

KELLI FREDERICK, M.ED, RDN, CD

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EDUCATION

MIT Washington State University Master in Teaching GPA: 3.9	June 2020
Mid-Willamette Valley Dietetic Internship Salem, OR	June 2000
BS Central Washington University Food Science and Nutrition Graduated Cum Laude	June 1999

AWARDS AND ACCOMPLISHMENTS

VON Poster Presentation	2018
WSU Guest Speaker	2018
WSU Nutrition and Dietetics Intern Preceptor	2013-2018
Certified Nutrition Support Clinician (CNSC)	2009-2014
Certified Nutrition Support Dietitian (CNSD)	2004-2009
WSDA (WAND) Education and Awards Chair	2007-2008
WA-PNPG Treasurer	2005-2007
Recognized Young Dietitian of the Year (RYDY)	2004

RESEARCH EXPERIENCE

MIT Inquiry Project and Poster Whole Brain Teaching	2020
QI Abstract and Poster Co-Author Standardization and Optimization of Home Nasogastric Feeding Poster presented at VON Neonatal Conference	2018

PROFESSIONAL EXPERIENCE

Teaching Assistant Professor **08/2021-present**
Washington State University
Spokane, WA

- Teach graduate level courses and mentor students enrolled in the Master of Science Coordinated Program in Dietetics (MS CPD)
- Coordinate and manage MS CPD student placements at experiential learning sites
- Recruit and develop new experiential sites that meet the accreditation standards for MS CPD students
- Maintain supervised practice site relationships, create site resources, and train preceptors as needed
- Participate in department, college, and university committees

Pediatric Nutrition Reviewer **12/2019-present**
Abbott Nutritionals
Columbus, OH

- Evaluate Abbott Nutritionals continuing education modules, assessing for content accuracy, references, and to ensure they are fair and balanced
- Complete documentation per company policy

3rd Grade Teacher **01/2021-06/2021**
Betz Elementary School
Cheney, WA

- Developed strong relationships with students and colleagues to create a positive learning environment, improving student outcomes through collaborative instructional strategies
- Created and implement effective lesson plans and instructional materials that allow students to utilize and practice higher level thinking skills
- Used formative and summative assessment strategies to differentiate curriculum and measure understanding of learning targets and instructional objectives
- Actively participated in school-wide and grade-level collaboration to strengthen Professional Learning Communities (PLC)

Substitute Teacher **09/2020-01/2021**
Mead School District
Spokane, WA

- Educated students by delivering a course of study according to student learning objectives, district/building curriculum guidelines and student assessment data as provided by the classroom teacher or building administration
- Provided differentiated whole group, small group, and individualized instruction to meet the needs of each student
- Communicated effectively with primary teacher and school staff to maintain continuity of instruction

**Pediatric Consultant Dietitian
Northwest Family Nutrition
Spokane, WA**

3/2018 – 10/2020

- Provided direct patient care through nutrition consultation, including home visits and clinic-based care
- Independently scheduled, assessed, educated, and documented intervention and recommendations per clinical standards and company policy
- Communicated with patients, caregivers, medical team and healthcare providers

Student Teacher

9/2019 – 3/2020

**Midway Elementary School
Mead School District**

- Aligned curriculum and cutting-edge teaching strategies with common core state standards to meet or exceed grade-level standards for all learners
- Analyzed assessment data to develop targeted instruction consistent with the Response to Intervention (RTI) model

Neonatal Clinical Dietitian

6/2018 – 6/2019

**Providence Sacred Heart Medical Center and Children's Hospital
Spokane, WA**

- Provided individualized nutrition assessment and routine follow-up for neonatal patients
- Developed strong working relationships with key clinical providers and families
- Provided education and guidance on nutrition support policy and procedures to meet the needs of critically ill neonates
- Participated in a unit-wide QA project to improve clinical practice, produced and presented a research abstract and poster with QA findings at VON national convention
- Worked with interdisciplinary acute care team to develop patient care plans, provided nutrition education, and assisted with discharge planning

Clinical Nutrition Services Manager

2011 - 2018

**LifeCare Solutions/Preferred Homecare Infusion
Spokane Valley, WA**

- Managed the clinical nutrition staff in two branch locations. Management responsibilities included hiring, training, scheduling, conducting staff meetings, payroll, annual evaluations, and gross margin/reimbursement analysis
- Prepared and participated in accreditation audits through ACHC
- Supported and promoted the growth of our nutrition support program through a high-tough, patient centered care model and community networking
- Provided direct patient care of pediatric and adult nutrition support patients
- Collaborated with community medical teams, acted as a medical liaison

Nutrition Support Dietitian
LifeCare Solutions
Spokane Valley, WA

2001 - 2011

- Provided nutrition support to home-based patients requiring enteral and parenteral nutrition. Developed, implemented, and monitored individualized feeding plans
- Demonstrated extensive knowledge of infant, pediatric, and adult nutrition formularies, enteral feeding equipment, and supplies
- Provided educational in-services for staff, caregivers, and community referral sources

Clinical Dietitian
Sacred Heart Medical Center
Spokane, WA

2001 - 2005

- Neonatal and pediatric dietitian. Provided individualized nutrition assessment and routine follow-up for neonatal and pediatric patients per protocol
- Worked closely with interdisciplinary acute care teams, assisted with discharge planning

Clinical Dietitian
Valley Hospital Medical Center
Las Vegas, NV

2000 - 2001

- Provided Medical Nutrition Therapy, clinical assessments, and nutrition education to neonatal and acute care adult patients