

**Curriculum Vitae**  
**Ashley Dawn Beck**  
*(Formerly Ashley Dawn Eaton)*  
 Data Center  
 Spokane Regional Health District

**Education**

2012-2016	<b>PhD.</b> , Prevention Science Washington State University (WSU), Pullman, WA, USA
2009-2011	<b>M.A.</b> , Human Development Washington State University (WSU), Pullman, WA, USA
2006-2009	<b>B.S.</b> , Family and Consumer Sciences, Child Development and Family Relations University of Idaho, Moscow, ID, USA
2005-2006	Lewis-Clark State College, Lewiston, ID, USA

**Awards and Honors**

2013	SRCD Student Travel Award
2013	WSU Graduate School Travel Grant
2013	WSU Graduate School Conference Registration Grant
2012	International Society for Social Behavioural Development Early Career Travel Award
2011	WSU Graduate School Travel Grant
2010	Edward Graff Research Grant, WSU
2010	Alberta Hill Academic Excellence Award, WSU
2009	Phi Upsilon Omicron
2008-2009	Dean's List, University of Idaho

**Manuscripts Under Review**

Silva, K.G., Power, T.G., **Beck, A.D.**, Fisher, J.O., Goodell, L.S., Johnson, S.L., O'Connor, T.M., & Hughes, S.O. (*under review*). Stability and Change in the Feeding Practices and Styles of Low-Income Mothers: Questionnaire and Observational Analyses. *Appetite*, 107, 623-627.

**Published Peer-Reviewed Manuscripts**

Galindo, L., Power, T. G., **Beck, A.D.**, Fisher, J.O., O'Connor, T.M., & Hughes, S.O. (2017) Emotion regulation strategies and childhood obesity in high risk preschoolers. *Appetite*, 120, 281-286.

Power, T.G., Olivera, Y.A., Hill, R.A., **Beck, A.D.**, Hopwood, V., Silva Garcia, K., Ramos, G.G., Fisher, J.O., O'Connor, T.M., & Hughes, S.O. (2016). Emotion regulation strategies and childhood obesity in high risk preschoolers. *Appetite*, 107, 623-627.

Power, T.G., Olivera, Y.A., Hill, R.A., **Beck, A.D.**, Hopwood, V., Silva Garcia, K., Ramos, G.G., Fisher, J.O., O'Connor, T.M., & Hughes, S.O. (2016). Emotion regulation strategies and childhood obesity in high risk preschoolers. *Appetite*, 107, 623-627.

Elias, C., Power, T., **Beck, A.**, Goodell, S., Johnson, S., Papaioannou, M., & Hughes, S. (2016). Depressive symptoms and perceptions of child difficulty are associated with less responsive feeding behaviors in an observational study of low-income mothers. *Childhood Obesity*, 12, 418-425.

Hughes, S. O., Power, T. G., Johnson, S. L., Parker, L., **Beck, A. D.**, Overath, I., Betz, D., Goodell, L. S. & Lanigan, J. (July 2015). Development of a Family Focused Child Obesity Prevention Program. *Journal of Nutrition Education and Behavior*, 47 (4).

Power, T. G., Hughes, S. O., Goodell, L. S., Johnson, S. L., Jarmillo Duran, J.A., Williams, K., **Beck, A. D.**, & Frankel, L.A. (2015). Feeding practices of low-income mothers: how do they compare to current recommendations? *International Journal of Behavioral Nutrition and Physical Activity*.

Werner, N. E., **Eaton, A. D.**, Lyle, K. A., Tseng, H. Y., & Holst, B. (2014). Maternal social coaching predicts preschooler's relational aggression. *Social Development*.

### **Published Book Chapters**

Power, T. G., Hughes, S. O., Goodell, L. S., Johnson, S. L., Jarmillo Duran, J.A., Williams, K., **Beck, A. D.**, & Frankel, L.A. (2017). Feeding practices of low-income mothers: how do they compare to current recommendations? In A. Hassan (Ed.), *Pediatric Behavioral Nutrition Factors*, (129-152). Oakville, ON: Canada Apple Academic Press. DOI: 10.1201/9781315365732-8

### **Publicly Shared Evaluation Reports and Community Assessments**

**Beck, A.D.**, Riffe, A. S., and Wenzl, S. (2017). Confronting Violence: Risk. Outcomes. Prevention. Spokane County (Rep.). (2017.). *Spokane Regional Health District*. Retrieved from <https://www.srhd.org/links/data.asp>

