

# CLOVERLEAF

NEWS FROM SNOHOMISH COUNTY WSU EXTENSION • October 2011

## Remarks from the Park...



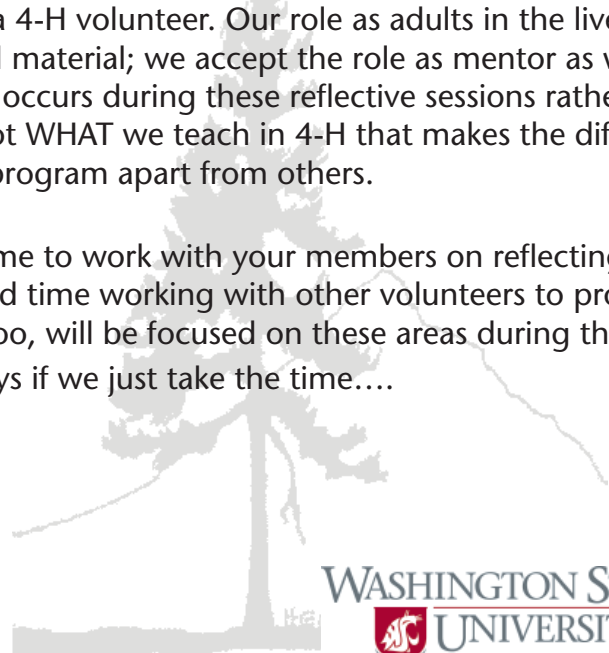
The beginning of a new year always brings new opportunities, and the chance to reflect on those opportunities from the past year. In 4-H, we boast about the success we have with our youth; we point out that they learn to stand and deliver public presentations, exclaim at their abilities to use sound reasoning and judging to make good decisions, and marvel at their accomplishments. I often wonder, however, if our youth are gaining the richness in life skills that we target.

Ask yourself, "How often have I spent time with each young person in my club to discuss their experiences with them", "Have I asked them how they feel about their successes, or challenges", "What lessons have they learned in 4-H that is assisting them in school, in their relationships, within their family?", and "When do I take the time to really listen to the youth and find out who they think they are?" The answers to these questions will assist you in evaluating your success as a 4-H volunteer. Our role as adults in the lives of these children lies not only in the teaching of project related material; we accept the role as mentor as well when we enroll as a volunteer. The development of life skills occurs during these reflective sessions rather than as the young person is learning their project skills. It is not WHAT we teach in 4-H that makes the difference in our youth; rather, it is HOW we teach it that sets our program apart from others.

My challenge to each of you this year is to set aside time to work with your members on reflecting about their experience. I also encourage each of you to spend time working with other volunteers to process and reflect upon your own experience in the program. I, too, will be focused on these areas during the upcoming year. I suspect each of us will gain in unknown ways if we just take the time....



Jana S. Ferris  
County Extension Faculty



Washington State University Extension helps people develop leadership skills and use research-based knowledge to improve their economic status and quality of life. Cooperating agencies: Washington State University, U.S. Department of Agriculture, and Snohomish County. Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

# Kudos

To the Poultry, Cavy, Rabbit and Dog programs, youth, leaders and parents for the wonderful job they did in the new building at the fairgrounds.

To the youth who have worked hard to make the State teams to go to Nationals.

To all of you that helped put on a great my4-H Event out at the fairgrounds. We had a lot of interest and it sounds like an exciting year to come.

## 4-H Council Meeting

Put it on your calendar. **October 12th at 7:00 pm in the Cougar Auditorium** in the Education Center building. Come and join us! We are always looking for new people to become involved! This is an opportunity to give input on the direction that 4-H takes in Snohomish County.

**Other meeting dates are November 9th, January 11th, March 14th, May 9th, and July 11th**



---

## Creative Arts



Our first program meeting will be on Wednesday October 19th at 6:30pm. We will meet at Alf's in Monroe and we have one of the back rooms reserved so all pizza is 1/2 off! If you plan on eating please come early to order your food so we can start on time. We will be doing a re-cap of fair, planning this year's workshops and approving the new Creative Arts by-laws. Everyone is welcome so please come and help us plan the upcoming year.

