

Autism Emotions

Cost: Free

Publisher: Model Me Kids, LLC

Platform: iOS, such as iPhone or iPad.

Description: This is an app that describes different emotions with kids and teens who have Autism and other diagnoses that inhibit natural understanding of emotions. This can also be used to help show what they're doing to express why they feel the way they do at any given moment, like drawing pictures or writing. This app resembles the 'Model Me Going Places' app and follows similar practices.

Features: Audio narration and songs.

Grade Levels: PreK-3

Subject Area: Social Skills/ Emotions

Assessments: No, this app does not record student performance.

Strengths: This app helps students express and understand their emotions and how they feel. It also provides options for expressing their emotions through either drawing or writing.

Weaknesses: There are only limited amounts of emotions that users can choose, including happy, sad, calm and proud. It is only provides English as its primary language.

Overall Impression: This can be a useful tool for young students who typically have trouble expressing their emotions. This can teach them how to express their emotions appropriately. It is worth trying to see if it works for your student/child. It is not the only tool you should use; however, it is a good supplemental tool.

Connections to UDL Guidelines:

Develop self-assessment and reflection (9.3)