Readhead, A., **Beck, A. D.**, and Wenzl, S. (2017). Quality of Life Spokane, Sections 1-7 (Rep.). (2017.). *Spokane Regional Health District*. Retrieved from <https://www.srhd.org/links/data.asp>

**Beck, A.D.** and Wilson, L. (2015). Missing the Foundation: Understanding Homelessness in Spokane County (Rep.). (2015.). *Spokane Regional Health District*. Retrieved from <https://www.srhd.org/links/data.asp>

Riffe, A. S., **Beck, A.D.**, and Wenzl, S. (2015). Recovering Smiles: Project Evaluation Report (Rep.). (2015.). *Spokane Regional Health District*. Retrieved from <https://www.srhd.org/links/data.asp>

**Beck, A.D.**, Riffe, A. S., and Wenzl, S. (2015). Start Healthy Start Now: Project Evaluation Report (Rep.). (2015.). *Spokane Regional Health District*. Retrieved from <https://www.srhd.org/links/data.asp>

### **Poster Presentations**

Power, T. G., **Beck, A.**, Betz, D., Calodich, S., Combe, A., Goodell, S., Hill, L. G., Hill, R., Jaramillo, J. A., Johnson, S. L., Lanigan, J., Martinez, A. D., Nesbitt, M., Overath, I., Parker, L., Ullrich-French, S., & Hughes (June 2015). *Development of the Parent Curriculum for Strategies for Effective Eating Development (SEEDS) Intervention: A Pilot Study*. Poster presented at the International Society of Behavioral Nutrition and Physical Activity conference, Scotland.

Lanigan, J., **Beck, A. D.**, Goodell, L. S., Johnson, S. L., Lawrence, A., Hughes, S. O., & Power, T. G. (June 2015). *Development of the Preschool Curriculum for Strategies for Effective Eating Development (SEEDS) Intervention: A Pilot Study*. Poster presented at the International Society of Behavioral Nutrition and Physical Activity conference, Scotland.

**Beck, A. D.**, Power, T. G., Olivera, Y., Bonilla-Pacheco, V., Hill, R. A., Weinmann, K. D., Fisher, J. O., O'Connor, T., & Hughes, S. O. (March 2015). *Parental Scaffolding of their Preschool Children's Coping with a Stressful Situation: Relations with Child Coping*. Poster presented at the Society for Research in Child Development Biennial Meeting, Philadelphia Pennsylvania.

Olivera, Y, Hill, R., Power, T. G., **Beck, A.**, Bonilla-Pacheco, V., Weinmann, K., Fisher, J. O., O'Connor, T., & Hughes, S. O. (March 2015). Stress and coping behaviors of Latino preschool-aged children: Relations with successful delay of gratification. Paper presented at the Society for Research in Child Development, Philadelphia.

Bonilla-Pacheco, V., Power, T. G., **Eaton, A.D.**, Hill, R. A., Fisher, J., O' Conner, T., Hughes, S. (April 2013). *Stress Behaviors and Child Compliance in Two Behavioral Inhibition Tasks: Differential Functioning Across Two*

*Contexts*. Poster presented at the Society for Research in Child Development Biennial Meeting, Seattle, Washington.

Olivera, Y. Power, T. G., **Eaton, A.D.**, Fisher, J., O' Conner, T., Hughes, S. (April 2013). *Exploring the Influence of Low-Income Latina Mothers' on their Children's Emotional Self-Regulation*. Poster presented at the Society for Research in Child Development Biennial Meeting, Seattle, Washington.

**Eaton, A. D.**, Power, T. G., Weinmann, K. D., Hill, R. A., Bonilla-Pacheco, V., Aguilar, N., Fisher, J., O' Conner, T., Hughes, S. (April 2013). *Parental Scaffolding of Their Preschool Children's Coping with a Stressful Situation: An Observational Analysis*. Poster presented at the Society for Research in Child Development Biennial Meeting, Seattle, Washington.

Power, T. G., Hughes, S. O., Goodell, L. S., Johnson, S. L., Jarmillo-Duran, J. A., Williams, K., **Eaton, A. D.**, & Frankel, L. A. (April 2013). *Mother-Child Interactions at Dinnertime: Exploring Mothers' Differences as a Function of Child Weight Status*. Poster presented at the Society for Research in Child Development Biennial Meeting, Seattle, Washington.

