

THE NEWEST MEMBER OF THE GERM CREW **McMRSA**

**IN AN ATTEMPT TO LIMIT EXPOSURE
TO MRSA, THE CENTER FOR DISEASE
CONTROL RECOMMENDS:**

- Showering immediately after exercise.
- Avoiding sharing items such as towels and razors.
- Using a barrier such as a towel or clothing between your skin and shared exercise equipment.
- Cleaning equipment before and after use.

MRSA

(METHICILLIN-RESISTANT STAPHYLOCOCCUS AUREUS)

**IS A STAPH INFECTION
THAT IS RESISTANT TO
SOME COMMON
ANTIBIOTICS.**



McMRSA



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