

Lewis County 4-H E-Newsblast Nov. 9, 2017

Access 4-H Tuesday News (TN) at the following address and choose the date for more information or forms:

NEW ADDRESS!

<http://extension.wsu.edu/4h/news/>

Pam Watson 360-740-1220

Kim Weiland 360-740-1212

Sheila Gray 360-740-1214

4-H Volume 17, Issue 11

What's in this issue?

Dates/DUE Dates!

E-mail and Mailings

Fall Issue Crimson Pride

Lewis County Trust Scholarship Brochures available NOW

4-H Know Your Government, Pre-meetings

Survey Opportunity for 4-H Teens

Scholarship – American Jersey Cattle Assoc.

Help Fill Empty Shelves

Shop 4-H

Council Nominating Committee

Heritage Breeds and Pork Production

4-H Pie Sale Fundraiser at Country Chicks Holiday Market, Volunteers and items needed

4-H Shooting Sports Turkey Shoot & Lunch, Pacific Co.

Local Therapy Animal Visiting Program

Women In Agriculture Conference

Wanted - State 4-H Fair Coordinator

What 4-H Age Division Are Your Kids for 2017-18?

Attention: 4-H Shooting Sports Leaders!

Horse – event dates

ATTACHMENTS:

Proposed Council meeting minutes from Oct.
(Not yet approved)

Proposed Constitution and Bylaw changes-
will be voted on at the Annual Council
meeting, Nov. 27th

Local Therapy Animal Visiting Program

What's up this month? Dates/Due Dates:

November – Last order of Cougar Gold Cheese should be in the week of Nov. 13

- 10 WSU Lewis County Extension Office Closed in honor of Veterans Day
- 11 WSU Master Gardeners, Digging, Dividing and Storing Dahlias, Fort Borst Demo Garden, 10 AM
- 14 New Leader Orientation or Welcome to 4-H, 5:30 – 6:30 PM
- 16, 4-H Know Your Government start up meeting, 6-8 PM, in the WSU Lewis County Extension Office, see below for more information
- 17 WSU 4-H Food Resource Leaders, Gifts From your Kitchen (demo only), Borst Park Kitchen #2, 10 AM
- 17-19 WA Feather Fanciers' Winter Brisk Poultry Show, on the SWWF grounds in the Blue Pavilion, check out the show, meet poultry folk, and watch youth fitting and showing competition
- 18 Women in Agriculture Conference, see article below or go to brownpapertickets.com to register
- 18 Pacific County 4-H Shooting Sports Turkey Shoot & Lunch, 11 AM – 3 PM, see flyer below
- 20 Southwest WA Junior Livestock Sale Committee meeting – 6:30 PM, in the Historic Building
- 23-24 WSU Lewis County Extension Office Closed for Thanksgiving, Office will be closing at Noon on Wed. Nov. 22
- 27 New Leader Orientation or Welcome to 4-H Mon., 11:30 AM- 12:30 PM
- 27, 4-H Council Annual meeting, 7 PM, WSU Lewis County Extension Conf. room #003, Pre-Council- 6 PM- Potluck and Lewis County Super Saturday discussion

December

- 1 & 2 All County 4-H Fundraiser, Pie Sales at Holiday Country Chicks event at the fairgrounds, see below
- 2 WSU Master Recycler Composters, Green Gift Gala, Chehalis Timberland Regional Library Conference room, 1 PM
- 3, **4-H End of Year Financial form DUE*** to the WSU Lewis County Extension Office
- 4 County-wide 4-H Swine project meeting, 7 PM, WSU Lewis County Extension Conference room #003, 4-H youth, parents and leaders are encouraged to attend
- 6 or 9- **Second half of New 4-H Leader Training**, **MUST RSVP with Pam AT LEAST 3 DAYS PRIOR TO TRAINING**, Dec. 6 will be from 10 AM to 4 PM, Dec. 9 will be from Noon – 6 PM, bring snacks for yourself, a 3-ring binder and writing utensil
- 8 County-wide fundraiser, Borst Park Christmas Lights, help collect food from cars, and greet people, 4:30- 9:30 PM, contact Peggy Hirte-Uhlorn at 360-520-7552 to schedule a help time
- 12 New Leader Orientation or Welcome to 4-H, 5:30 – 6:30 PM, WSU Ext. Conf. room #003

Council meeting, No meeting in Dec.!

Horse Project meeting – No meeting in Dec.!

