (before any exchange) is probably the maximum amount of ions, which can intercalate spontaneously in the clay-like MXene. In other words, the total amount of Li$^+$ and K$^+$ or Li$^+$ and Na$^+$ in the MXene after exchange should be equal to the number of Li$^+$ ions in the initial sample, namely, 0.38 for charge balance. Any extra K$^+$, Na$^+$, or Li$^+$ in the solid sample after the exchange reactions may

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**Table 1. Immersion Enthalpies (per Gram or Mole of MXene) of Clay-MXene with Deionized Water and 1 M Alkali Chloride Solutions at 25 °C**

<table>
<thead>
<tr>
<th>Solution</th>
<th>Measured Composition$^a$</th>
<th>Corrected Composition$^d$</th>
<th>Measured Composition</th>
<th>Corrected Composition</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 M KCl</td>
<td>$-44.77 \pm 2.85$ (8)</td>
<td>$-49.94 \pm 3.18$</td>
<td>$-9.19 \pm 0.56$</td>
<td>$-9.50 \pm 0.60$</td>
</tr>
<tr>
<td>1 M NaCl</td>
<td>$-28.76 \pm 1.49$ (8)</td>
<td>$-32.08 \pm 1.66$</td>
<td>$-5.90 \pm 0.31$</td>
<td>$-6.10 \pm 0.32$</td>
</tr>
<tr>
<td>1 M LiCl</td>
<td>$-6.38 \pm 0.96$ (11)</td>
<td>$-7.07 \pm 1.11$</td>
<td>$-1.31 \pm 0.20$</td>
<td>$-1.34 \pm 0.21$</td>
</tr>
<tr>
<td>Nanopure H$_2$O</td>
<td>$-6.28 \pm 0.61$ (11)</td>
<td>$-7.0 \pm 0.68$</td>
<td>$-1.29 \pm 0.13$</td>
<td>$-1.33 \pm 0.13$</td>
</tr>
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</table>

$^a$Δ$H_{imm}$ = Enthalpy of immersion. $^b$The formula weight established from the elemental composition is 205.244 g/mol for measured composition and 190.178 g/mol for corrected composition. $^c$Measured composition: Ti$_3$Al$_{0.21}$C$_2$O$_{0.81}$O$_{0.06}$F$_{0.77}$Cl$_{0.02}$Li$_{0.38}$. $^d$Corrected composition for impurity phases: Ti$_3$C$_2$(OH)$_{0.06}$F$_{0.25}$O$_{0.84}$Cl$_{0.02}$Li$_{0.38}$. $^e$The number of measurements is given in parentheses.

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**Figure 3.** Immersion enthalpy of measured and corrected MXene compositions in various 1 M alkali chloride solutions. Ionic radius from ref 55.
be in the form of salts precipitated on the MXene surface. In support of this hypothesis, precipitated KCl is seen by X-ray diffraction for a sample immersed in KCl, separated, and dried. The measured enthalpy shows there is almost zero driving force for any intercalation in 1 M LiCl.

On the basis of the ICP-MS measurements, the possible ion exchange reactions taking place between the clay-like MXene (measured composition: Ti$_3$Al$_{0.21}$C$_2$O$_{0.81}$(OH)$_{0.06}$F$_{0.77}$Cl$_{0.02}$Li$_{0.38}$) and the corresponding medium (nanopure water or alkali chloride solutions) are shown in eqs 1–4, which use the analyzed compositions.

In 1 M KCl:

$$\text{Ti}_3\text{Al}_{0.21}\text{C}_2\text{O}_{0.81}(\text{OH})_{0.06}\text{F}_{0.77}\text{Cl}_{0.02}\text{Li}_{0.38} + 0.344 \text{Na}^+ \rightarrow \text{Ti}_3\text{Al}_{0.21}\text{C}_2\text{O}_{0.81}(\text{OH})_{0.06}\text{F}_{0.77}\text{Cl}_{0.02}\text{Li}_{0.12}\text{K}_{0.258} + 0.258 \text{K}^+$$

(1)

In 1 M NaCl:

$$\text{Ti}_3\text{Al}_{0.21}\text{C}_2\text{O}_{0.81}(\text{OH})_{0.06}\text{F}_{0.77}\text{Cl}_{0.02}\text{Li}_{0.38} + 0.344 \text{Na}^+ \rightarrow \text{Ti}_3\text{Al}_{0.21}\text{C}_2\text{O}_{0.81}(\text{OH})_{0.06}\text{F}_{0.77}\text{Cl}_{0.02}\text{Li}_{0.036}\text{Na}_{0.344} + 0.344 \text{Li}^+$$

(2)

