



2017 Farm to Food Pantry Program Farmer Contract Pricelist

| NEW langer coantion | Updated 7/6/2017 | | | | | |
|--|-------------------|---------------------------------|--------------|------------|--------------|--|
| Produce Item | Usage Category | Package Type | Price per Lb | NDP per Lb | Client Pref. | |
| 1 Apples, Raw, with skin | Fruit and Berries | Loose in Banana Boxes | \$0.52 | 3.59 | 44% | |
| 2 Apricots, raw | Fruit and Berries | Baskets or Flats | \$0.95 | 6.74 | 17% | |
| 3 Artichokes (Globe or French) Raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$4.85 | 2.95 | 0% | |
| 4 Asparagus, Raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$1.85 | 3.52 | 64% | |
| 5 Baby potatoes | Potato | Bagged or Loose in Banana Boxes | \$0.58 | 2.97 | 14% | |
| 6 Basil, fresh | Salad Vegetable | Bagged or Loose in Banana Boxes | \$5.05 | 7.69 | 8% | |
| 7 Bean, edible seed, dry | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$10.05 | 0.00 | 0 | |
| 8 Bean, Edible seed, fresh | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$4.10 | 0.00 | 0 | |
| 9 Beans, Snap, Green, Raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$2.25 | 5.80 | 48% | |
| 10 Beet Greens, Raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$2.05 | 20.65 | 4% | |
| 11 Beet, all colors, with tops | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$1.05 | 11.62 | 31% | |
| 12 Beet, bulk, no tops | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$0.68 | 0.00 | 31% | |
| 13 Beets, Raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$0.93 | 2.60 | 31% | |
| 14 Blueberries, Raw | Fruit and Berries | Baskets or Flats | \$3.25 | 12.03 | 45% | |
| 15 Broccoli raab, raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$2.05 | 15.36 | 6% | |
| 16 Broccoli, Raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$2.45 | 7.37 | 77% | |
| 17 Brussel sprouts, raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$2.05 | 17.16 | 30% | |
| 18 Butter cup squash | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$1.18 | 0.00 | 21% | |
| 19 Cabbage, head type, green or red | Salad Vegetable | Bagged or Loose in Banana Boxes | \$0.71 | 6.33 | 35% | |
| 20 Cabbage, leaf type | Salad Vegetable | Bagged or Loose in Banana Boxes | \$0.85 | 6.33 | 35% | |
| 21 Carrot, baby, all colors no tops | Salad Vegetable | Bagged or Loose in Banana Boxes | \$1.25 | 13.60 | 65% | |
| 22 Carrot, baby, all colors, bunched with tops | Salad Vegetable | Bagged or Loose in Banana Boxes | \$1.55 | 13.60 | 65% | |
| 23 Carrot, mature, multi-color | Salad Vegetable | Bagged or Loose in Banana Boxes | \$0.80 | 13.60 | 65% | |
| 24 Carrot, mature, orange | Salad Vegetable | Bagged or Loose in Banana Boxes | \$0.73 | 13.60 | 65% | |
| 25 Cauliflower, Raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$1.25 | 9.48 | 54% | |
| 26 Celeriac, raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$2.05 | 4.51 | 25% | |
| 27 Celery, Raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$1.55 | 1.91 | 37% | |
| 28 Chard, Swiss, Raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$2.05 | 48.07 | 4% | |
| 29 Cherries, Sweet, Raw | Fruit and Berries | Baskets or Flats | \$1.93 | 3.38 | 51% | |
| 30 Choy, all types | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$0.85 | 6.33 | 35% | |
| 31 Collards, raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$2.05 | 30.34 | 4% | |
| 32 Coriander (Cilantro) Leaves, Raw | Salad Vegetable | Bagged or Loose in Banana Boxes | \$6.05 | 9.74 | 59% | |
| 33 Corn, Dried | Cooking Vegetable | Bagged | \$5.05 | 5.09 | 0% | |
| 34 Corn, sweet, yellow, raw | Cooking Vegetable | Bananna Boxes | \$0.65 | 2.94 | 61% | |
| 35 Cress, garden, raw | Salad Vegetable | Bagged or Loose in Banana Boxes | \$3.05 | 26.32 | 8% | |
| 36 Cubumber, pickling, small | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$0.95 | 1.02 | 61% | |
| 37 Cucumber, pickling, large | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$0.50 | 1.02 | 61% | |
| 38 Cucumber, With Peel, Raw | Salad Vegetable | Bagged or Loose in Banana Boxes | \$0.70 | 1.02 | 61% | |
| 39 Dill Weed, Fresh | Salad Vegetable | Bagged or Loose in Banana Boxes | \$7.05 | 6.73 | 61% | |
| 40 Edamame shellled soybeans | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$1.25 | 5.65 | 0% | |
| 41 Eggplant, Raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$3.05 | 3.50 | 8% | |
| 42 Endive, raw | Salad Vegetable | Bagged or Loose in Banana Boxes | \$2.05 | 9.73 | 8% | |
| 43 Fennel, Bulb, Raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$1.25 | 6.40 | 0% | |



