BS in Nutrition & Exercise Physiology
Advising worksheet – Whitworth University
for students completing BS NEP prerequisites at an out-of-state community college or any 4-year university other than WSU

Upper division major classes available at WSU Spokane only. Program starts in Fall semester only.

<table>
<thead>
<tr>
<th>BS NEP prerequisites</th>
<th>WSU reqs not covered by prereqs</th>
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<tbody>
<tr>
<td>BI 140 (General Biology I)</td>
<td>Written Communication</td>
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<tr>
<td>BI 141 (General Biology II)</td>
<td>Creative and Professional Arts</td>
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<td>HS 220 (Human A&amp;P I)</td>
<td>Roots of Contemporary Issues</td>
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<td>HS 221 (Human A&amp;P II)</td>
<td>Diversity</td>
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<td>BI 448 (Microbiology)</td>
<td>Capstone (included in NEP program)</td>
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<tr>
<td>CH 161 (General Chemistry I)</td>
<td>Junior Writing Portfolio*</td>
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<td>CH 181 (General Chemistry II)</td>
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<td>CH 102 (Biochemistry)</td>
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<td>CH 271 (Organic Chemistry)</td>
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<td>SP 210 (Public Speaking)</td>
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<td>MA 256 (Statistics)</td>
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<td>HS 315 (Human Nutrition)</td>
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<td>PH 221 (Ethics)</td>
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<td>PY 101 (Psychology)</td>
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**Fall semester Juniors (16 credits)**
NEP 320 Strength & Conditioning (3)
NEP 340 Foods (3)
NEP 362 Biomechanics (3)
NEP 400 Macro Metabolism (3)
NEP 463 Exercise Physiology (4)

**Spring semester Juniors (13 credits)**
NEP 402 Vit & Mineral Metabolism (3)
NEP 427 Nutritional Assessment [M] (3)
NEP 435 Exercise, Diet & Disease (4)
NEP 476 Exercise Testing & Rx (3)

**Summer term Juniors**
Have fun!
Rest!
Earn $$!

**Fall semester Seniors (13 credits)**
NEP 458 Nutrition Lifecycle (3)
NEP 478 ECG (3)
NEP 479 Practicum I (3)
NEP 489 Exer Internship Seminar (1)
Elective (3)

**Spring semester Seniors (12 credits)**
MGMT 301 Principles of Mgmt (3)
NEP 480 Cardiac Rehabilitation (4)
NEP 482 Practicum II (2)
NEP 495 NEP Capstone [CAPS] [M] (3)

**Sum term Seniors (10 credits)**
NEP 490 Exercise Internship (10)
NEP 495 NEP Capstone (3)
NEP 495 NEP Capstone (1)
NEP 495 NEP Capstone (2)
NEP 495 NEP Capstone (3)
NEP 495 NEP Capstone (4)
NEP 495 NEP Capstone (5)
NEP 495 NEP Capstone (6)
NEP 495 NEP Capstone (7)
NEP 495 NEP Capstone (8)
NEP 495 NEP Capstone (9)
NEP 495 NEP Capstone (10)

(64 total credits)

*Writing Portfolio includes 3 papers saved from previous classes and a timed writing completed at WSU. [https://spokane.wsu.edu/studentaffairs/academic-assistance/jr-writing-portfolio/](https://spokane.wsu.edu/studentaffairs/academic-assistance/jr-writing-portfolio/)

Last updated 1/2018: jw