‘Characterizing the course of sleep problems in Autism Spectrum Disorder during childhood’

Presented by: 
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Sleep is a common concern for parents of young children, but sleep poses an even greater challenge for children with Autism Spectrum Disorders (ASD). Parental reports of sleep among infant siblings of children with ASD, who have a higher likelihood of developing the condition themselves, might provide clues about which children will later develop ASD. Sleep problems could also be associated with worsening behavioral trajectories in children. Whether these sleep problems predict the developmental course in ASD remains unclear, and to resolve this requires moving from parental reports to more objective measures of sleep.

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We look forward to you joining us!

Questions? Contact Michelle Sanchez at michelle.r.sanchez@wsu.edu