Autism Tracker Lite

Cost: Free

Publisher: Track & Shares Apps, LLC

Platform: iOS only.

Description: A life changing app for families as it helps represent different domains of Autism. It is able to track moods, behavior, food, health, and reports multi-item graphs to view and show patterns of the student's behavior.

Features: Demonstrate your student/child's moods and patterns through graphs, provide visual calendars for the child, use photos for descriptors, and categorize behaviors between daily, weekly, or monthly patterns.

Grade Levels: All

Subject Area: Data Collection Tool

Assessments: Yes, this app records student performance.

Strengths: Very powerful in displaying information of patterns and behaviors of your child with Autism. It also works in regard to helping the student understand their own emotions in order for them to develop self-regulating habits. In addition, the user's family or teachers can import photos instead of words to help the user visually.

Weaknesses: It is unclear whether or not users’ teachers or parents can upload reminders or calendars from their own personal devices onto the user's account. It is also not available in any other language besides English.

Overall Impression: It is important to note that this can be used to help discover specific patterns and behaviors of a student's day. Unless utilized to its full potential, this tool will not be as useful to individual's lives as it could be. It is wonderful for record keeping and helping individuals to document their own personal habits and behaviors. This has the potential to lead to bigger discoveries that will help enhance the user's quality of life.

Connection to UDL Guidelines:
Highlight patterns, critical features, big ideas and relationships (3.2)