

BS in Nutrition & Exercise Physiology
Advising worksheet – Eastern Oregon University
for students completing BS NEP prerequisites at an out-of-state community college or any 4-year university other than WSU

Upper division major classes available at WSU Spokane only.

Program starts in Fall semester only.

BS NEP prerequisites (EOU)	General education reqs not covered by prereqs
BIOL 231 and 231L (Human Anatomy & Physiology)	Written Communication
BIOL 232 and 232L (Human Anatomy & Physiology)	Creative and Professional Arts
BIOL 233 and 233L (Human Anatomy & Physiology)	Roots of Contemporary Issues
BIOL 234 and 234L or 244 (Microbiology)	Diversity
CHEM 204 and 204L (General Chemistry)	Capstone (included in NEP program)
CHEM 205 and 205L (General Chemistry)	Junior Writing Portfolio* (can use papers from EOU)
CHEM 206 and 206L (Biochemistry)	
CHEM 334 (Organic Chemistry)	
COM 112 (Public Speaking)	
STAT 241 and 242, or 243 (Statistics)	
HWS 225 (Human Nutrition)	
HWS 314 (Ethics)	
PSY 201 (Psychology)	
Fall semester Juniors (16 credits)	Spring semester Juniors (13 credits)
NEP 320 Strength Training & Conditioning (3)	NEP 402 Vitamin & Mineral Metabolism (3)
NEP 340 Foods w/Application to Physical Activity (3)	NEP 427 Nutritional Assessment & Life Counseling [M] (3)
NEP 362 Biomechanical Analysis (3)	NEP 435 Exercise, Diet & Disease (4)
NEP 400 Macronutrient Metabolism (3)	NEP 476 Exercise Testing & Prescription (3)
NEP 463 Exercise Physiology (4)	
Fall semester Seniors (13 credits)	Spring semester Seniors (12 credits)
NEP 458 Nutrition & Exercise throughout Lifecycle (3)	MGMT 301 Principles of Mgmt & Organization (3)
NEP 478 ECG, Medications & Procedures (3)	NEP 480 Cardiopulmonary Rehabilitation (4)
NEP 479 Nutrition & Exercise Practicum I (3)	NEP 482 Nutrition & Exercise Practicum II (2)
NEP 489 Exercise Internship Seminar (1)	NEP 495 Interprofessional Capstone in Nutrition & Exercise Physiology [CAPS] [M] (3)
Elective (3)	
Summer term Seniors (10 credits)	(64 total credits in NEP courses)
NEP 490 Exercise Internship (10)	

*Writing Portfolio includes 3 papers saved from previous classes and a timed writing completed at WSU.

<https://spokane.wsu.edu/studentaffairs/academic-assistance/jr-writing-portfolio/>