| Produce Item | Usaga Catagory | Packago Typo | Drice per I h | NDP per Lb | Client Brof |
|--|-------------------------------------|---|------------------|---------------|--------------|
| | Usage Category | Package Type | Price per Lb | · | Client Pref. |
| 44 Fresh red Onions | Salad Vegetable | Bagged or Loose in Banana Boxes | \$0.69 | 1.64 | 36% |
| 45 Garlic, Raw 46 Grapes, American type, Raw | Cooking Vegetable Fruit and Berries | Bagged or Loose in Banana Boxes Baskets or Flats | \$6.05 \$1.20 | 4.95 5.22 | 51% 51% |
| 47 Greens, mixed | | | \$3.80 | 42.44 | 52% |
| 48 Kale, Raw | Salad Vegetable | Bagged or Loose in Banana Boxes | \$3.80 | 16.75 | 8% |
| 49 Kohlrabi, Raw | Salad Vegetable | Bagged or Loose in Banana Boxes | | 12.88 | 6% |
| | Salad Vegetable | Bagged or Loose in Banana Boxes Bagged or Loose in Banana Boxes | \$1.00 \$0.85 | | 0% |
| 50 Leek, (bulb and ower leaf-portion), raw 51 Lettuce, green leaf, raw | <u> </u> | Bagged or Loose in Banana Boxes | \$0.85 | 7.07 | 52% |
| 52 Melon, Cantaloupe, Raw | Salad Vegetable Fruit and Berries | Loose in Banana Box | \$0.64 | | |
| 53 Melons, honeydew, raw | Fruit and Berries | | \$0.64 | 18.35 | 44% 44% |
| 54 Mushrooms, white, raw | | Bagged or Loose in Banana Boxes | \$2.65 | 3.45 7.84 | 58% |
| 55 Mustard greens, raw | Cooking Vegetable | | \$2.05 | | 6% |
| 56 Nectarines, raw | Salad Vegetable Fruit and Berries | Bagged or Loose in Banana Boxes Baskets or Flats | \$1.35 | 41.72 2.64 | 16% |
| 57 Okra, raw | | Bagged or Loose in Banana Boxes | \$3.05 | 9.55 | 25% |
| 58 Onion, bulb, sweet | <u> </u> | | \$0.37 | 2.10 | 36% |
| 59 Onion, bunching | Salad Vegetable | Bagged or Loose in Banana Boxes Bagged or Loose in Banana Boxes | \$0.57 | 1.39 | 36% |
| | Salad Vegetable | | | | |
| 60 Onions, spring or scallions (includes tops and | | Bagged or Loose in Banana Boxes | \$0.69 | 7.66 | 36% |
| 61 Onions, Young Green, Tops only | Salad Vegetable | Bagged or Loose in Banana Boxes | \$2.55 | 28.49 | 36% 0% |
| 62 Parsley, Fresh | Salad Vegetable | Bagged or Loose in Banana Boxes | \$4.05 | 105.01 | |
| 63 Parsnips, raw | <u> </u> | Bagged or Loose in Banana Boxes | \$1.05 | 10.00 | 4% |
| 64 Pea, shelling | | Bagged or Loose in Banana Boxes | \$1.55 | 2.85 | 28% |
| 65 Peaches, Yellow, Raw | Fruit and Berries | Baskets or Flats | \$1.60 | 2.00 | 44% |
| 66 Pear, Raw | Fruit and Berries | Bagged or Loose in Banana Boxes | \$0.68 | 1.80 | 19% |
| 67 Peas, Edible Podded, Raw | Salad Vegetable | Bagged or Loose in Banana Boxes | \$3.05 | 2.85 | 28% |
| 68 Pepper, bell type, colored, big | Salad Vegetable | Bagged or Loose in Banana Boxes | \$5.05 | 12.32 | 28% |
| 69 Pepper, bell type, colored, midsized | Salad Vegetable | Bagged or Loose in Banana Boxes | \$4.55 | 12.32 | 28% |
| 70 Pepper, bell type, green, big | Salad Vegetable | Bagged or Loose in Banana Boxes | \$4.05 | 6.22 | 28% |
| 71 Pepper, bell type, green, midsized | Salad Vegetable | Bagged or Loose in Banana Boxes | \$3.05 | 6.22 | 28% |
| 72 Pepper, other, midsize | Salad Vegetable | Bagged or Loose in Banana Boxes | \$3.05 | 6.22 | 28% |
| 73 Peppers, jalapeno, raw | Salad Vegetable | Bagged or Loose in Banana Boxes | \$3.05 | 10.64 | 11% |
| 74 Plums, Raw | Fruit and Berries | Baskets or Flats | \$0.93 | 1.94 | 9% |
| 75 Potato, purple | Potato | Bagged or Loose in Banana Boxes | \$0.88 | 5.42 | 26% |
| 76 Potatoes, baked, flesh and skin, without salt | Potato | Bagged or Loose in Banana Boxes | \$0.39 | 5.28 | 19% |
| 77 Potatoes, red, flesh and skin | Potato | Bagged or Loose in Banana Boxes | \$0.74 | 3.93 | 26% |
| 78 Potatoes, white, flesh and skin, raw | Potato | Bagged or Loose in Banana Boxes | \$0.74 | 4.29 | 24% |
| 79 Pumpkin big, large | | Bagged or Loose in Banana Boxes | \$0.23 | 8.07 | 11% |
| 80 Pumpkin big, small | | Bagged or Loose in Banana Boxes | \$0.26 | 8.07 | 11% |
| 81 Radishes, raw | Salad Vegetable | Bagged or Loose in Banana Boxes | \$2.30 | 5.31 | 16% |
| 82 Raspberries, Raw | Fruit and Berries | Baskets or Flats | \$2.65 | 12.75 | 52% |
| 83 Rhubarb, raw | Fruit and Berries | Bagged or Loose in Banana Boxes | \$0.75 | 4.65 | 7% |
| 84 Romaine, Raw | Salad Vegetable | Bagged or Loose in Banana Boxes | \$1.25 | 15.56 | 52% |
| 85 Rutabagas, raw | | Bagged or Loose in Banana Boxes | \$1.05 | 8.07 | 2% |
| 86 Salsify, (vegetable oyster), raw | | Bagged or Loose in Banana Boxes | \$1.55 | 6.77 | 8% |
| 87 Spinach, baby | Salad Vegetable | Bagged or Loose in Banana Boxes | \$2.80 | 76.67 | 21% |
| 88 Spinach, mature | | Bagged or Loose in Banana Boxes | \$2.55 | 76.67 | 21% |
| 89 Squash, Pie Pumpkin | 5 5 | Bagged or Loose in Banana Boxes | \$0.68 | 8.07 | 21% |
| 90 Squash, summer, baby | | Bagged or Loose in Banana Boxes | \$2.05 | 1.10 | 18% |
| 91 Squash, summer, mature | | Bagged or Loose in Banana Boxes | \$0.74 | 1.10 | 18% |
| 92 Squash, winter butternut, raw | | Bagged or Loose in Banana Boxes | \$0.68 | 15.84 | 21% |
| 93 Squash, winter, acorn, raw | | Bagged or Loose in Banana Boxes | \$0.61 | 3.73 | 21% |
| 94 Squash, Winter, All Varieties, Raw | COOKING Vegetable | Bagged or Loose in Banana Boxes | \$0.68 | 2.97 | 21% |



