



Overview

Through a variety of training and consultation methods, CLEAR consultants partner with schools in the promotion of trauma-informed practices aimed at professionals' ability to enhance healthy student development and academic success. CLEAR engages school systems in a three year process of development to support sustainable practice.

WHAT MAKES CLEAR DIFFERENT FROM OTHER PROFESSIONAL DEVELOPMENT?

CLEAR is foundationally designed around the development of relationship within the school setting and all school staff. This model centers on the creation of safety in an environment with a common mission and vision towards the development, implementation and sustainment of trauma informed practice.

CLEAR is not a curriculum or set of lesson plans, but an integrated professional development and consultation model unique to the culture of a schools' staff, students and community. We partner directly with staff around developing trauma informed environments conducive to learning. Although in some situations CLEAR consultants will provide direct service to students, our model is intended to build the capacity of all staff members to implement the CLEAR concepts and sustain the model in our absence. Resources and materials will be provided as ongoing support and schools will be offered connection to other regional schools and districts involved with the CLEAR model.

WHAT ABOUT ALL OTHER INITIATIVES?

The CLEAR model is specifically designed to be viewed not as "one more thing" on your plate, but a new way of designing the "plate" itself in order to support academic achievement with a trauma informed approach. The model is intentionally designed to integrate with current district and state initiatives. Our goals are to increase academic outcomes and support school systems in addressing the needs of all students as well as the needs of children impacted by the effects of traumatic stress.



"CLEAR is the plate. It's the thing that brings this all together"

— Kindergarten teacher



Implementation

YEAR ONE

Year one begins with a three hour foundational training. School staff will develop a rich relationship with their CLEAR consultant during the course of seven one hour professional development sessions and two full days a month of observation and consultation in the building. A CLEAR Team will be established and meet monthly with the consultant. Staff will also participate in regional meetings and data sharing.

YEAR TWO

Year two begins with a one hour all staff training. New staff can view the foundational training from year one online. CLEAR consultants deliver five one hour professional development sessions to build on year one content and continue to consult with staff two full days a month. The CLEAR Team continues to meet to begin sustainability planning.

YEAR THREE

Year three begins with a one hour all staff training. New staff can view the foundational training from year one online. CLEAR consultants deliver three one hour professional development sessions and remain in the building for consultation. The CLEAR Team continues to meet with a strong focus on sustainability planning and transition of the CLEAR consultant.

Conducive Learning Environments

CLEAR partners with school staff to strengthen *safety, predictability and consistency* in the school environment.

PHYSICAL SAFETY School contains predictable and safe environments (including classrooms, hallways, playgrounds, and school bus) that are attentive to transitions and sensory needs.

EMOTIONAL SAFETY School environment fosters trust and emphasizes authenticity, transparency, and quality of communication between and among staff and administration.

PREDICTABILITY Students and staff can anticipate expectations when a change is implemented or during periods of transition. Change is implemented with consideration for expectations and values.

CONSISTENCY CLEAR values are collectively adopted and evident throughout the school and the school is shifting to adoption of school-wide practice (note: it is not necessary that all staff are implementing CLEAR but that a shift in values is becoming evident).



District Leadership Commitment

CLEAR balances the development work among staff with a parallel development effort addressing policy and leadership practice. This first involves building principals being fully engaged in exploring how trauma informed practice is incorporated in building culture, policies, and leadership practices. At the district level, at least one senior central administration leader needs to be committed to continued participation in planning.

Is your school ready for CLEAR?

If you believe your school is ready for CLEAR and would like more information please contact us. One of our staff members will set up an informational meeting with your school and district leadership to discuss our process and more fully explain our model.

Clear Contact Information

For more information about CLEAR please call 509-358-7640 or visit us at <http://ext100.wsu.edu/clear/>

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