BS in Nutrition & Exercise Physiology

Advising worksheet - **WSU Vancouver**

for students taking core requirements and BS NEP prerequisites at WSU Vancouver

<table>
<thead>
<tr>
<th>BS NEP prerequisites</th>
<th>UCORE reqs not covered by prereqs</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 106 (Biology I)</td>
<td>ENGL 101</td>
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<tr>
<td>BIOL 107 (Biology II)</td>
<td>[ARTS]</td>
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<tr>
<td>BIOL 251 (Human Physiology)</td>
<td>[ROOT]</td>
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<tr>
<td>BIOL 140 (Human Nutrition)</td>
<td>[DIVR]</td>
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<tr>
<td>CHEM 105 (Chemistry I)</td>
<td>[CAPS] completed in Senior year</td>
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<tr>
<td>CHEM 106 (Chemistry II)</td>
<td>Junior Writing Portfolio*</td>
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<tr>
<td>CHEM 345 (Organic Chemistry)</td>
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<tr>
<td>COM 102 (Public Speaking)</td>
<td></td>
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<tr>
<td>BIOL 354 (Human Anatomy)</td>
<td></td>
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<tr>
<td>MBIOS 303 (Biochemistry)</td>
<td>Pre-health professions track</td>
</tr>
<tr>
<td>MBIOS 305 (Microbiology)</td>
<td>PHYS 101</td>
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<tr>
<td>PHIL 103 or 365 (Ethics)</td>
<td>PHYS 102</td>
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<tr>
<td>PSYCH 105 (Psychology)</td>
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<tr>
<td>STAT 212 (Statistics)</td>
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</tbody>
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**Fall semester Juniors (16 credits)**

NEP 320 Strength & Conditioning (3)  
NEP 340 Foods (3)  
NEP 362 Biomechanics (3)  
NEP 400 Macro Metabolism (3)  
NEP 463 Exercise Physiology (4)

**Spring semester Juniors (13 credits)**

NEP 402 Vit & Mineral Metabolism (3)  
NEP 427 Nutritional Assessment [M] (3)  
NEP 435 Exercise, Diet & Disease (4)  
NEP 476 Exercise Testing & Rx (3)

**Summer term Juniors**

Have fun!
Rest!
Earn $$!

**Fall semester Seniors (13 credits)**

NEP 458 Nutrition Lifecycle (3)  
NEP 478 ECG (3)  
NEP 479 Practicum I (3)  
NEP 489 Exer Internship Seminar (1)  
Elective (3)

**Spring semester Seniors (12 credits)**

NEP 450 Management & Facilities (3)  
NEP 480 Cardiac Rehabilitation (4)  
NEP 482 Practicum II (2)  
NEP 495 NEP Capstone [CAPS] [M] (3)

**Sum term Seniors (10 credits)**

NEP 490 Exercise Internship (10)
NEP 478 ECG (3)  
NEP 479 Practicum I (3)  
NEP 489 Exer Internship Seminar (1)  
Elective (3)

(64 total credits)

*Writing Portfolio includes 3 papers saved from previous classes and a timed writing completed at WSU Spokane.  
[https://spokane.wsu.edu/studentaffairs/academic-assistance/jr-writing-portfolio/](https://spokane.wsu.edu/studentaffairs/academic-assistance/jr-writing-portfolio/)

Last updated 6/2018: jw