CAREER ADVISING PROGRAM ROADMAP

MS1

**Recommended Once/Year Meeting:** Initial discussion regarding career interests
- Meet with Dr. Tina Lindquist or Ms. Lisa Burch-Windrem
- Complete an AAMC Careers in Medicine (CiM) inventory before meeting and self-reflection answers on relevant worksheet. Draft Curriculum Vitae will be submitted.
- Be prepared to discuss inventory and current thoughts/questions regarding medical career

**Subsequent Meetings (voluntary):**
- Meeting with Dr. Tina Lindquist or Ms. Lisa Burch-Windrem

**Offerings:**
- Career Advising Program Roadmap and resources (fall)
- Habits of Successfully Matched Students Workshop (MS1-MS3) (spring)
- “A Day in the Life” videos (year-round)

**Resources:**
- EFlo Career Advising site and resource bank
  - Student Q+A
  - Specialty sheets
  - Match and residency resources
- Careers in Medicine (CiM)

MS2

**Required Once/Year Meeting:** Continued discussion regarding career interests
- Meet with Dr. Tina Lindquist
- Complete an AAMC Careers in Medicine (CiM) inventory before meeting and self-reflection answers on relevant worksheet. Current draft of Curriculum Vitae will be submitted.
- Be prepared to discuss inventory and current thoughts/questions regarding medical career

**Subsequent Meetings (voluntary):**
- Meet with Dr. Tina Lindquist

**Offerings:**
- Career Advising Program Roadmap and resources (fall)
- Habits of Successfully Matched Students Workshop (MS1-MS3) (spring)
- “A Day in the Life” videos (year-round)

**Resources:**
- EFlo Career Advising site and resource bank
  - Student Q+A
  - Specialty sheets
  - Match and residency resources
- Careers in Medicine (CiM)
**MS3**

**Required Once/Year Meeting:** Continued discussion regarding career interests and narrowing down specialties

- Meet with Dr. Tina Lindquist or Dr. Leila Harrison
- Complete an AAMC Careers in Medicine (CiM) inventory before meeting and self-reflection answers on relevant worksheet. Current draft of Curriculum Vitae will be submitted.
- Be prepared to discuss inventory and current thoughts/questions regarding medical career

**Subsequent Meetings (voluntary):**

- Meeting with Dr. Tina Lindquist, Dr. Leila Harrison, and/or designated Clinical Education Director/Clinical Faculty based on specialty interest

**Offerings:**

- Informational email with Career Advising Roadmap and resources (fall)
- Habits of Successfully Matched Students Workshop (MS1-MS3) (spring)
- “A Day in the Life” videos (year-round)
- Specialty survey (fall, winter)
- Residency Preparation Part 1 – Overview of Residency Application Process (spring)
- Residency Preparation Part 2 – Personal Statements, CVs, and Letters of Recommendation (spring)
- Residency Preparation Part 3 – Review Results of Most Recent Match (spring)
- Residency program director presentations (TBD)

**Resources:**

- Specialty survey
  - Beginning of Year 3, after CBSE in November, and after USMLE
  - Step 1 scores returned – helps provide information to faculty about where to invest additional resources and year 4 opportunities
- EFlo Career Advising site and resource bank
  - Student Q+A
  - Specialty sheets
  - Match and residency resources
- Careers in Medicine (CiM)
- Residency Explorer
- Texas STAR
- NRMP data

**MS4**

**Required Once/Year Meeting:** Continued discussion regarding career interests and narrowing down specialties

- Meet with Dr. Tina Lindquist, Dr. Leila Harrison, and/or Clinical Education Director/clinical faculty as designated based on specialty applying to
- Complete an AAMC Careers in Medicine (CiM) inventory before meeting and self-reflection answers on relevant worksheet
- Be prepared to discuss inventory and current thoughts/questions regarding medical career

**Offerings:**

- Career Advising Program Roadmap and resources (fall)
- “A Day in the Life: Videos (year-round)
- Interview preparation/practice sessions (TBD; summer)
- Match Week Overview including SOAP Process
- Introduction to Residency Session

**Resources:**

- EFlo Career Advising site and resource bank
  - Student Q+A
  - Specialty sheets
- NRMP data
- Residency Explorer
- Texas STAR

*Office of Admissions, Student Affairs, and Inclusion*
careeradvising.medicine@wsu.edu

Revised: 6/2020