



## PROJECT BRIEF

# Promoting First Relationships

**PARTNERSHIPS**  
for NATIVE HEALTH

Washington State University

### BACKGROUND:

Promoting First Relationships is an intervention developed by Jean Kelly at the University of Washington Center for Infant Mental Health. This program focuses on enhancing the development of young children's attachment to their primary caregivers. The caregiver's sensitivity and responsiveness to the child are critical in developing a secure attachment and in meeting the child's social and emotional needs. When these needs are met, children are more likely to experience positive outcomes.

### OBJECTIVES:

Our goals are 1) to adapt the Promoting First Relationships intervention for a tribal community in Montana, and 2) to assess its effects on caregivers and their children between the ages of 10 and 30 months.

The study will compare two groups: an intervention group that receives the intervention immediately after enrollment and a control group that receives tailored referral services.

**FUNDING AGENCY:** National Institute of Nursing Research

**PROJECT NAME:** A Primary Prevention Trial to Strengthen Child Attachment in a Native Community (R01NR014153)

**PROJECT YEARS:** 2013-2018

**PARTNER:** University of Washington School of Nursing

**PRINCIPAL INVESTIGATOR:** Cathryn Booth-LaForce

### PROJECT CONTACT:

Name: Katie Nelson

Phone: 206-708-8604

Email: [Katie.Nelson@wsu.edu](mailto:Katie.Nelson@wsu.edu)

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### Our Mission

Conduct community-centered research, training, education, and outreach to improve the health and quality of life of American Indian and Alaska Native populations