



CITIZENSHIP WASHINGTON FOCUS



Delegate Orientation



Overview

This Orientation Will Cover...

- CWF Schedule Highlights
- Workshop and Committees
- 4-H Youth Conference Center features
- Forms and Documents Delegates should have filled out or read over before arrival



Schedule

Sunday

- *Opening ceremony*

Get pumped up and ready to go as you gather with delegates from all across the country to kick off an Awesome time in and around Washington, D.C.

- *Pin Trade*

A time honored CWF tradition, Pin Trade is your opportunity to show off your delegation pride with a little local swag. Delegates bring items from their area to trade with others



Schedule

Monday

- *Joint Congressional Issue Workshop*

You've drafted your bill, now debate your convictions
and hear amendments from the challenging side

- *Nightview of Washington D.C.*

Visit several Capitol City favorites and see
them in a whole new light, *moonlight!*



Schedule

Tuesday

- Derby

planned by the *Focus on Healthy Living* committee, Derby is a high energy time during CWF where delegates can show off their athletic prowess and enjoy the summer sun.

*Make sure you bring closed toed shoes and clothes
You don't mind getting wet or dirty.



Schedule

Tuesday

- *Action Planning*

Citizenship is not a spectators sport. During the Action Planning session, delegates will identify issues in their community and lay the groundwork to take action!



Schedule

Wednesday

- *Capitol Hill Day (planned by trip coordinator)*

Throw on your green polo and head to Capitol Hill where you'll meet with your elected officials or their staffers to discuss the issues that are most important to you.



Schedule

Thursday

- *Congressional Session-*

You and your workshop group have researched your topic, now it's time to bring your legislation to the floor of the CWF Congress for a vote!



Schedule

Friday

- *Talent Show*

Get ready to show your talents! Organized by the *Focus on Talent* Committee, the Talent Show gives delegates the opportunity to display their talents before the entire session delegation

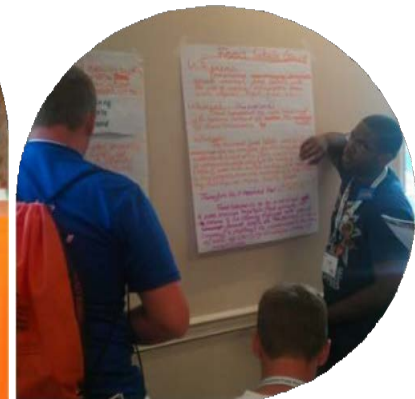
- *DANCE*

What better way to cap off an extraordinary week?! Get down and dance into the night with your fellow delegates before departing to continue as local, national, and global leaders



What are Workshops?

- Workshops are sessions that focus around citizenship and leadership, you will discuss your role, thoughts and ideas as a citizen and leader in our ever changing society.
- Delegates will explore issues that matter most to them; write bills based on those issues and stand up for them in the Congressional Session as the House of 4-H Citizenship Washington Focus is convened.



What are Committees?

Committees are groups of delegates who work together to focus on a particular project throughout CWF.

Each delegation's youth will be able to choose from the following committees-

- Focus on Healthy Living-
 - Create and run health and fitness activities for the CWF Derby, a program highlighting the importance of Healthy Lifestyles.
 - Offer health and fitness learning opportunities at CWF
- Focus on Communication-
 - Tell the story of CWF through a newsletter and slideshow to be viewed by the entire CWF program.
 - Develop skills such as communication and leadership, while working together to plan an event for the entire CWF program.
- Focus on Government-
 - Organize, plan, and execute the Congressional Session and the materials that accompany it.
 - Learn the congressional process and parliamentary procedure and discuss other government related topics.



- Focus on talent-
 - Organize, plan, and execute the CWF Talent Show and Auditions.
 - Learn various audio/visual techniques necessary to produce a live show.
- Focus on Responsibility-
 - Help your delegation coordinate and develop a successful action plan.
 - Learn how to create an action plan to tackle an issue in your community.
- Focus on Open Mindedness-
 - Discuss important issues seen within your various communities and how youth can become involved.
 - Develop the skills to facilitate respectful discussions on important topics amongst a group of your peers.



Delegate Expectations

- **Full participation**
 - CWF is full of awesome learning and social opportunities. We expect that every delegate participate fully in all aspects of the program
- **Respect**
 - During this once in a lifetime opportunity, delegates will interact with people who may have different views from them and visit some of our nation's most sacred sites. We expect all delegates to treat one another and their surroundings with the utmost respect.
- **Dress code**
 - During CWF we adhere to a dress code to ensure that all delegates accurately represent the prestige of their delegation, 4-H and the CWF program.



Dress Code

Next to each event on the schedule you will find a dress code key. This key tells you what level of dress is most appropriate for its corresponding event.

Casual (c)

Clothes you would normally wear. Jeans, tennis shoes, t-shirt etc.

Very casual (vc)

Clothes you wouldn't mind getting wet or dirty



Business casual (bc)

Clothes you would wear in a business/office setting; dress slacks and collard shirt for men, same for ladies as well as skirts, blouses, etc.

Dressy(d)

Clothes you would wear to a nice restaurant or special occasion. Very similar to business casual.

CWF

Your green CWF polo and khaki pants (worn on Capitol Hill day).

*ladies are asked to wear tops that cover their shoulders during the visit to the National Cathedral

*CWF involves a lot of walking, make sure you bring comfortable shoes



Participant Forms

- Delegates should Read over and fill out the following before Arriving in Washington, D.C.-
 - Media Release Form- A release to allow 4-H to possibly publish pictures of you on the National 4-H Website. Smile your Famous!
 - Code of Conduct- So that youth understand what is expected of them while visiting Washington, D.C.
 - Fully Participate in all Workshops, and Committee Meetings at CWF
 - Be respectful to all memorials and sites visited during the trip.
 - Overview of CWF Dress Code so you can pack appropriately.

The National 4-H Youth Conference Center



Delegate Rooms

Delegates to CWF will be provided with hotel like accommodations, including two bunk beds per room, private restroom facilities, and a TV in every room.

Food & Fun



Clover Café

Chef Zubear will prepare some of the Finest cuisine in the D.C. Metropolitan Area for delegates to enjoy in a Cafeteria like setting with full service food bar, salad bar, and soup.

Game Room

Always popular, the game room in J.C. Penny Hall, complete with Pool Tables, Air Hockey Tables, and Arcade Games.



Estimated Costs

Item	Amount
Program	\$ 865.00
Transportation	169.00
Extra night at 4-H Center	33.00
Extra meals at 4-H Center	19.00
Airfare	591.00
Meals not included	150.00
Tours, sightseeing	150.00
Travel to/from airport	23.00
Total	\$2,000.00

Payment Schedule

November 20	Intent to participate and \$200 deposit
January 15	\$500 payment
March 15	\$500 payment
April 30	Balance (approx. \$800)

We look forward to welcoming you this summer!