Hill, R. A., Power, T. G., Bonilla-Pacheco, V., **Eaton, A.D.**, Weinmann, K. D., Fisher, J., O' Conner, T., Hughes, S. (April 2013). *Delay of Gratification in Preschoolers: Predictors of Individual Differences*. Poster presented at the Society for Research in Child Development Biennial Meeting, Seattle, Washington.

**Eaton, A. D.**, Power, T. G., Weinmann, K. D., Hill, R. A., Bonilla-Pacheco, V., Aguilar, N., Fisher, J., O' Conner, T., Hughes, S. (March 2013). *Parental Scaffolding of Their Preschool Children's Coping with a Stressful Situation: An Observational Analysis*. Poster presented at Washington State University's Academic Showcase, Pullman, Washington.

Bonilla-Pacheco, V., Power, T. G., **Eaton, A.D.**, Hill, R. A., Fisher, J., O' Conner, T., Hughes, S. (March 2013). *Stress Behaviors and Child Compliance in Two Behavioral Inhibition Tasks: Differential Functioning Across Two Contexts*. Poster presented at Washington State University's Academic Showcase, Pullman, Washington.

**Eaton, A. D.**, Power, T. G., Hill, R. A., Weinmann, K. D., Bumpus, M. F., & Hill, L. G. (July 2012). *Parental scaffolding of children's coping with a stressful situation: An observational analysis*. Poster presented at the International Society for the Study of Behavioural Development, Edmonton, Alberta, Canada.

**Eaton, A.D.**, & Werner, N.E. (June 2012). *Exploring Mothers' Memories of Childhood Relational and Physical Victimization and their Associations with Social Coaching Quality*. Poster presented at the Relational Aggression Conference, Park City, Utah.

Stocker, L. M., Crawford, J., Shrestha, G., **Eaton, A.**, Betz, D., and Hill, L. (May 2012) *Cultural and Ethnic Differences in Experience of an Evidence-based Prevention Program*. Poster presented at the Northwest Council on Family Relations 2012 Conference, Portland, OR.

**Eaton, A. D.**, Power, T. G., Hill, R. A., Weinmann, K. D., Bumpus, M. F., & Hill, L. G. (March 2012). *Parental scaffolding of children's coping with a stressful situation: An observational analysis*. Poster presented at Washington State University's Academic Showcase, Pullman, Washington.

**Eaton, A. D.**, & Werner, N. E. (March 2012). *Exploring mothers' memories of childhood relational and physical victimization*. Poster presented at Washington State University's Academic Showcase, Pullman, Washington.

Power, T. G., Hughes, S. O., Goodell, L. S., Johnson, S. L., Jarmillo-Duran, J. A., Williams, K., **Eaton, A. D.**, & Frankel, L. A. (March 2012). *Mother-child interactions at dinnertime: Exploring differences as a function of child weight status*. Poster presented at Washington State University's Academic Showcase, Pullman, Washington.

**Eaton, A. D., & Werner, N. E.** (March 2011). *Exploring mothers' memories of childhood relational and physical victimization*. Poster presented at the Society for Research in Child Development Biennial Meeting, Montreal, Quebec, Canada.

### **Symposium Presentations (Peer-Reviewed)**

**Beck, A.D., Hansen, J., Foster, S.B. and Pineda, R.** (October 2017). *Lessons Learned While Implementing and Evaluating a Place-Based Initiative*. Symposium presented at the Washington State Public Health Association Annual Conference, Wenatchee, Washington.

**Eaton, A. D., & Werner, N. E.** (April 2013). *Exploring Mothers' Memories of their Childhood Peer Experiences and their Association with Social Coaching Quality* Symposium presented at the Society for Research in Child Development Biennial Meeting, Seattle, Washington.

### **Oral Presentations**

**Beck, A.D.** (April 2017). *Quality of Life in Spokane County*. Brownbag presentation to Spokane Regional Health District staff, Spokane, Washington.

**Beck, A.D.** (April 2017). *Violence in Spokane County*. All-staff presentation to Spokane Regional Health District staff, Spokane, Washington.

**Beck, A.D.** (March 2017). *Violence in Spokane County*. Brownbag presentation to Spokane Regional Health District staff, Spokane, Washington.

**Beck, A.D. & Wenzl, S.** (February 2017). *Quality of Life in Spokane County*. Presentation to Spokane County Commissioners, Spokane, Washington.

**Beck, A.D.** (February 2017). *Violence in Spokane County*. Presentation to Spokane County Domestic Violence Coalition, Spokane, Washington.