In 1 M LiCl:

$$\text{Ti}_3\text{Al}_{0.21}\text{C}_2\text{O}_{0.81}(\text{OH})_{0.06}\text{F}_{0.77}\text{Cl}_{0.02}\text{Li}_{0.38} + 0.344 \text{Li}^+ \rightarrow \text{Ti}_3\text{Al}_{0.21}\text{C}_2\text{O}_{0.81}(\text{OH})_{0.06}\text{F}_{0.77}\text{Cl}_{0.02}\text{Li}_{0.238} + 0.142 \text{Li}^+ + 0.142 \text{F}^-$$

(3)

Similarly, the possible ion exchange reactions taking place between the composition-corrected MXene Ti$_3$C$_2$(OH)$_{0.06}$F$_{0.25}$O$_{0.84}$Cl$_{0.02}$Li$_{0.38}$ and the corresponding medium in nanopure H$_2$O are described in eqs 5–8.

In 1 M KCl:

$$\text{Ti}_3\text{C}_2\text{O}_{0.84}(\text{OH})_{0.06}\text{F}_{0.25}\text{Cl}_{0.02}\text{Li}_{0.38} + 0.2545 \text{K}^+ \rightarrow \text{Ti}_3\text{C}_2\text{O}(\text{OH})_{0.06}\text{F}_{0.25}\text{O}_{0.84}\text{Cl}_{0.02}\text{Li}_{0.1255}\text{K}_{0.2545} + 0.2545 \text{Li}^+$$

(5)

In 1 M NaCl:

$$\text{Ti}_3\text{C}_2\text{O}(\text{OH})_{0.06}\text{F}_{0.25}\text{O}_{0.84}\text{Cl}_{0.02}\text{Li}_{0.38} + 0.343 \text{Na}^+ \rightarrow \text{Ti}_3\text{C}_2\text{O}(\text{OH})_{0.06}\text{F}_{0.25}\text{O}_{0.84}\text{Cl}_{0.02}\text{Li}_{0.037}\text{Na}_{0.343} + 0.343 \text{Li}^+$$

(6)

In 1 M LiCl:

$$\text{Ti}_3\text{C}_2\text{O}(\text{OH})_{0.06}\text{F}_{0.25}\text{O}_{0.84}\text{Cl}_{0.02}\text{Li}_{0.38} \rightarrow \text{Ti}_3\text{C}_2\text{O}(\text{OH})_{0.06}\text{F}_{0.25}\text{O}_{0.84}\text{Cl}_{0.02}\text{Li}_{0.38}$$

(7)

In nanopure H$_2$O:

$$\text{Ti}_3\text{C}_2\text{O}(\text{OH})_{0.06}\text{F}_{0.25}\text{O}_{0.84}\text{Cl}_{0.02}\text{Li}_{0.38} \rightarrow \text{Ti}_3\text{C}_2\text{O}(\text{OH})_{0.06}\text{F}_{0.116}\text{O}_{0.84}\text{Cl}_{0.02}\text{Li}_{0.246} + 0.134\text{Li}^+ + 0.134\text{F}^-$$

(8)

It is generally assumed that the ion exchange occurs between the solution and ions located between the MXene layers. If this assumption of simple ion exchange is correct, the number of intercalating ions in the MXene must be equal to that of the ions released to the solution. In 1 M NaCl, close to complete ion exchange was achieved and there is very little Li$^+$ remaining in the exchanged MXene, while, in 1 M KCl, many Li$^+$ ions coexist with K$^+$ ions. It is perhaps surprising that, although the exchange in KCl is exothermic and that in NaCl is endothermic, the extent of exchange in NaCl is much greater than in KCl. It clearly indicates that both kinetic and thermodynamic factors are playing a role. It is possible that the K$^+$ ions in the interlayers being more strongly bound are less mobile than the more weakly bound Na$^+$ ions. Thus, their overall diffusion and exchange rates might be slower.

In addition, in 1 M LiCl, there is assumed to be no net intercalation because of zero driving force for lithium replacing lithium. However, in nanopure water, Li$^+$ ions deintercalate and F$^-$ ions most likely participate to charge balance the reaction. Protons are also exchanged with Li$^+$ and other ions and are responsible for a decrease in the pH of the solution (see Table S2 for the moles of H$^+$ ions released), but we neglected their contribution in the enthalpy of the above reactions because the number of protons released is very small. We conclude that, in addition to alkali cations, protons and anions such as F$^-$ may also participate in the ion exchange process to charge balance the overall reaction.

On the basis of these reactions, the exchange enthalpies (per mole of exchanged ions) between MXene and an aqueous solution containing alkali ions are described in Tables S6 and S7 in the Supporting Information and are summarized in Table 2.

