WASHINGTON STATE UNIVERSITY

*Department of*
Nutrition and Exercise Physiology
ELSON S. FLOYD COLLEGE OF MEDICINE

# BS in Nutrition & Exercise Physiology

## Advising worksheet – University of Idaho

**for students completing BS NEP prerequisites at an out-of-state community college or any 4-year university other than WSU**

Upper division major classes available at WSU Spokane only.
Program starts in Fall semester only.

| BS NEP prerequisites (UI) | General education reqs not covered by prereqs |
|---|---|
| BIOL 115 and 115L (General Biology) | Written Communication |
| BIOL 120 (Human Anatomy) | Creative and Professional Arts |
| BIOL 121 (Human Physiology) | Roots of Contemporary Issues |
| BIOL 154 and 155 (Microbiology) | Diversity |
| CHEM 111 (General Chemistry) | Capstone (included in NEP program) |
| CHEM 112 (General Chemistry) | Junior Writing Portfolio* (can use papers from UI) |
| CHEM 277 and 278 (Organic Chemistry) | |
| BIOL 300 (Biochemistry) | |
| COMM 101 (Public Speaking) | |
| STAT 251 (Statistics) | |
| FCS 205 (Human Nutrition) | |
| PHIL 103 (Ethics) | |
| PSYC 101 (Psychology) | |
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| **Fall semester Juniors (16 credits)** | **Spring semester Juniors (13 credits)** |
| NEP 320 Strength Training & Conditioning (3) | NEP 402 Vitamin & Mineral Metabolism (3) |
| NEP 340 Foods w/Application to Physical Activity (3) | NEP 427 Nutritional Assessment & Life Counseling [M] (3) |
| NEP 362 Biomechanical Analysis (3) | NEP 435 Exercise, Diet & Disease (4) |
| NEP 400 Macronutrient Metabolism (3) | NEP 476 Exercise Testing & Prescription (3) |
| NEP 463 Exercise Physiology (4) | |
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| **Fall semester Seniors (13 credits)** | **Spring semester Seniors (12 credits)** |
| NEP 458 Nutrition & Exercise throughout Lifecycle (3) | MGMT 301 Principles of Mgmt & Organization (3) |
| NEP 478 ECG, Medications & Procedures (3) | NEP 480 Cardiopulmonary Rehabilitation (4) |
| NEP 479 Nutrition & Exercise Practicum I (3) | NEP 482 Nutrition & Exercise Practicum II (2) |
| NEP 489 Exercise Internship Seminar (1) | NEP 495 Interprofessional Capstone in Nutrition & Exercise Physiology [CAPS] [M] (3) |
| Elective (3) | |
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| **Summer term Seniors (10 credits)** | **(64 total credits in NEP courses)** |
| NEP 490 Exercise Internship (10) | |

*Writing Portfolio includes 3 papers saved from previous classes and a timed writing completed at WSU.
https://spokane.wsu.edu/studentaffairs/academic-assistance/jr-writing-portfolio/

Last updated 8/2017: jw