**Beck, A.D.** (February 2017). *Violence in Spokane County*. Presentation to Spokane County Birth Outcomes Task Force, Spokane, Washington.

**Beck, A.D.** (January 2017). *Poverty in Spokane County*. Presentation to Spokane Bishop's Conference on Poverty through The Fig Tree, Spokane, Washington.

**Beck, A.D.** (February 2016). *Homelessness in Spokane County*. Presentation to the City of Spokane Community Health and Housing Services Board, Spokane, Washington.

### **Research and Professional Experiences**

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| Oct 2016-Present   | <b>Senior Research Scientist</b> , Spokane Regional Health District, Data Center<br><i>Description:</i> Provide technical oversight to Data Center work, lead high-profile program evaluations, conduct community health assessments. Build capacity of Data Center and SRHD staff. Serve as academic liaison for Spokane Regional Health District and community projects.  |
| July 2014-Oct 2016 | <b>Community Program Research Scientist</b> , Spokane Regional Health District, Data Center<br><i>Description:</i> Conducted community health assessments on public health issues and behaviors in Spokane County and the surrounding region. Provided technical assistance and oversight internally to staff conducting program development, implementation and evaluation or research activities. Led evaluation efforts to plan and conduct evaluation for projects of varying size, scope and reach including coordinating with state and national evaluators for large grant project evaluation. Provided training and technical support for internal and external partners for a variety of programmatic topics including program development and evaluation. |
| Aug 2010-Present   | <b>Project Coordinator</b> , Washington State University Department of Human Development<br><i>Description:</i> Coordinated research activities for USDA/AFRI funded, integrated research-extension project focusing on obesity prevention for preschool children called SEEDs. Served on several committees including Leadership and Coordinating Committee, Child Session Development Committee, and Self-regulation Session Committee. Played a substantial role in the development of the curriculum for preschool children. Supported hiring early childhood educators to deliver program, and trained educators to deliver the program. Tracked and managed project tasks and timelines, and coordinated group meetings. Evaluated the program pilot, revised |

curriculum, planned and coordinated program's efficacy trial. I am currently participating in the dissemination of the curriculum and final evaluation of efficacy trial results.

*Supervisor:* Thomas Power, Ph.D.

Aug 2010- Dec 2016

**Project Coordinator**, Washington State University Department of Human Development

*Description:* Coordinated research activities for NIH funded study of preschool children's self regulation, both emotional and of their caloric intake, and parents' scaffolding of emotional regulation and coping as well as children's eating behaviors, and the relationship with childhood obesity. Supervised undergraduate and graduate student research assistants, developed coding schemes, assessed and documented children's behaviors, trained coders, tracked reliability, and tracked coding and data entry. Managed, analyzed, and disseminated data through scholarly presentations and publications.

*Adviser:* Thomas Power, Ph.D.

Aug 2010- Aug 2011

**Evaluator**, Washington State University Project Green Dot

*Description:* Planned evaluation strategies for Washington State University's program for bystander intervention in relationship violence. Developed evaluation measures, conducted pre and posttest surveys with program participants, conducted campus wide assessments, analyzed and reported results.

Jan 2010-July 2010

**Evaluator**, Washington State University Food Sense Program

*Description:* Planned evaluation strategies for Washington State University's Extension-run program for children's nutrition education. Responsibilities included developed measures, planned evaluation strategies, reviewed the literature on the program's key topic areas and program evaluation techniques.

Aug 2009- Jan 2010

**Graduate Research Assistant**, Washington State University Department of Human Development

*Description:* Facilitated focus groups for the evaluation of Washington State University's Extension based Strengthening Families Program.

*Adviser:* Laura Hill, Ph.D

Aug 2009- May 2011

**Graduate Research Assistant**, Washington State University Department of Human Development

*Description:* Coordinated research activities for NICHD funded study of preschool children's interactions with family and peers. Supervised undergraduate student research assistants, managed data collection and coding mother-child interactions from videotapes. Conducted observational assessments in preschool classrooms of child peer interactions, conducted individual assessments and activities with children. Trained undergraduate and graduate students in conducting assessments and activities with children.

*Adviser:* Nicole Werner, Ph.D.

Aug 2008- Dec 2008

**Co-Teacher**, University of Idaho, Child Development Lab

*Description:* Worked with team of co-teachers to develop classroom curriculum and plan activities targeting specific developmental goals & objectives. Developed child goals in developmental domains, documented progress and achievement of goals for children. Helped to compile evidence of requirements for renewal of NAEYC accreditation for the program.

