

Application Instructions for BS in Nutrition and Exercise Physiology Degree

Thank you for your interest in the BS NEP program! **Application deadline is January 31.**

Non-WSU students must apply to **both WSU Spokane AND the Nutrition and Exercise Physiology Program**. These are two separate application procedures. WSU Spokane application found here: <https://spokane.wsu.edu/studentaffairs/admissions/applications/>

Current WSU students are required to apply to the **Nutrition and Exercise Physiology Program only**.

Complete and submit, in one packet, the following items. Applications will not be reviewed in a timely manner if items are missing.

1. **Application with attached résumé**
2. **Personal Statement (1-2 pages)**
3. **Prerequisite Course Checklist**
4. **List of recommenders**
5. **3 Recommendation Forms (include forms in your packet or have the Recommenders send to nep@wsu.edu)**

For Non-WSU students, official transcripts from all colleges and/or universities where you have taken classes are **required with the WSU application**. Current WSU students do **NOT** need to send transcripts.

Application can be submitted by email or post. **Attach as PDF document and send to nep@wsu.edu**. Or, **mail sealed application packet** to Jill Wagner, Washington State University Spokane, Nutrition and Exercise Physiology Program, PO BOX 1495, Spokane WA 99210-1495.

Applicants will be notified of admission status in March. An in-person interview may be offered to candidates who do not meet all of the GPA and/or course requirements, but whose experience, recommendations, or other circumstances suggest they could be successful in the BS NEP program.

BS in Nutrition and Exercise Physiology Personal Statement

1-2 typed pages. The statement is an opportunity to discuss:

1. Your reasons for applying to the WSU BS NEP degree.
2. Your short- and long-range professional goals.
3. The characteristics/aptitudes that you feel will make you an effective nutrition and exercise physiology professional; including example(s) that demonstrate these strengths.
4. Any obstacles you foresee in pursuing this degree and your long-term goals.
5. Other pertinent information that you want to share. This may include your experience as a student athlete, personal exercise and diet habits, volunteer experience, having a mentor in the profession, long-standing interest in exercise and/or nutrition, etc.

BS in Nutrition and Exercise Physiology Prerequisite Course Checklist

Prerequisite	School where taken	Course taken: (prefix and number)	Term & Year taken/ planned	Lab/ Practicum (Yes/No)	No. of Credits	Grade Earned
Chemistry I						
Chemistry II						
Organic Chemistry						
Biochemistry						
Biology I						
Biology II						
Microbiology						
Human Anatomy						
Human Physiology						
Human Nutrition						
Psychology						
Ethics						
Statistics						
Public Speaking						

Depending on where the prerequisites were taken, Chemistry I and II may not have both been required. Similarly, Biology I and II may not have both been required. For questions, contact Jill Wagner, Academic Coordinator, at nep@wsu.edu.

BS in Nutrition and Exercise Physiology List of Recommenders

Applicant: Please complete this form in its entirety.

Your Name:

(last)

(first)

(middle)

(previous last name)

List three people who will complete recommendation forms for you. One must be a **professor** in exercise, nutrition, or the sciences, and one should be a **work supervisor**. The third reference can be anyone who knows your academic, volunteer, or work experience.

1.

Name	Title	Organization
Number and street	City	State
	Zip	Phone
		email

2.

Name	Title	Organization
Number and street	City	State
	Zip	Phone
		email

3.

Name	Title	Organization
Number and street	City	State
	Zip	Phone
		email

The applicant must sign and date one of the following statements:

1. I do not waive my rights to access this letter. I understand that under federal laws I have the right to read this recommendation.

Applicant's Signature _____ Date _____

2. I wish this letter to be confidential and I hereby waive any and all access rights granted to me by federal laws to this recommendation.

Applicant's Signature _____ Date _____