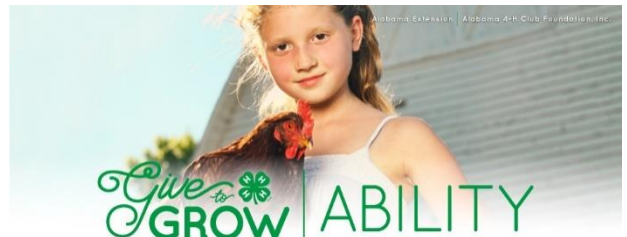
25 – Jan. 1 WSU Lewis County Extension Office will be closed for the holiday week, office will be re-open Tues., Jan. 2, 2018

January 2018

- 20, 4-H Know Your Government Bingo night at Boistfort Elementary School
- 22, 4-H Council meeting 7 PM, Lewis County Conf. room #003, Pre-Council- 6 PM
- 24, 4-H Horse Advisory meeting Wed., 7 PM in the Lewis County Conference room #003

Looking ahead

- Feb. – 5, Trust meeting
- Feb. 17-20 4-H Know Your Government Conference
-



*Please call ahead for all classes/workshops put on by the 4-H FRL, MG, and MRC. Call the Extension Office for more info or reservations first and they will either take down your info or will let you know who/where to call.

**Space limitations require pre-registration or to receive instructions for advance class preparation.

Master Gardeners =MG, Master Recycler Composters= MRC, 4-H Foods Resource Leaders= 4-H FRL

E-mail and Mailings

Lewis Co.

If you are sending an e-mail please put something regarding the manner of the e-mail in the subject line. This will help identify your e-mail and how important it is. *If an e-mail is sent out by list serve, **please do not** respond back to the list as **everyone** on the list will get the same e-mail.*

If you have moved, changed to a physical address, or a P.O. Box we need to know about it in the Extension office or if you enrolled with 4-H On line this year you can update family information through that system!

Thank you for helping us in our efforts to streamline communication.

The Holiday Issue of the Crimson Pride will go out on Monday, November 13th, check it out on the WSU Lewis County website at <http://extension.wsu.edu>

Lewis County 4-H Trust Scholarship brochures and applications are now available in the Extension Office. They will be mailed out to all 4-H high school seniors in early December!

Know Your Government- 2018, Pre-meetings

Start-up meeting will be Thursday, November 16th, 6-8 PM at the WSU Lewis County Extension Office. If you are interested in participating but can't make this meeting please let Pam know what dates/evenings you would be available the first two weeks of December.

Lobbying for Change The Legislative Process

Know Your Government 2018

February 17-20, 2018

Eligibility:
Who can come?

Students who are in high school (9th-12th grades) are invited to participate in the hands-on civic education event.

Purpose:
What is it all about?

Know Your Government is a 4-H sponsored program that allows students to learn about and participate in our country's three branches of government. During pre-conference meetings, participants will learn about the Washington State Legislature and how it works interactively with the executive and judicial branches. During pre-conference meetings delegates will have the opportunity to learn all or some of the following:

- Familiarity with the Legislative Process
- Realization the democracy requires responsible citizenship/participation and teamwork
- Experience with parliamentary procedure
- Knowledge of his or her state legislative district, and an awareness of issues that affect his or her district leading to responsible citizenship

KYG 2018
Mission Statement

The 4-H Know Your Government Conference serves to strengthen the connection between youth and our political and social networks through education, experience, application and inspiration.

We look forward to hosting YOU as we discover together the power and influence of media in today's society!

For more information, please contact:
Alex Laughery, 4-H State Teen Extension Coordinator
509-901-9047 – alex.laughery@wsu.edu

Location:
Where is the event

2018 KYG Conference will be hosted at the DoubleTree by Hilton (address) and we will be partnering with the Olympia Center to host all our meals and daily activities.

Cost:
What all is included:

Know Your Government Conference cost is \$295 before January 5th and \$350 through January 15th. Included in the registration is all conference materials, hotel weekend, meals, and conference T-Shirt.



Survey Opportunity for 4-H Teens!

Submitted by: Joy Lile

Be a part of the 2017 WA State 4-H Teen Program Survey and use your voice to shape the future of 4-H Teen Programs! For Teens 12- 19. Once completed, you will be entered to win one of four \$25 Amazon gift cards through a random drawing. Drawings occur monthly October-January, 2017-18. Contact Joy Lile at joy.lile@wsu.edu or 360-337-5625 with any questions. Survey link: https://wsu.co1.qualtrics.com/jfe/form/SV_bpIKZZLbt3xteEB

Scholarships!

