BS in Nutrition & Exercise Physiology
Advising worksheet - **WSU Pullman**
for students taking core requirements and BS NEP prerequisites at WSU Pullman

<table>
<thead>
<tr>
<th>BS NEP prerequisites</th>
<th>UCORE classes not covered by prereqs</th>
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<tbody>
<tr>
<td>BIOL 106 (Intro Biology: Organismal)</td>
<td>ENGL 101</td>
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<tr>
<td>BIOL 107 (Intro Biology: Cell and Genetics)</td>
<td>[ARTS]</td>
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<tr>
<td>BIOL 251 or 353 (Human Physiology)</td>
<td>[ROOT]</td>
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<td>BIOL 333 (Human Nutrition)</td>
<td>[DIVR]</td>
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<tr>
<td>CHEM 101 or 105 (Principles of Chemistry I)</td>
<td>[CAPS] (completed in Senior year)</td>
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<tr>
<td>CHEM 102 or 106 (Principles of Chemistry II)</td>
<td>Junior Writing Portfolio*</td>
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<td>CHEM 345 (Organic Chemistry)</td>
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<tr>
<td>COM 102 (Public Speaking)</td>
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<tr>
<td>KINES 262 or BIOL 315 (Human Anatomy)</td>
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<tr>
<td>MBIOS 303 (Biochemistry)</td>
<td>Pre-health professions track (pre-med, PT, etc)</td>
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<td>MBIOS 305 (Microbiology)</td>
<td>PHYS 101</td>
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<tr>
<td>PHIL 103 or 365 (Ethics or Biomedical Ethics)</td>
<td>PHYS 102</td>
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<tr>
<td>PSYCH 105 (Psychology)</td>
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<td>STATS 205 or 212 (Statistics)</td>
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**Fall semester Juniors (16 credits)**
NEP 320 Strength Training & Conditioning (3)
NEP 340 Foods w/Application to Physical Activity (3)
NEP 362 Biomechanical Analysis (3)
NEP 400 Macronutrient Metabolism (3)
NEP 463 Exercise Physiology (4)

**Spring semester Juniors (13 credits)**
NEP 320 Strength Training & Conditioning (3)
NEP 340 Foods w/Application to Physical Activity (3)
NEP 362 Biomechanical Analysis (3)
NEP 400 Macronutrient Metabolism (3)
NEP 463 Exercise Physiology (4)

**Fall semester Seniors (13 credits)**
NEP 458 Nutrition & Exercise throughout Lifecycle (3)
NEP 478 ECG, Medications & Procedures (3)
NEP 479 Nutrition & Exercise Practicum I (3)
NEP 489 Exercise Internship Seminar (1)
Elective (3)

**Spring semester Seniors (12 credits)**
NEP 458 Nutrition & Exercise throughout Lifecycle (3)
NEP 478 ECG, Medications & Procedures (3)
NEP 479 Nutrition & Exercise Practicum I (3)
NEP 489 Exercise Internship Seminar (1)
NEP 495 Interprofessional Capstone in Nutrition & Exercise Physiology [CAPS] [M] (3)

**Fall semester Seniors (13 credits)**
NEP 458 Nutrition & Exercise throughout Lifecycle (3)
NEP 478 ECG, Medications & Procedures (3)
NEP 479 Nutrition & Exercise Practicum I (3)
NEP 489 Exercise Internship Seminar (1)
Elective (3)

**Spring semester Seniors (12 credits)**
NEP 458 Nutrition & Exercise throughout Lifecycle (3)
NEP 478 ECG, Medications & Procedures (3)
NEP 479 Nutrition & Exercise Practicum I (3)
NEP 489 Exercise Internship Seminar (1)
NEP 495 Interprofessional Capstone in Nutrition & Exercise Physiology [CAPS] [M] (3)

**Summer term Seniors (10 credits)**
NEP 490 Exercise Internship (10)

(64 total credits in NEP courses)

*Writing Portfolio includes 3 papers saved from previous classes and a timed writing completed at WSU Spokane.
https://spokane.wsu.edu/studentaffairs/academic-assistance/jr-writing-portfolio/

Last updated 6/2017: jw