



PROJECT BRIEF

HONOR Project (Helping Our Native Ongoing Recovery)

PARTNERSHIPS
for NATIVE HEALTH

Washington State University

BACKGROUND:

Although American Indian and Alaska Native communities struggle with disproportionately high rates of alcohol abuse, little information exists on effective alcohol treatments for Native people. Contingency management (CM) is a low-cost treatment approach that gives participants rewards to reinforce positive behaviors, such as alcohol abstinence. Previous research suggests that CM is adaptable to many populations, and therefore might provide a promising treatment option for Native communities.

OBJECTIVES:

Our goal is to determine whether a culturally tailored version of contingency management (CM) can reduce alcohol abuse and lead to other important outcomes in a sample of American Indians and Alaska Natives.

PUBLICATION: McDonell MG, Nepom JR, Leickly E, Suchy-Dicey A, Hirchak K, Echo-Hawk A, Schwartz SM, Calhoun D, Donovan D, Roll J, Ries R, Buchwald D. A culturally-tailored behavioral intervention trial for alcohol use disorders in three American Indian communities: Rationale, design, and methods. *Contemporary Clinical Trials* 2016; 47: 93-100.

FUNDING AGENCY: National Institute on Alcohol Abuse and Alcoholism

PROJECT NAME: Contingency Management Treatment of Alcohol Abuse for American Indian People (R01AA022070)

PROJECT YEARS: 2013-2018

PARTNERS: Two urban sites (Pacific Northwest), one rural reservation (Northern Plains)

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www.p4nh.org and sign up for our listserv.

Our Mission

Conduct community-centered research, training, education, and outreach to improve the health and quality of life of American Indian and Alaska Native populations