

BS in Nutrition & Exercise Physiology

Advising worksheet – **Edmonds Community College**

for students completing AA-Direct Transfer Degree and BS NEP prerequisites at a Washington Community College

Upper division major classes available at WSU Spokane only.

Program starts in Fall semester only.

| BS NEP prerequisites | WSU requirements not covered by DTA | |
|---|---|--------------------------------------|
| BIOL 211 (Cell Biology) | Capstone course (included in NEP) | |
| BIOL 260 (Microbiology) | Junior Writing Portfolio* | |
| BIOL 241 (Anatomy & Physiology) | | |
| BIOL 242 (Anatomy & Physiology) | | |
| CHEM 121 (General Chemistry) | | |
| CHEM 131 (Organic Chem/Biochem) | | |
| CMST 220 (Public Speaking) | | |
| MATH 146 (Statistics) | | |
| NUTRI 101 (Nutrition) | | |
| PHIL 110 (Ethics) | | |
| PSYC 100 (Psychology) | | |
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| Fall semester Juniors (16 credits) | Spring semester Juniors (13 credits) | Summer term Juniors |
| NEP 320 Strength & Conditioning (3) | NEP 402 Vit & Mineral Metabolism (3) | Have fun! |
| NEP 340 Foods (3) | NEP 427 Nutritional Assessment [M] (3) | Rest! |
| NEP 362 Biomechanics (3) | NEP 435 Exercise, Diet & Disease (4) | Earn \$\$! |
| NEP 400 Macro Metabolism (3) | NEP 476 Exercise Testing & Rx (3) | |
| NEP 463 Exercise Physiology (4) | | |
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| Fall semester Seniors (13 credits) | Spring semester Seniors (12 credits) | Sum term Seniors (10 credits) |
| NEP 458 Nutrition Lifecycle (3) | MGMT 301 Principles of Mgmt (3) | NEP 490 Exercise Internship (10) |
| NEP 478 ECG (3) | NEP 480 Cardiac Rehabilitation (4) | |
| NEP 479 Practicum I (3) | NEP 482 Practicum II (2) | |
| NEP 489 Exer Internship Seminar (1) | NEP 495 NEP Capstone [CAPS] [M] (3) | |
| Elective (3) | | |
| | | (64 total credits) |

*Writing Portfolio includes 3 papers saved from previous classes and a timed writing completed at WSU.

<https://spokane.wsu.edu/studentaffairs/academic-assistance/jr-writing-portfolio/>