# A Visual Guide to UW HealthLinks

#### Introduction

This guide serves to help understand and navigate some of the resources available to you on the website. Don't be afraid to click and explore -- there are lots of resources here and they can't all be covered in an introductory tour.

Remember, the library has designed the website to allow you many different ways to get to the same resource within Healthlinks. You will develop a system of navigating that works best for you.

# **Getting to HealthLinks**

Using your browser, type in the address of HealthLinks http://healthlinks.washington.edu



# Connecting from Off-Campus

If you are on campus in the library, you can connect to all resources -- both free and restricted. But since you are trying to get to restricted resources from off-campus, you will need to log in. Click on the link in the top right-hand section of the screen, **Off-Campus Access**, to get to the login page.

# Logging In

After you click the Off-Campus Access link, you come to this screen. Enter your UW NetID (your username) and your password.

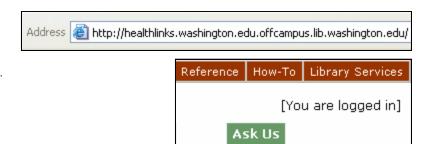




#### Was My Login Successful?

Notice that once you have logged in, the address bar on the browser changes. It now includes an additional **offcampus.lib.washington.edu** suffix.

Also, on the right side of the screen, you will see **[You are logged in]** 



## **Links to Commonly Used Pages**

On the right top part of the screen are brown boxes which are quick links to frequently used or important pages.

**PubMed**: A link to the National Library of Medicine search page but with some very special beneficial features for HealthLinks users to be described later in this guide.

**eJournals**: At the top of the eJournals page are the letters of the alphabet. Clicking a letter takes you to a scrolling list of full-text online journals, whose name begins with that letter, available through HealthLinks.

**Reference**: A page that collects links to online textbooks, dictionaries, encyclopedias, journals, medical databases, and population statistics.

How-To: A page with links to help using the library, help in doing searches, tutorials, and course material.

**Library Services**: A page with links to services available through the library. One very important link is the one to the *UW Libraries Home Page*. Through this link, you can read online collections in other libraries at UW, not just the Health Sciences Library.



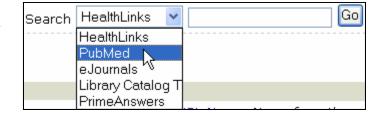
#### **Toolkits**

What are Toolkits? They are links gathered together on one page and judged by the librarians to be most useful for a particular type of library patron. While mentioned at the start that there are many ways to get to resources on HealthLinks, the librarians want you to have on one page the things they think you will be using the most. The one for clinicians is the **Care Provider Toolkit**.



#### **Search Box**

On the main page is a search box with a drop down list of places to search. One item on the list is the ability to search PubMED -- another way to get to the main search page of the National Library of Medicine (NLM).



#### Other Items on the Main HealthLinks Page

There are links to news items or stories relevant to Health Sciences Library system. There are brief descriptions of new resources available on the site. There even is a link to allow you to donate to the library.

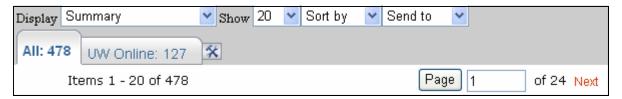
# **PubMED**



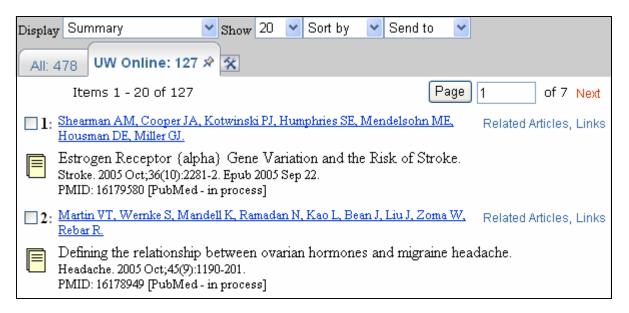
This link will take you to the main search page for PubMED, the National Library of Medicine's interface to Medline. Once there, type in a search term (i.e. migraine headache AND hormone) and click the Go button.



The result of this search is 478 article summaries listed 20 per page. Notice that next to the All:478 tab is a tab labeled UW Online: 127.



If you click the UW Online tab, you will get a listing of **only articles that are available as full-text journals from HealthLinks**. In this example, there are 127 out of the 478 articles that can be read via HealthLinks.



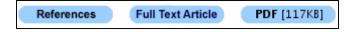
If you want to read the second article in the list, click the hyperlink of the authors' names. You will get an abstract of the article with an in-built link to the UW article. That link is the purple button labeled **UW Article Online**.



