**BS in Nutrition & Exercise Physiology**

Advising worksheet – **Blue Mountain Community College**

for students completing BS NEP prerequisites and the Associates of Arts-Oregon Transfer (AAOT) at an Oregon Community College

Upper division major classes available at WSU Spokane only.
Program starts in Fall semester only.

<table>
<thead>
<tr>
<th>BS NEP prerequisites</th>
<th>WSU reqs not covered by AAOT</th>
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<tbody>
<tr>
<td>BI 112 (General Biology)</td>
<td>Capstone course (included in NEP)</td>
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<tr>
<td>BI 231 (Human Anatomy &amp; Physiology)</td>
<td>Junior Writing Portfolio*</td>
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<td>BI 232 (Human Anatomy &amp; Physiology)</td>
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<td>BI 233 (Human Anatomy &amp; Physiology)</td>
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<td>BI 234 (Microbiology)</td>
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<td>CH 221 (General Chemistry)</td>
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<td>CH 223 (General Chemistry)</td>
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<td>COM 111 (Public Speaking)</td>
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<td>MTH 243 (Statistics)</td>
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<td>FN 225 (Nutrition)</td>
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<td>PHL 103 (Ethics)</td>
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<td>PSY 201 (Psychology)</td>
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**Fall semester Juniors (16 credits)**
NEP 320 Strength & Conditioning (3)
NEP 340 Foods (3)
NEP 362 Biomechanics (3)
NEP 400 Macro Metabolism (3)
NEP 463 Exercise Physiology (4)

**Spring semester Juniors (13 credits)**
NEP 402 Vit & Mineral Metabolism (3)
NEP 427 Nutritional Assessment [M] (3)
NEP 435 Exercise, Diet & Disease (4)
NEP 476 Exercise Testing & Rx (3)

**Summer term Juniors**
Have fun!
Rest!
Earn $$!

**Fall semester Seniors (13 credits)**
NEP 458 Nutrition Lifecycle (3)
NEP 478 ECG (3)
NEP 479 Practicum I (3)
NEP 489 Exer Internship Seminar (1)
Elective (3)

**Spring semester Seniors (12 credits)**
MGMT 301 Principles of Mgmt (3)
NEP 480 Cardiac Rehabilitation (4)
NEP 482 Practicum II (2)
NEP 495 NEP Capstone [CAPS] [M] (3)

**Sum term Seniors (10 credits)**
NEP 490 Exercise Internship (10)
NEP 495 NEP Capstone [CAPS] [M] (3)

(64 total credits)

*Writing Portfolio includes 3 papers saved from previous classes and a timed writing completed at WSU.
[Link](https://spokane.wsu.edu/studentaffairs/academic-assistance/jr-writing-portfolio/)

Last updated 1/2018: jw