# Mark Fenton Agenda

**April 17th**

<table>
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<th>Time</th>
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| 8:30 am to 10:30 am | UREC Bike Tour by invitation, contact Nick Prante  
*Theme: Connectivity of College Hill and Campus, bike/walk audit*  
15 minute overview  
Tour/Audit  
Discussion |
| 10:30 am to 12:00 pm | UREC Session by invitation, contact Nick Prante  
*Theme: Healthy Life Long Habits*  
Strategic planning and implementation of designing programs and environments for fitness and health.  
Talk about topic using your experience and examples, and ending with discussion. |
| 12:30 pm to 2:30 pm | School of the Environment by invitation  
*Invitation*  
This will be an open discussion unless Mark is provided specific questions or topics to address |
| 3:00 pm to 4:00 pm | CEREO Seminar  
*Theme: Environmental Health and Policy Changes with walk audit* |
| 4:00 pm to 5:00 pm | CEREO Walk Audit  
*Theme: Environmental Health and Policy Changes with walk audit* |
| 6:30 pm to 8:30 pm | Town and Gown  
*Theme: Designing Pullman for Economic, Environmental, and Public Health*  
Looking at Programmatic, Projects, and Policies to improve economic, public and environmental health in a community. |
April 18th

8:30 am to 10:00 am
Chinook 150
Transportation Services/Sustainability Office
Theme: Exercise without Exercising
Health benefits of walking, biking, and other active means of mobility for transportation, recreation, and wellbeing.
Inspiration talk

10:00 am to 11:00 am
Chinook 150
Conversation and Discussion of Exercise without Exercising
Theme: The Three P’s: Programmatic, Project, and Policy
Classroom setting, short workshop. These individuals will have intended previous session.

11:30 am to 1:00 pm
CEREO lunch by invitation
Invitation
This will be an open discussion unless Mark is provided specific questions or topics to address.

2:00 pm to 5:00 pm
Heritage Center/Pullman Depot
Chamber of Commerce
Theme: Walk audit of the downtown area to explore opportunities for low cost and innovate improvements to boost the economic and public health of the city, and improve connections to campus for sharing and commerce in both directions.

8:00 pm to 10:00 pm
CUB Auditorium
ASWSU ESA Presentation - Common Reading Event
Theme: Health and Well Being from Exercise
A look at the statistical risk factors this generation faces (physical inactivity, poor nutrition, etc.) and the critical advocacy and professional roles they could play in fixing the problems; and the need to focus on much more than just personal behavior.