*Supervisor:* Suzanne Planck, Ph.D.

Jan 2008- May 2008

**Curriculum Lab**, University of Idaho, Child Development Lab

*Description:* Planned and conducted activities with preschool children targeting specific developmental goals and objectives. Documented progress towards developmental goals.

*Supervisor:* Suzanne Planck, Ph.D.

Aug 2007- Dec 2007

**Observer**, University of Idaho, Children's Center

*Description:* Observed preschool children and documented development using different methods of observation including: anecdotal records, time and language samples, and running records. Conducted environmental assessments using ECERS rating system.

*Supervisor:* Beth Price, Ph.D.

Jan 2007- May 2007

**Observer**, Saint Mary's Elementary School, 4<sup>th</sup> grade, Moscow, ID

*Description:* Completed classroom observations in an elementary school classroom. Assisted children with rotating group activities and reading goals, helped grade papers and perform other tasks as needed. Observed the teacher using different teaching strategies and techniques.

**Current Research Projects (selection)**

- Aug 2016-March 2018 *Role: Evaluator, Contractor:* Spokane Neighborhood Action Partnership (SNAP)  
*Description:* Plan, coordinate, and oversee data collection for evaluation study of medical transportation project. Major deliverables include: development of evaluation plan, establish data collection protocols, advise and review data sharing agreements, analyze data, prepare report.
- Aug 2016- Dec 2019 *Role: Evaluator, Contractor:* Priority Spokane Homelessness Pilot Project  
*Description:* Plan, coordinate, and oversee data collection for evaluation study of homeless student case management pilot project. Major deliverables include: development of evaluation plan, establish data collection protocols, analyze data, prepare periodic evaluation reports.
- Aug 2015- June 2018 *Role: Evaluator, Contractor:* Planned Parenthood  
*Description:* Plan, coordinate, and oversee data collection for evaluation study of teen pregnancy prevention state-wide project, funded by the Office of Adolescent Health. Major deliverables include: development of evaluation plan, establish data collection protocols, conduct and plan sub-project data collection projects, analyze data, prepare report.

**Adult Teaching Experience**

- October 2016 **Trainer, Results-Based Accountability** for Promise Zone (Sept. 2013)
- March 2016 **Trainer, Logic Model Training.** Training to Second Harvest staff, Spokane, Washington.
- March 2016 **Guest Lecturer, Program Evaluation and Data Sources,** Lecture for Health Program Planning, Evaluation and Process Improvement (EWU, PUBH573S)
- September 2013 **Trainer, SEEDs Program Facilitator Training** (Sept. 2013)
- Fall 2012 **Instructor, Family Systems: Understanding Family Interaction** (HD 204)
- Spring 2012 **Instructor, Family Systems: Understanding Family Interaction** (HD 204)
- Fall 2011 **Guest Teaching Assistant, Family Systems: Understanding Family Interaction** (HD 204)

**Service**

- July 2016 **Peer Reviewer,** Social Development
- July 2015 **Peer Reviewer,** American Evaluation Association Conference
- July 2014 **Peer Reviewer,** Societies Open Access Journal
- October 2012 **Reviewer,** 2013 SRCD Biennial Meeting, Student Submissions
- January 2011 -Present **Committee Member,** SEEDs Program Coordinating and Leadership Committee
- April 2012- Present **Committee Member,** SEEDs Program Intervention Session Committee on Self-Regulation
- January 2013-Present **Committee Member,** SEEDs Program Intervention Committee on Child & Family Sessions
- April 2011 **Judge,** Washington State University, CAHNRS Undergraduate Research & Creative Project Poster Fair
- Jan 2011-May 2012 **Strategic Planning Sub-Committee Member,** Washington State University Project Healthy Campus Evaluation Team
- Jan 2011-May 2012 **Committee Member,** Washington State University Project Healthy Campus Evaluation Team
- Nov 2008-May 2009 **Idaho Child Care Program Advisory Panel,** University of Idaho Student Representative

**Professional Societies**

- Washington State Public Health Association
- American Evaluation Association
- International Society for the Study of Behavioural Development
- Society for Research in Child Development
- National Association for the Education of Young Children (2008-2009)

**References**

Thomas Power  
Emeritus, Professor of Human Development  
Washington State University  
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Louise Parker  
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Washington State University  
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206-327-9499

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Washington State University  
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Stacy Wenzl  
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Dr. Bob Lutz  
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