Set Your Calendar:

2018 Scholarship Opportunities from American Jersey Cattle Association

Submitted by: Susan Kerr, Tues. News 10/17/17

The scholarship program of the American Jersey Cattle Association supports educational opportunities for Jersey youth enrolled in post-secondary institutions and also on-farm internships. Application forms for the next round of scholarship awards must be submitted to the AJCA office by email or in an envelope bearing a clearly visible, legible postmark on or before July 1. Transcripts and recommendation letters must be received on or before July 7. Application forms will be posted not later than May 1, 2018. While scholarships aren't due until next year, it wouldn't be a bad idea to mark your calendars now. For more information, visit <https://www.usjersey.com/AJCA-NAJ-JMS/AJCA/YouthPrograms/YouthScholarshipsandEducationalPrograms.aspx>

Help Fill Empty Shelves

As the Centralia Lions dropped off our donation Apples to the Salvation Army we noticed how **EMPTY** the shelves are.

I know the Knock-N-Walk is coming up soon but they need our ******HELP****** now.

So, on your next trip to the grocery store pick up a few extra items and drop them by Salvation Army to help feed the needy in our Community.

Thank You

Bill Scholl

Lion Member

**4-H Mall is Now Shop 4-H! You can shop by going to <https://shop4-h.org/>
Find all of your 4-H items like:**

- [Curriculum](#)
- [Apparel & Accessories](#)
- [4-H Essentials](#)
- [Pins & Recognition](#)
- [New & Best Sellers](#)

Sales weekly and flash sales a few times a month. If you are thinking 4-H for the holidays sign up for their e-mail alerts or follow them on Facebook.

Council Nominating Committee

If you would be interested in running for a Council office or as a District Representative (5 districts) please contact your adult Council Vice President, Pam Kiehn at 360-748-6006, and let her know you are interested.

District Representatives – are members of the executive board, help get the word out for fundraisers and other county-wide events, may report at Council meeting from their district, and may activate a phone or e-mail tree if meetings are canceled or other events need to be publicized.

HERITAGE BREEDS AND PORK PRODUCTION

Come join WSU Extension for this informative workshop on raising heritage hogs!

Presented by WSU Regional Small Farms Program, Sponsored by The Sheepish Pig Farm

Wednesday, November 29th, 10am – 3pm

Village Green Community Center, 26159 Dulay Rd NE, Kingston, WA

\$40 per farm (limit 2 people)

PLUS – A light lunch of locally raised Mangalitza pork tamales courtesy of The Sheepish Pig Farm!

Pre-registration is required. Visit <https://heritagehogs.brownpapertickets.com/>

Topics include:

- Heritage hog breeds - what do you want out of your breed and why?
- On-farm Biosecurity
- Specific feed nutrition and how to create a balanced diet
- Organic and non-organic feeds and feed sources
- Raising pigs for slaughter - farm tour at Sheepish Pig
- Mud management and working pens with the Kitsap Conservation District

Guest speakers include:

Dr. Susan Kerr, Dr. Susan Kerr, WSU Northwest Livestock and Dairy Extension Specialist

Tania Issa, owner and farmer of the Sheepish Pig in Kingston

Ken Drecksell, Resource Planner and Soil Scientist at Kitsap Conservation District

4-H Pie Sales at the Country Chicks Holiday Market Dec. 1 & 2

We have received the go ahead for 4-H Pie Sales at the Country Chicks Holiday Market.

Volunteers are needed

For sales this time we are looking to borrow a 10 x20 or bigger shelter (pop up style) and patio heaters

We need a group of people or a club to make signs- we need directional signs as well as small flyers and post signs for around the grounds.

This is our first year doing this so we really need to make our presence known.

We also need volunteers to help with set up on Thursday, Nov. 30th, at 5:30 PM.

We need to be ready to start selling early in the AM on Friday the 1st. Nothing like a piece of warm pie to start the day with. We will need volunteers all day Friday and Saturday we need at least three in the kitchen and we can use lots of pie bakers to work the crowd. If you will be working the fundraiser please try to have a current food handler card and bring it with you or have it on your cellphone.

The new link for SignUp.com will be out next week, watch for that to show up. If spots are filled during the time that you can come just email me (Barb Soto) so we can get it all covered. If you know people that can help share this with them. Also, use your social media to get us help! Remember, helping is not just time, we will need supplies for signs and sales. So if you can't give us time please check our list of needed items and see if there might be something you can help with.

This is a general, all Council fundraiser!



Local Therapy Animal Visiting Program

I wanted to take a moment to let you know about an exciting new program that Providence Centralia Hospital is setting up. This is a busy time for me as I prepare policies, procedures and a training program for a new Therapy Animal Visiting Program here at the hospital. I am looking forward to being able to offer this wonderful resource to the staff, patients and visitors of our hospital.

