



# Mark Fenton Agenda

## April 17<sup>th</sup>

8:30 am to 10:30 am

Outdoor Recreation Center

**UREC Bike Tour by invitation, contact Nick Prante**

*Theme: Connectivity of College Hill and Campus, bike/walk audit*

15 minute overview

Tour/Audit

Discussion

10:30 am to 12:00 pm

Chinook 25

**UREC Session by invitation, contact Nick Prante**

*Theme: Healthy Life Long Habits*

*Strategic planning and implementation of designing programs and environments for fitness and health.*

Talk about topic using your experience and examples, and ending with discussion.

12:30 pm to 2:30 pm

**School of the Environment by invitation**

*Invitation*

*This will be an open discussion unless Mark is provided specific questions or topics to address*

3:00 pm to 4:00 pm

PACCAR 202

**CEREO Seminar**

*Theme: Environmental Health and Policy Changes with walk audit*

4:00 pm to 5:00 pm

PACCAR 202

**CEREO Walk Audit**

*Theme: Environmental Health and Policy Changes with walk audit*

6:30 pm to 8:30 pm

Courtyard by Marriott

**Town and Gown**

*Theme: Designing Pullman for Economic, Environmental, and Public Health*

*Looking at Programmatic, Projects, and Policies to improve economic, public and environmental health in a community.*

---

## April 18<sup>th</sup>

8:30 am to 10:00 am

Chinook 150

Transportation Services/Sustainability Office

*Theme: Exercise without Exercising*

*Health benefits of walking, biking, and other active means of mobility for transportation, recreation, and wellbeing.*

*Inspiration talk*

10:00 am to 11:00 am

Chinook 150

**Conversation and Discussion of Exercise without Exercising**

*Theme: The Three P's: Programmatic, Project, and Policy*

*Classroom setting, short workshop. These individuals will have intended previous session.*

11:30 am to 1:00 pm

**CEREO lunch by invitation**

*Invitation*

*This will be an open discussion unless Mark is provided specific questions or topics to address.*

2:00 pm to 5:00 pm

Heritage Center/Pullman Depot

**Chamber of Commerce**

*Theme: Walk audit of the downtown area to explore opportunities for low cost and innovate improvements to boost the economic and public health of the city, and improve connections to campus for sharing and commerce in both directions.*

8:00 pm to 10:00 pm

CUB Auditorium

**ASWSU ESA Presentation - Common Reading Event**

*Theme: Health and Well Being from Exercise*

*A look at the statistical risk factors this generation faces (physical inactivity, poor nutrition, etc.) and the critical advocacy and professional roles they could play in fixing the problems; and the need to focus on much more than just personal behavior.*

---