Developing Your Tone
Dr. Sophia Tegart, Associate Professor of Flute
sophiat@wsu.edu

Start with the Basics!
1. Posture
   a. Practice in front of a mirror
   b. It's all about the angles
   c. Balance is the most important part
   d. Feet placement - Sumo wrestlers
2. Embouchure
   a. Corners down
   b. Lips forward, top lip directs the air
   c. Exercises
      i. Bunny rabbit lip (helps with flexibility)
      ii. Chipmunk cheeks (opening up high register)
3. Air Direction
   a. Aim air down for low register
   b. Raise the direction as you move up your range
   c. Tongue placement
      i. Move your tongue up, down, side to side and listen to the changes
   d. Exercises
      i. Practice low C then slur into high notes and keep the same embouchure
      ii. Pneumo Pro

Tone Exercises
Trevor Wye – Practice Book Volume 1 Tone, Aquarium Melody, pg. 9

Trevor Wye – Practice Book Volume 1 Tone, Harmonics, pg. 6
Julius Baker Tone Exercise
Play a high Eb through high B – start each note super soft and crescendo and decrescendo

Marcel Moyse – De La Sonorité, pg. 8-9

Marcel Moyse – 24 Petite Melodies, pg. 1

Marcel Moyse – Tone Development Through Interpretation, pg. 66