

## BS in Nutrition & Exercise Physiology

### Advising worksheet - **WSU Pullman**

for students taking core requirements and BS NEP prerequisites at WSU Pullman

BS NEP prerequisites	UCORE classes not covered by prereqs
BIOL 106 (Intro Biology: Organismal)	ENGL 101
BIOL 107 (Intro Biology: Cell and Genetics)	[ARTS]
BIOL 251 or 353 (Human Physiology)	[ROOT]
BIOL 333 (Human Nutrition)	[DIVR]
CHEM 101 or 105 (Principles of Chemistry I)	[CAPS] (completed in Senior year)
CHEM 102 or 106 (Principles of Chemistry II)	Junior Writing Portfolio*
CHEM 345 (Organic Chemistry)	
COM 102 (Public Speaking)	
KINES 262 or BIOL 315 (Human Anatomy)	
MBIOS 303 (Biochemistry)	<b>Pre-health professions track (pre-med, PT, etc)</b>
MBIOS 305 (Microbiology)	PHYS 101
PHIL 103 or 365 (Ethics or Biomedical Ethics)	PHYS 102
PSYCH 105 (Psychology)	
STATS 205 or 212 (Statistics)	
<b>Fall semester Juniors (16 credits)</b>	<b>Spring semester Juniors (13 credits)</b>
NEP 320 Strength Training & Conditioning (3)	NEP 402 Vitamin & Mineral Metabolism (3)
NEP 340 Foods w/Application to Physical Activity (3)	NEP 427 Nutritional Assessment & Life Counseling [M] (3)
NEP 362 Biomechanical Analysis (3)	NEP 435 Exercise, Diet & Disease (4)
NEP 400 Macronutrient Metabolism (3)	NEP 476 Exercise Testing & Prescription (3)
NEP 463 Exercise Physiology (4)	
<b>Fall semester Seniors (13 credits)</b>	<b>Spring semester Seniors (12 credits)</b>
NEP 458 Nutrition & Exercise throughout Lifecycle (3)	MGMT 301 Principles of Mgmt & Organization (3)
NEP 478 ECG, Medications & Procedures (3)	NEP 480 Cardiopulmonary Rehabilitation (4)
NEP 479 Nutrition & Exercise Practicum I (3)	NEP 482 Nutrition & Exercise Practicum II (2)
NEP 489 Exercise Internship Seminar (1)	NEP 495 Interprofessional Capstone in Nutrition & Exercise Physiology [CAPS] [M] (3)
Elective (3)	
<b>Summer term Seniors (10 credits)</b>	<b>(64 total credits in NEP courses)</b>
NEP 490 Exercise Internship (10)	

\*Writing Portfolio includes 3 papers saved from previous classes and a timed writing completed at WSU Spokane.  
<https://spokane.wsu.edu/studentaffairs/academic-assistance/jr-writing-portfolio/>