

CONTACT INFORMATION

April D. Davis, MS, RDN, CDN, CEP
Washington State University, Health Sciences Campus
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EDUCATION

Washington State University Spokane
Master of Science, Nutrition and Exercise Physiology May 2012

Washington State University Spokane
Bachelor of Science, Exercise Physiology and Metabolism May 2008
Coordinated Program in Dietetics May 2009

Washington State University Pullman
Bachelors of Science, Psychology & Biological Sciences Dec 1997
Minors: Chemistry

PROFESSIONAL POSITIONS

Clinical Assistant Professor, Nutrition & Exercise Physiology Jul 2016-present
Washington State University Spokane

Instructor, Nutrition Apr 2015-present
Mukogawa Women's University, Nishinomiya, Japan, Spokane Falls Campus

Instructor, Nutrition & Exercise Physiology Jan 2014-Jul 2016
Washington State University Spokane

Oncology Dietitian & Exercise Specialist/Clinical Preceptor Apr 2012-Jan 2014
Cancer Care Northwest, Spokane, WA

Nutrition Consultant Oct 2009-Dec 2013
People to People Ambassador Program, Airway Heights, WA

Clinical Dietitian May 2009-May 2012
St. Luke's Rehabilitation Institute, Spokane, WA

Graduate Assistant Aug 2010-May 2012
Washington State University Spokane, College of Pharmacy

Lecturer I Aug 2009-May 2010
Washington State University Spokane, College of Pharmacy

Clinical Pediatric Dietitian Providence Sacred Heart Medical Center Children's Hospital, Spokane, WA	Aug 2009-Aug 2011
Policy Legislation and Nutrition Research Assistant Center for Public Health Nutrition, University of Washington, Seattle, WA	Oct 2007-Jul 2008
Counselor & Program Coordinator Spokane Resource Center, Spokane, WA	Jun 2001-Sep 2006
Family Education Advocate Federal Even Start Program, Spokane, WA	Aug 1998-May 2001

SCHOLARSHIPS, FELLOWSHIPS, HONORS, AND AWARDS

Emerging Dietetic Leader of the Year 2016, Washington State Academy of Nutrition and Dietetics
 WSU Research Exchange, 2012 Academic Showcase Collection Recipient
 College of Pharmacy Commencement Ceremony Speaker
 Commission on Dietetic Registration Foundation Gala, Honored Guest
 Dean C Fletcher Graduate Fellowship in Clinical Nutrition
 American Dietetic Association Foundation Scholarship Recipient
 Outstanding Student of the Year, Faculty-Elected, WSU Nutrition & Exercise Physiology

PROFESSIONAL CERTIFICATIONS, ACTIVITIES, MEMBERSHIPS

Certifications and Memberships in Professional Organizations

Certified Dietitian, Washington State Department of Health
 Registered Dietitian/Nutritionist, Commission on Dietetic Registration
 Certified Clinical Exercise Physiologist, American College of Sports Medicine
 Exercise is Medicine® Level III Credential, American College of Sports Medicine
 CPR and AED Certification for Healthcare Providers, AHA
 First Aid Certification, American Red Cross
 Member, Academy of Nutrition and Dietetics
 Member, American College of Sports Medicine
 Member, Dietitians in Integrative and Functional Medicine Dietetic Practice Group
 Member, Association for Faculty Women, Washington State University

Committees, Councils, and Boards

Search Committees: Senior Associate Dean of Student Experience (College of Medicine), Placement Coordinator and Clinical Assistant Professor (Nutrition, and Exercise Physiology Department), Elson S. Floyd College of Medicine, Washington State University
 Equity Committee, Elected Member, Elson S. Floyd College of Medicine, Washington State University
 Library Advisory Council, Washington State University Health Sciences Campus
 Admissions Committee, Appointed Member, Coordinated Program in Dietetics, Nutrition, and Exercise Physiology, Elson S. Floyd College of Medicine, Washington State University
 Interprofessional Education Task Force, Washington State University Health Sciences Campus

Nutrition Focus Group, Washington State University
Wellness Collaborative Committee, Washington State University Health Sciences Campus
Greater Spokane Dietetic Association Elected Board Member
Washington State Academy of Nutrition and Dietetics Appointed Board Member
National Nutrition Month Committee Member

POSTER PRESENTATIONS, SPEAKING ENGAGEMENTS

'High Intensity Interval Training for People with Type 2 Diabetes Mellitus'. Presented by **April D. Davis** at the Inland Empire Fitness Conference, March 2017, Spokane Club, Spokane, WA.