The journal *Headache* is published by Blackwell. The UW Article Online link takes you to the journal's website. For this particular journal, note that there is a graphic labeled *Sponsored By University of Washington Libraries*. You DO NOT have to login; you are in automatically because you came through HealthLinks.



Depending on the journal, you can find buttons that will allow you to view the full text article or a Adobe Acrobat PDF version of the article. To continue, you click the PDF button.



The PDF version is essentially what you would see if you were to read the print version of the article.

Headache © 2005 by American Headache Society Published by Blackwell Publishing ISSN 0017-8748 doi: 10.1111/j.1526-4610.2005.00242.x

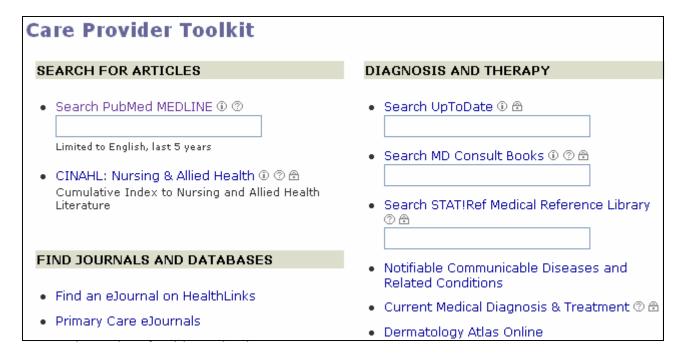
# Research Submission

# Defining the Relationship Between Ovarian Hormones and Migraine Headache

Vincent T. Martin, MD; Suzanne Wernke, MD, PhD; Karen Mandell, PharmD; Nabih Ramadan, MD; Lily Kao, MS; Judy Bean, PhD; James Liu, MD; Willie Zoma, MD; Robert Rebar, MD

## Care Povider Toolkit

This is just a part of the page. Scroll around to see what else is listed on this page.

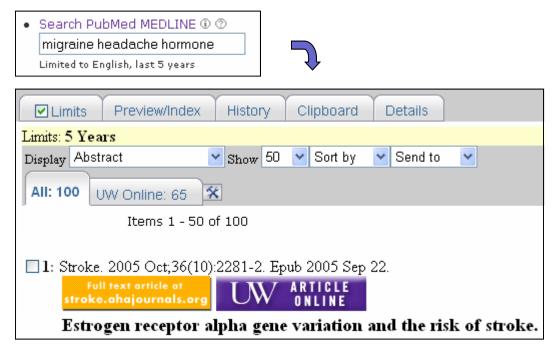


#### **PubMED from the Care Provider Toolkit Page**

Type in the search term in the entry box and then press ENTER. The search of PubMED from this entry box defaults to showing only article written in English and published in the past 5 years.

Once you press the ENTER key, a second browser window opens revealing the abstracts of the articles retrieved. Note that the defaults to the All: 100 tab rather than the UW Online: 65 tab. The total of articles retrieved is less than the previous example of using PubMED. That is because the search was just for the last 5 years worth.

If you want, you can click the limits tab in this browser window and change the limits to suit your search parameters.



### **UpToDate from the Care Provider Toolkit Page**

UpToDate is one of the most frequently used resources. Searching UpToDate from this page is the most convenient way to do so. As an example, say you want to see articles about migraine headaches.

Type in the search term in the entry box and then press ENTER. A second browser window opens UpToDate with the search already conducted showing a link to migraine headache. If you click that link, you will be taken to titles of topics relevant to the subject. These titles are actually links to articles in UpToDate so click the one whose article you want to read.

One advantage of getting to UpToDate this way is that you avoid UpToDate's login page which asks you to accept conditions before taking you to the its own search entry box.





# Adult Medicine, Obstetrics and Gynecology (31 titles) Most Relevant Topics

- · Acute treatment of migraine in adults
- · Pathophysiology; clinical manifestations; and diagnosis of migraine in adults
- Preventive treatment of migraine in adults
- Evaluation of headache in adults

# How is UpToDate via HealthLinks Different Than Your Own Personal UpToDate Account?

To get Category I CME credits for time spent reading articles on UpToDate, you must be using the site via a personal account. However, a personal account will cost you approximately \$400 per year. In every other aspect, the site is the same.

# Other Resource Links from the Care Provider Toolkit Page

FI	FIND THE EVIDENCE	
•	Search for evidence in PrimeAnswers ①	
•	Search PubMed MEDLINE Systematic Reviews ① ②	
•	Search TRIP+ 🖰	
•	Cochrane Library ① 🕾	
•	Clinical Evidence ① 🕾	
•	National Guideline Clearinghouse 🗇	
•	Evidence-Based Practice	
PR	REVENTION	
•	CDC Travelers' Health	

### **Evidence-Based Medicine**

These links take you to evidence-based medicine web sites and the CDC travel site.

