WASHINGTON STA	ATE UNIVERSITY XTENSION	4-H	HA	SHINGTON STATE UNIVERSIT
Project Handbook				
				A CONTRACTOR
Name:				
Age:	No. Year	s in 4-H:	Grade	e:
Date of Birth:		Jr.	Int. 🗆	Sr.
Calendar Year	:			
Address:				
County:				
Club/Clubs:				
Projects:				
4-H Pledge I Pledge My Head to Clearer Thinking, My Heart to Greater Loyalty, My Hands to Larger Service and My Health to Better Living for My Club, My Community, My Country and My World.				

Record Book Instructions

The 4-H Record Book is a learning experience for each member. This is a personal record of the members work and experiences. Keep your Record Book and your Permanent Record in a notebook. Record Books that will be submitted for Gold Medal Awards will be required to have tabs between the sections. Add sheets for Project Financials, as well as other areas, may be required.

Pg. 1.....4-H Planning Calendar

Write down all 4-H events, i.e., club meetings, fair, camp, that you may be involved with each month. Check off each event in which you participate.

Pg. 5.....4-H Year Agreement

Read and discuss with your club at a meeting. Make club goals.

Pg. 6.....4-H Commitment

List the goals you plan to achieve during the current 4-H year and how you are going to reach each goal. Refer to last years' Commitment page to make sure you increase your skill levels. Obtain required signatures.

Pg. 7.....Project Journal

Write down the date, the project you worked on, the time spent and what skill you learned or practiced. Keep track of all projects for your year end report.

Pg. 9.....Project Photos

Place photos of your project/s on this page. Make sure you place captions with each photo.

Pg. 11.....My Story and Highlights

At the end of the year write a conversational story about your 4-H year. Introduce yourself and share your experiences. Write about your projects and the skills you learned during the year

Pg. 13.....Supplemental Information

Place photos, newspaper clippings, or letters relating to club, community, family or school activities. All items should have captions.

Add Sheets: Includes all Financial Summary Pages

4-H	Planning Calendar-20
	PLACE A CHECK AFTER THE EVENTS THAT YOU ATTEND
JUNE	
JULY	
AUGUST	

4-H Planning Calendar-20	
Р	LACE A CHECK AFTER THE EVENTS THAT YOU ATTEND
SEPTEMBER	
OCTOBER	
NOVEMBER	

4-H Planning Calendar-20	
F	PLACE A CHECK AFTER THE EVENTS THAT YOU ATTEND
DECEMBER	
JANUARY	
FEBRUARY	

4-H	Planning Calendar-20
	PLACE A CHECK AFTER THE EVENTS THAT YOU ATTEND
MARCH	
APRIL	
ΜΑΧ	
MAY	

Your 4-H Year Agreement

At the beginning of each year leaders, members, and parents should agree on expectations for member participation in the club. The following is a list of suggested topics for your club discussion.

- Attend a certain number of club meetings.
- Attend a certain number of project meetings.
- Serve as a committee member or officer.
- Do a public presentation.
- Keep a record book.
- Learn new skills and knowledge.
- Have an exhibit.
- Work on a community service project.
- Do leadership activities.
- Participate in an out-of-club activity such as camp or conference.
- Be Creative. (This is the leader's and member's opportunity to

think of other things that could contribute to the 4-H experience.)

4-H Committment	
4-H Club(s)	
Club Leader(s)	
My goals for the year and how I will reach them.	
Signatures:	
Member:	Date:
Parent:	Date:
Leader(s):	Date:
	Date:

	Proje	ect Journ	al
Date	What did I make/do?	Time Spent	What I learned/practiced

	Proje	ect Journ	al
Date	What did 1 make/do?	Time Spent	What I learned/practiced

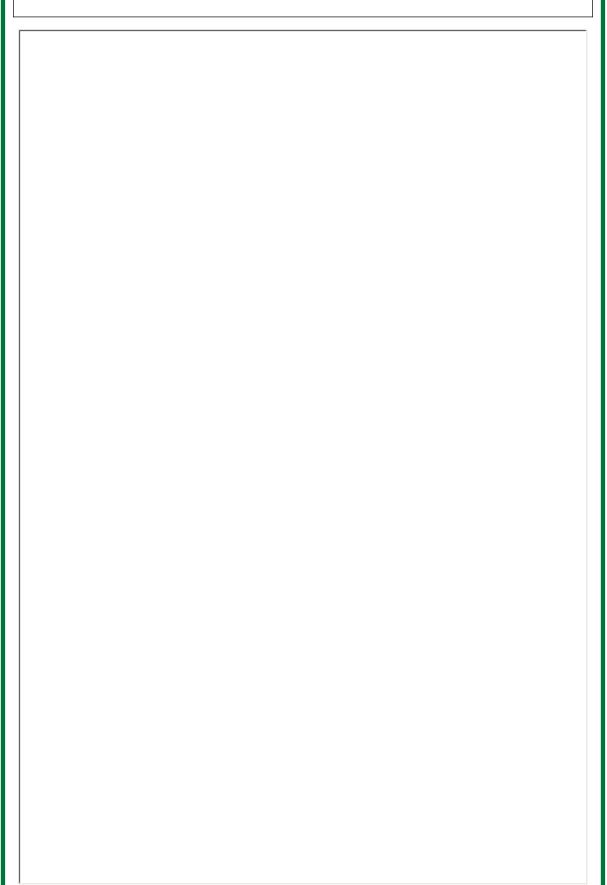
Photos, Photos, Photos (Project Photos With Captions)	
Click to Insert Photo	Click to Insert Photo
Click to Inso	ert Photo
Capti	on
If you are not adding photos on-line, you can hard copy them here.	

Photos, Photos, Photos	
(Project Photos With Captions)	
Click to Insert Photo Click to Insert Photo Caption Caption	
Click to Insert Photo Caption	
If you are not adding photos on-line, you can hard copy them here.	

My 4-H Story and Highlights



My 4-H Story and Highlights



Supplemental Information

(Photos, Newspaper Clippings, or Letters not related to your Projects.)