Stress and Health Expert Panel Discussion, Washington State University Health Sciences Campus, Wellness Collaborative and ASWSU Health U Event, January 12, 2017. Panelists: Naomi Chaytor, **April D. Davis**, Tracy Skaer, Devon Grant.

'High Intensity Interval Training for People with Type 2 Diabetes Mellitus'. Presented by **April D. Davis** at the Taiwanese Association for Diabetes Educator's International Conference, July 2016, Taipei, Taiwan.

'The Nutrition and Cancer Connection'. Presented by **April D. Davis** at Livestrong at the YMCA, Livestrong Foundation, January 2013, Spokane, WA.

'Nutritional Issues in Breast Cancer'. Presented by **April D. Davis** at Susan G. Komen for the Cure Workshop, March 2013, January 2013, and November 2012, Spokane, WA.

April D Davis, Jill Armstrong Shultz, Douglas L Weeks, Miriam S Ballejos. Misinformation and Knowledge Gaps Related to Diabetes in Medical Rehabilitation Patients. Washington & Oregon Educational Conference 2012, Vancouver, WA. (Poster)

April D Davis, Jill Armstrong Shultz, Douglas L Weeks, Miriam S Ballejos. Misinformation and Knowledge Gaps Related to Diabetes in Medical Rehabilitation Patients. Washington State University Academic Showcase 2012, Pullman, WA. (Poster)

'Vitamin *Diabetes*'. Presented by **April D. Davis** at Washington State University, September 2011, Spokane, WA.

'Skeletal Muscle Plasticity with High-Altitude Training'. Presented by **April D. Davis** at Washington State University, March 2011, Spokane, WA.

'Endothelial Progenitor Cell and Exercise in Children'. Presented by **April D. Davis** at Washington State University, April 2011, Spokane, WA.

PUBLICATIONS

Danko, M., Holbrook, R. K., **Davis, A. D.**, Beach, K., Lee, C.M. (2013) *Living & Thriving with Pancreatic Cancer*. Greenacres, WA: Provenir Publishing.

Davis, A.D., Madsen, M. (2013) *Nutrition for HIPEC Treatment*. Patient Handbook for Cancer Care Northwest, Spokane, WA.

Weeks, D.L., French, B.F., **Davis, A.D.**, & Towle, L.A (2013). The Diabetes Knowledge Assessment Test in Medical Rehabilitation: Reliability, Validity, and Utility. *Archives of Physical Medicine and Rehabilitation*.

Davis, A.D., Beach, K., Lee, C.M. (2012) *Battling Pancreas Cancer with Nutrition*. Greenacres, WA: Provenir Publishing.

GRANT ACTIVITY

Substance Abuse and Mental Health Services Administration (SAMHSA) (OGRD #126000-001) Spokane Teaching Health Center Screening, Brief Intervention and Referral to Treatment (SBIRT) Student Training. College of Nursing. Barbara A. Richardson – principal investigator. April D. Davis, co-investigator College of Medicine. \$779,993. Awarded. 8/19/15 – 8/31/2018.

HHS Grant (OGRD# 120838) for Using Interprofessional Education (IPE) to Improve Care for Patients with MCC Initiative. College of Nursing. Cynthia Fitzgerald, Ph.D. – principal investigator. April D. Davis, Consultant for Nutrition – 3% contribution. \$1,102,818. Awarded. 7/1/2013 – 6/30/2016.

TEACHING HISTORY

Formal Courses at Washington State University (2009-present)

Course	Credits	Title	Semester	Students	Responsibility
NEP 463	3	Advanced Exercise Physiology	Fall 2010	16	Assistantship
NEP 465	3	Nutrition & Exercise Assessment	Spr 2010	16	Assistantship
			Spr 2011	28	Assistantship
			Spr 2014	39	80%
			Spr 2015	34	100%
			Spr 2016	28	100%
NEP 458	3	Nutrition Throughout the Lifecycle	Fall 2015	28	100%
NEP 479	3	Nutrition & Exercise Practicum	Fall 2009	35	40%
			Spr 2014	27	33%
			Fall 2014	36	80%
			Spr 2015	34	80%
			Fall 2015	32	80%
			Spr 2016	27	80%
NEP 501	5	Community Supervised Practice	Spr 2017	11	100%
			Fall 2017	9	100%
NEP 540	11	Clinical Supervised Practice	Fall 2011	5	Assistantship
			Fall 2016	2	100%
			Spr 2017	3	100%
			Sum 2017	5	100%
			Fall 2017	3	100%
NEP 573	2	Nutrition in the Community	Fall 2016	27	100%
			Fall 2017	14	100%
NEP 702*	variable	Exercise Departmental Exam (only)*	Fall 2016	2	100%
			Spr 2017	5	100%
			Fall 2017	5	100%