

Application Instructions for BS in Nutrition and Exercise Physiology Degree

Thank you for your interest in the BS NEP program! **Application deadline is January 31.**

Non-WSU students must apply to **both WSU Spokane AND the Nutrition and Exercise Physiology Program**. These are two separate application procedures. WSU Spokane application found here: <https://spokane.wsu.edu/studentaffairs/admissions/applications/>

Current WSU students are required to apply to the **Nutrition and Exercise Physiology Program only. It is not necessary to send transcripts.**

Complete and submit, in one packet, the following items. Applications will not be reviewed in a timely manner if items are missing.

1. **Application with attached résumé**
2. **Personal Statement (1-2 pages)**
3. **Prerequisite Course Checklist**
4. **List of recommenders**
5. **3 Recommendation Forms (include forms in your packet or have the Recommenders send to nep@wsu.edu)**

For Non-WSU students, official transcripts from all colleges and/or universities where you have taken classes are **required with the WSU application**, but there is no need to send them with the BS NEP application. Current WSU students do **NOT** need to send transcripts.

Application can be submitted by email or post. **Attach as PDF document and send to nep@wsu.edu**. Or, **mail sealed application packet** to Jill Wagner, Washington State University Spokane, Nutrition and Exercise Physiology Program, 412 E Spokane Falls Blvd., Spokane WA 99202-2131.

Applicants will be notified of admission status in March. An in-person interview may be offered to candidates who do not meet all of the GPA and/or course requirements, but whose experience, recommendations, or other circumstances suggest they could be successful in the BS NEP program.

BS in Nutrition and Exercise Physiology Application for Admission

Personal Data

Name: _____
(last) (first) (middle) (previous last name)

Present address: _____
(number and street) (city) (state) (zip) (telephone)

Permanent address: _____
(number and street) (city) (state) (zip) (telephone)

Email address: _____ WSU Student ID Number (if applicable): _____

Date of Birth: _____

Citizen of the United States: Yes No If no, list visa status: _____

Actual or expected date for completion of NEP prerequisite courses: _____
(Month) (Day) (Year)

Education: List colleges and universities attended, with most recent listed first. Official transcripts must be sent with WSU application.

School	City & State	(mo/yr – mo/yr) Dates Attended	Degree Granted/Expected

Please attach a résumé including the following:

Work Experience: List paid work experience beginning with the most recent experience. Indicate type of work, length of time, and general responsibilities.

Extracurricular/Volunteer Activities: List activities such as sports, music, job-shadowing, volunteer work, student clubs, and/or leadership positions held.

Honors: List scholarships and honors received. Specify year received.

By checking this box, I certify that I am the applicant and that I have truthfully represented my qualifications and background.

BS in Nutrition and Exercise Physiology Personal Statement

1-2 typed pages. The statement is an opportunity to discuss:

1. Your reasons for applying to the WSU BS NEP degree.
2. Your short- and long-range professional goals.
3. The characteristics/aptitudes that you feel will make you an effective nutrition and exercise physiology professional; including example(s) that demonstrate these strengths.
4. Any obstacles you foresee in pursuing this degree and your long-term goals.
5. Other pertinent information that you want to share. This may include your experience as a student athlete, personal exercise and diet habits, volunteer experience, having a mentor in the profession, long-standing interest in exercise and/or nutrition, etc.

BS in Nutrition and Exercise Physiology Prerequisite Course Checklist

Prerequisite	School where taken	Course taken: (prefix and number)	Term & Year taken/ planned	Lab/ Practicum (Yes/No)	No. of Credits	Grade Earned
Chemistry I						
Chemistry II						
Organic Chemistry						
Biochemistry						
Biology I						
Biology II						
Microbiology						
Human Anatomy						
Human Physiology						
Human Nutrition						
Psychology						
Ethics						
Statistics						
Public Speaking						

Depending on where the prerequisites were taken, Chemistry I and II may not have both been required. Similarly, Biology I and II may not have both been required. For questions, contact Jill Wagner, Academic Coordinator, at nep@wsu.edu.

BS in Nutrition and Exercise Physiology List of Recommenders

Applicant: Please complete this form in its entirety.

Your Name:

(last)

(first)

(middle)

(previous last name)

List three people who will complete recommendation forms for you. One must be a **professor** in exercise, nutrition, or the sciences, and one should be a **work supervisor**. The third reference can be anyone who knows your academic, volunteer, or work experience.

1.

Name

Title

Organization

Number and street

City

State

Zip

Phone

email

2.

Name

Title

Organization

Number and street

City

State

Zip

Phone

email

3.

Name

Title

Organization

Number and street

City

State

Zip

Phone

email

The applicant must sign and date one of the following statements:

1. I do not waive my rights to access this letter. I understand that under federal laws I have the right to read this recommendation.

Applicant's Signature _____ Date _____

2. I wish this letter to be confidential and I hereby waive any and all access rights granted to me by federal laws to this recommendation.

Applicant's Signature _____ Date _____