I know that 4-H is actively involved with families that have a passion for animals and animal programs. I am attaching a flyer for our program as we are seeking to find mature, dependable handler teams with dogs who LOVE to interact with people and are well-mannered. If you know of anyone who may meet this criteria and be interested in training to do this important work, please have them contact me.

Thank you for all you do for the community and youth of our county.

See flyer from Karlyn attached (Pam).

Happy Tails,

Karlyn Fritz

Providence Centralia Hospital

Therapy Animal Visiting Program Coordinator

Providence Professional Center

1010 South Scheuber Road-Suite 217

Centralia, WA 98531

Phone: (360) 827-7913 | Fax: (360) 807-7936

Karlyn.Fritz@providence.org



WOMEN IN AGRICULTURE CONFERENCE

Mark your calendars! This one-day gathering takes place simultaneously at locations throughout Alaska, Idaho, Montana, Oregon and Washington. Sponsored by WSU Extension locally, this one-day event will take place at the WSU Lewis County Extension Conference room #003, on November 18th.

More information can be found at <http://womeninag.wsu.edu/>

Register at brownpapertickets.com

Wanted - State 4-H Fair Coordinator

The WSU Lewis County 4-H Program is in need of a State 4-H Fair Coordinator or co-coordinators. One, two, or three people to work together with other departments, focusing on the still-life building area to coordinate items, contests and activities in preparation for the WA State 4-H Fair. Most duties would take place in August and September. Please talk to Pam Watson if you would be interested in this volunteer position, have questions, or if you would like to see the full job description.

What 4-H Age Division Are Your Kids for 2017-2018?

The following policy is a change and was published in our newest WSU 4-H Policy guide in Oct. 2016. Please read this and make sure your members are in the correct age division for this year.

3.1. Age Requirements The WSU Extension 4-H Youth Development Program abides by the nondiscrimination policies of WSU and the USDA. 4-H is open to all youth between the ages five (5) and nineteen (19) (4-H Age), regardless of race; sex/gender; sexual orientation; gender identity/expression; religion; age; color; creed; national or ethnic origin; physical, mental, or sensory disability, including disability requiring the use of a trained service animal; genetic information; and/or status as an honorably discharged veteran or member of the military as determined by the following age criteria:

- **4-H Age is determined by October 1st of the current 4-H year.**
- **Youth who have reached their 5th birthday (before October 1st of the current 4-H year), through those who have not reached their 19th birthday (before October 1st of the current 4-H year).**
- *The following groups are identified for special programs and activity participation, including all competitive events/activities, within the WSU Extension 4-H Youth Development Program:*

Cloverbuds (formerly Primaries): 5 to 7 years of age

Junior: 8 (and completed 3rd grade, by fair time) to 10 years of age

Intermediate: 11 to 13 years of age

Senior: 14 to less than 19 years of age

Attention: 4-H Shooting Sports Leaders!

Submitted by: Toni Gwin

Have you been out to the National 4-H shooting sports web site lately? Visit the instructor resource page http://w3.4-hshootingsports.org/instructor_resources.php and check out the STEM activities. As we have been promising easy one or two page activities perfect for snow days or super Saturday besides regular range days. You can't remember the difference between potential and kinetic energy check out the teaching help sheet. Have a great activity that is not listed? Contact Toni Gwin for details on publishing.

Horses

Next 4-H Horse Advisory meeting will be Wed. January 24th, 2018, at 7 PM in the Lewis County Conference room #003

Watch for possible winter clinics for dressage and/or jumping during winter school breaks.

Ethel Events Center Game Show Series – starts at 10 AM on all dates, Nov. 11, Jan. 20, Feb. 17, Mar. 17, and April 21

4-H Horse Fundraiser- Pole Nights – starts at 7 PM on all dates, Jan. 5, Feb. 2, Mar. 2, and April 6



Our county is partnering with our neighboring counties—the Constellation group of Mason, Pacific, Grays Harbor, Thurston, Cowlitz, and Wahkiakum to send out e-newsletters. Some articles are from the other counties but have information that also apply to Lewis or it might be an invitation to participate in an event, some are from State 4-H and some are specific to Lewis County, please read carefully. "Some of these notices are provided for informational purposes only, and do not imply any endorsement of a particular brand or product."

Disclaimer: By posting the above "free to a good home" information, WSU Lewis County Extension 4-H does not endorse or give approval for any of these free animals to be used as 4-H project animals. Contact the animal owners at your own risk.

Cooperating agencies: Washington State University, U.S. Department of Agriculture, and Lewis County Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported to your local Extension Office.