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|---|-------------------|---------------------------------|--------------|------------|--------------|
| 95 Squash, winter, Hubbard, raw | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$0.50 | 5.04 | 21% |
| 96 Strawberry, Raw | Fruit and Berries | Baskets or Flats | \$3.75 | 19.56 | 63% |
| 97 Sweet potato, raw, unprepared | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$0.85 | 20.38 | 0% |
| 98 Taro, raw | Salad Vegetable | Bagged or Loose in Banana Boxes | \$0.85 | 8.74 | 0% |
| 99 Tomato paste, 100% tomatoes | Cooking Vegetable | Baskets or Flats | \$2.05 | 5.62 | 59% |
| 100 Tomato, grape | Salad Vegetable | Baskets or Flats | \$2.35 | 2.26 | 59% |
| 101 Tomato, plum | Salad Vegetable | Baskets or Flats | \$2.05 | 2.26 | 59% |
| 102 Tomato, roma | Salad Vegetable | Baskets or Flats | \$1.75 | 2.26 | 59% |
| 103 Tomato, slicing | Salad Vegetable | Baskets or Flats | \$2.05 | 2.26 | 59% |
| 104 Turnip greens and turnips, frozen, unprepared | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$2.05 | 14.14 | 8% |
| 105 Turnip root, mature | Cooking Vegetable | Bagged or Loose in Banana Boxes | \$1.05 | 2.14 | 8% |
| 106 Turnip, root, salad | Salad Vegetable | Bagged or Loose in Banana Boxes | \$2.05 | 2.14 | 8% |
| 107 Watermellon (yellow) | Fruit and Berries | Loose in Banana Box | \$0.55 | 1.80 | 44% |
| 108 Watermelon, Raw | Fruit and Berries | Loose in Banana Box | \$0.40 | 1.80 | 44% |
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| 121 | | Average Price: | \$1.93 | | |

For more information on this pricelist and how it was generated, go to:

http://extension.wsu.edu/stevens/wp-content/uploads/sites/19/2017/09/GrowersRoundTable F2FP Kickoff updated 5-22-17.pdf

For more information on Client Preference and the Nutritional Daily Portions per Lb (NDP/Lb) meaures go to:

http://thehungergap.org/wp-content/uploads/2017/09/WSU Extension CollaborationsInNortheastWA CTHG 2017 Nils Final 9-29-17-1.pdf