Table 2. Exchange Enthalpies (kJ/mol of Exchanged Ions) of HCl-LiF Etched MXene with Deionized Water and 1 M Alkali Chloride Solutions at 25 °C

<table>
<thead>
<tr>
<th>solution</th>
<th>measured composition</th>
<th>corrected composition</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 M KCl</td>
<td>–9.3 ± 2.2</td>
<td>–11.0 ± 2.4</td>
</tr>
<tr>
<td>1 M NaCl</td>
<td>21.0 ± 0.9</td>
<td>20.4 ± 0.9</td>
</tr>
<tr>
<td>1 M LiCl</td>
<td>–1.3 ± 0.2</td>
<td>–1.3 ± 0.2</td>
</tr>
<tr>
<td>nanopure H$_2$O</td>
<td>302.4 ± 0.6</td>
<td>301.9 ± 0.6</td>
</tr>
</tbody>
</table>

*a$\Delta$H$_{ex}$ = Enthalpy of exchange.*

The calculated exchange enthalpy for the measured and corrected MXene compositions is moderately exothermic for K–Li exchange but is endothermic for Na–Li exchange. The very slightly exothermic value in 1 M LiCl may reflect a small amount of proton exchange. The apparent exchange enthalpy is highly endothermic in nanopure water which is expected because Li$^+$ and F$^-$ ions are both deintercalating from the MXene layers into the solution (see Tables S6 and S7 in the Supporting Information). The exchange enthalpies for K$^+$, Na$^+$, and Li$^+$ for the corrected MXene follow a similar trend as shown for the measured composition. The slight differences
reflect the difference in molecular weight of the MXene used in the calculation. The driving force for deintercalation is presumably the larger entropy associated with ions free in solution compared to those confined in the interlayers. Conversely, intercalation probably involves a decrease of entropy, offsetting some of the energetic stabilization. Ion exchange, with the same number of ions at the beginning and end of the process, will have smaller entropy effects than a reaction, which intercalates or deintercalates a net number of ions. The energetic driving force for K⁺ – Li⁺ exchange is exothermic, while that for Na⁺ – Li⁺ exchange is endothermic. This may suggest more favorable electrostatic bonding interaction of the K⁺ ions with the negatively charged species (OH⁻/F⁻) present in the interlayers. The hydration radius for K⁺ is smaller than that for Na⁺.56 This appears consistent with the larger extent of K exchange and the more exothermic enthalpy of exchange. More specifically, the interplanar spacing of the MXene layers. Dall’Agnese et al. reported an increase of 4.6 Å in the c-lattice parameter with Na⁺ intercalation into the V₂CT₄ layers.57 For both studies, organic electrolytes were used. Using electrochemical atomic force microscopy, Come et al. showed a contraction associated with Li⁺, Na⁺, and Mg²⁺ intercalation upon electrochemical cycling in aqueous electrolytes. This appears to be different from conventional electrodes or even for MXenes in organic electrolytes where redox intercalation results in volumetric expansion. Fredrickson et al. found there are different stable sites for H₂O, O₂H⁻, and H₂O. The c-lattice parameter varies significantly with the functionalization of the MXene and is greatly increased upon intercalation of water. Ghiu et al. studied the cation exchange of Li⁺ with Na⁺, K⁺, Rb⁺, Mg²⁺, and Ca²⁺. The results suggested that expansion of interplanar spacing is caused by water associated with these cations. The above studies suggest that ion exchange is a complex process, and the differences between the hydration state of cations in the MXene and in the aqueous solution, rather than simply the hydration state in one phase, may influence the enthalpy of ion exchange. The findings from Osti et al. suggest that intercalation of K⁺ yields a MXene with more uniform, homogeneous structure that holds more stable water between the individual MXene layers, thereby increasing the stability of the MXene. Our findings are consistent with this observation.

CONCLUSIONS

Water vapor adsorption calorimetry suggests minimal interactions of water in a clay-like MXene. Immersion calorimetry of clay-like Ti₃C₂Tₓ supports minimal interaction with pure water. Ion exchange upon immersion in alkali metal chloride solution has been confirmed. Potassium—lithium exchange is exothermic (ΔHₑₓ = −9.3 (±2.2) kJ/mol of MXene), while sodium lithium exchange is endothermic (ΔHₑₓ = 21.0 (±0.9) kJ/mol of MXene). Deintercalation of lithium (accompanied by fluoride) is strongly endothermic (ΔHₑₓ = 302.4 (±0.6) kJ/mol of MXene). We propose that one should consider the energetics of intercalated species, which will alter the MXene properties, as potentially important variables to control and tune ion transport and capacity in MXenes used in Li-ion batteries, supercapacitors, and other applications.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.jpcc.7b02419. Figure showing XRD patterns of HF and HCl-LiF etched samples and tables showing the elemental composition of clay-like MXene, the pH of the solutions before and after the immersion experiment and moles of H⁺ released from clay-MXene, ICP-MS data analysis, and exchange enthalpies (PDF).

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Notes

The authors declare no competing financial interest.

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