The top 10 barriers of delegation:

- 1. I could do it better myself.
- 2. I don't know if I can trust him/her to do it.
- 3. S/he isn't qualified to do it.
- 4. S/he doesn't want any added responsibilities.
- 5. I don't have the time to show anyone how to do it.
- 6. There is no one else to delegate to.
- 7. S/he already has enough to do.
- 8. I don't want to give up this task because I like doing it.
- 9. I'm the only person who knows how to do this.
- 10. S/he messed up last time, so I'm not giving her/him anything else to do.