# What Campus Resources Are Here For You

## **Sign up for Campus Alerts System**

Sign up here to get campus alerts of emergencies: <a href="https://spokane.wsu.edu/alert/">https://spokane.wsu.edu/alert/</a>

#### **Read all Emergency Procedures**

For all the information on emergencies, consult your Emergency Procedures booklet. Need a booklet? Contact Norene Phillipson at 358-7760 or norenep@wsu.edu to receive your own personal copy for your work area. Or go to the WSU Emergency Procedure website at <a href="https://spokane.wsu.edu/emergency-management/emergency-procedures/">https://spokane.wsu.edu/emergency-procedures/</a>

## **Know Campus Lockdown Procedures**

Please know we have the capability to lock down external doors. This is not always a guarantee to safety but we will notify you via the emergency notification system if this action is taken.

#### Watch "Shots Fired" Video

A 20-minute video is available through Security Lieutenant Al Pignataro at 358-7993 or pignataro@wsu.edu.

## **Take Advantage of Campus Emergency Response Training**

Do you know the difference between shelter in place and lockdown or what you should do in the event of a fire, or a chemical spill? Do you have a personal safety plan? WSU Spokane Environmental Health and Safety department provides a short (approximately 1 hour) presentation each month. Contact Chad Trent at chad.trent@wsu.edu or at 368-6699.

# **Take Care of Yourself**

#### **Develop a Personal Safety Plan**

Disasters can happen any time, any place. How well will YOU handle a disaster when it happens? Prior planning will give YOU the tools to act quickly and decisively. YOU can practice for emergencies. Personally be aware, use common sense, and plan early.

#### If You See Something Suspicious: See Something, Say Something

Be aware of your surroundings. Be vigilant in reporting any suspicious activity immediately to campus security at 509-358-7995.

#### If You See Someone with a Gun: RUN, HIDE, FIGHT

Call 911 immediately and then call campus security and then:

Run: If the disturbance is far enough away from your location and you can safely leave the area, do so.

Hide: If you are unable to leave the area, hide.

Fight: If you are trapped, your only option may be to fight back.

# Take Care of Yourself, continued

## If You Observe Workplace Violence Call Security at 358-7995

Look for potential warning signs:

- Display of unwarranted anger.
- Indications of marked mood swings.
- Fascination with weaponry and/or acts of violence.
- Expression of a plan to hurt self/others.
- Unwarranted or extreme expressions of distrust or persecution.
- Frequent interpersonal conflicts
- Strong external reactions to criticism.
- Lack of concern for the safety of others.
- Physical reactions i.e. clenching fists, red in face, pacing, etc.

#### If You Need to Evacuate

- Remain Calm
- Only take personal items like car keys, purse, wallet and/or briefcase, and coat
- Leave immediately, proceed to marked exits
- Shut all doors behind you as you go
- Do not use elevators
- Assist co-workers
- Go to the appropriate Emergency Assembly Location (EAL) and wait for further instruction

Trapped in your classroom? Use the "HELP" sign located in the Emergency Procedure booklet to signal first responders of your location.

## If you are aware of a student who appears to be troubled, use the AWARE Program

Find information about the AWARE program and how to submit a confidential form here: <a href="https://spokane.wsu.edu/studentaffairs/successcenter/counseling-services/aware-network/">https://spokane.wsu.edu/studentaffairs/successcenter/counseling-services/aware-network/</a>

## Sign Up for Social Media

Follow WSU Spokane on both Twitter and Facebook to stay up to speed.