PΑ	TIENT EDUCATION
•	Search MD Consult Patient Handouts ① 🗈
•	Search MEDLINEplus
•	Micromedex: Patient Leaflets ⑦ 🕾
•	Family Doctor.org
•	Medem's Medical Library

## **Patient Education**

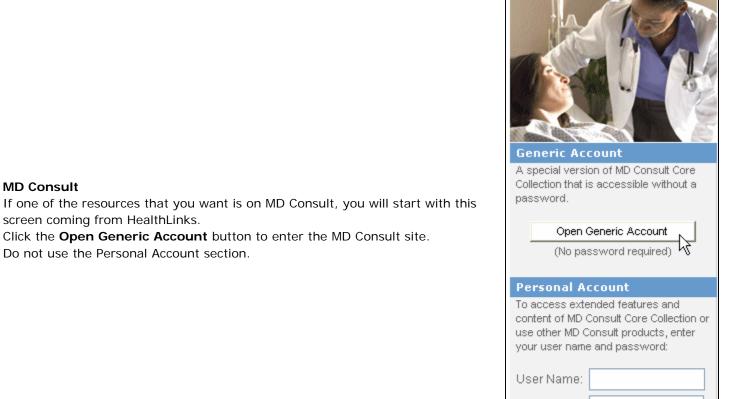
If you ever have to give your patient a handout in lay terms, these are the sites to use for such a printout.

Search UpToDate ① △ Search MD Consult Books ① ② △ Search STAT!Ref Medical Reference Library ② △ Notifiable Communicable Diseases and Related Conditions Current Medical Diagnosis & Treatment ② △ Dermatology Atlas Online GeneTests GeneClinics Harrison's Online ② ② △ UW Medicine Online Laboratory Test Guide Lippincott Nursing Texts △ Manual of Laboratory and Diagnostic Tests △ Stedman's Medical Dictionary ③ △ Trauma Pearls and Protocols △ Requires UWNetID			
<ul> <li>Search MD Consult Books ③ ② △</li> <li>Search STAT!Ref Medical Reference Library ② △</li> <li>Notifiable Communicable Diseases and Related Conditions</li> <li>Current Medical Diagnosis &amp; Treatment ② △</li> <li>Dermatology Atlas Online</li> <li>GeneTests GeneClinics</li> <li>Harrison's Online ③ ② △</li> <li>UW Medicine Online Laboratory Test Guide</li> <li>Lippincott Nursing Texts △</li> <li>Manual of Laboratory and Diagnostic Tests △</li> <li>Stedman's Medical Dictionary ⑤ △</li> <li>Trauma Pearls and Protocols △</li> <li>Requires UWNetID</li> </ul>	DIAGNOSIS AND THERAPY		
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<ul> <li>Related Conditions</li> <li>Current Medical Diagnosis &amp; Treatment ② △</li> <li>Dermatology Atlas Online</li> <li>GeneTests GeneClinics</li> <li>Harrison's Online ③ ② △</li> <li>UW Medicine Online Laboratory Test Guide</li> <li>Lippincott Nursing Texts △</li> <li>Manual of Laboratory and Diagnostic Tests △</li> <li>Stedman's Medical Dictionary ⑤ △</li> <li>Trauma Pearls and Protocols △ Requires UWNetID</li> </ul>			
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<ul> <li>ACP Medicine (was called WebMD Scientific American Medicine) ⊕ ⊕</li> </ul>	ACP Medicine (was called WebMD Scientific American Medicine)		

# **Diagnosis and Therapy**

These are links to textbooks, atlases, search pages, manuals and a medical dictionary.

#### Additional Information



# Journal with "Get Password" Link

Some resources require an additional level of security before you can access them.

Even though you are logged into HealthLinks, you might want to access as journal such as AIDS Clincal Care. Next to the name of the journal are the words Get Password.

If you go to the upper right portion of the Journal Page, you will see this portion about additional information. Click the **Get Passwords for UW Restricted Resources.** You will get a list of these journals that have this extra layer of security as well as the additional user names and passwords for each of these journals.

 AIDS Clinical Care 
 ⊕ Get Password 1995-(Massachusetts Medical Society)

Password:

Log On

#### MORE JOURNAL INFORMATION ...

Get Passwords for UW Restricted Resources

 ⊕ Requires UWNetID

#### Summary

This has been a short guide to using a valuable resource available to residents and UW clinical faculty. There are plenty of other medical resources available on the HealthLinks. Explore and click and you will find many that were not covered in this guide.

#### How do I get additional assistance?

Problems with the UWNetID form or you have forgotten your UWNetID or password: Call UW Computing at 206 543-5970 (11 will bypass menu and get you to a real person) - help@cac.washington.edu

Other questions about library access or resources: Sarah Safranek - 206-543-3408 - safranek@u.washington.edu