Our first workshop will be at Super Saturday on November 5th. Be looking for information coming soon.

Shelly Johnson

Creative Arts Program Leader  
snocreativearts@gmail.com

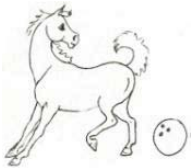
# Introduction to Horse Knowledge Contests

October 14, 2011 at 7 pm in the Extension Building at McCollum Park

Come learn how to get involved with **Horse Bowl** and **Hippology!!**

Both contests are excellent ways to develop and demonstrate your horse knowledge!!

Topics cover basic to advanced horse knowledge questions that include anatomy, breeds, disciplines, diseases, husbandry, feed, tack and equipment -- and everything in between!



**Horse Bowl** is a knowledge contest where members compete on teams of four answering questions by buzzing-in in a quiz bowl format.



**Hippology** is a four- phase knowledge contest where members compete individually answering questions by written exam, identification stations, team problem solving, and horse judging. ("Hippo" = horse + "ology" = study of).

Both contests are a lot of fun! Both contests have Novice and Regular levels too, so whether you're just starting out, or you already know quite a bit, there's a place for YOU to start participating in knowledge contests this fall!! Come join us to find out how. ☺

An RSVP is not required, but appreciated so we are sure to have enough hand-out materials. RSVP to [mommalobb@gmail.com](mailto:mommalobb@gmail.com) with member name(s) and age(s). Parents are welcome too!



## Ambassadors

**YOU'RE  
INVITED**

The 4-H Ambassadors are looking for more members who are willing to promote the 4-H program, help the 4-H council and leaders, and complete community service projects. The Ambassadors would love to have new people attend the meetings held at 7:00 p.m. in the Extension Evergreen Room on the 1st Wednesdays of each month.

For specific details about the Ambassador program and how you can be more involved in promoting Snohomish County 4-H, please contact Amber Priestly (at 425-422-4438) or Dana Bigham (at 360-805-5332).

# The Performing Arts



## Show Biz Kids 4-H Club

For youth in Kindergarten through 12th Grade who are interested in Performing Arts

Would you like to share in exciting stagecraft activities that are happening in Performing Arts?

### Each month

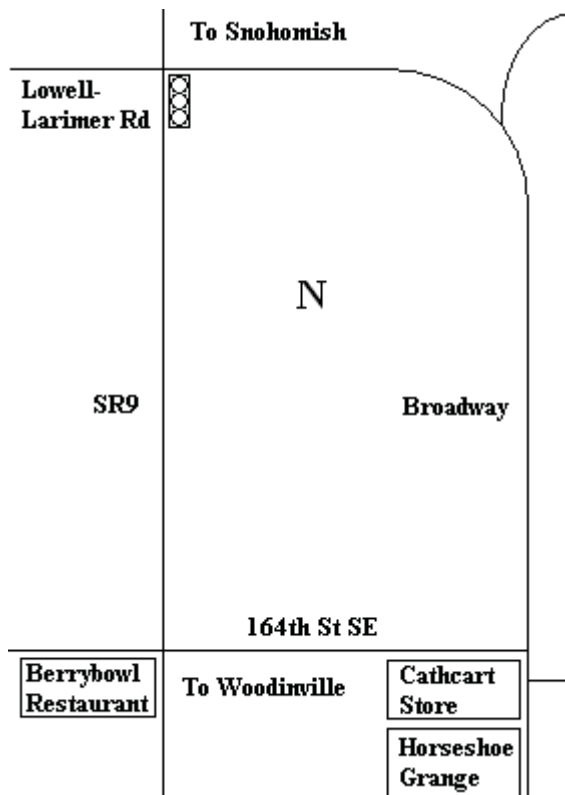
- .. Explore Performing Arts opportunities
- .. Improve your theater skills
- .. Make new friends
- .. Enjoy a great time

**For more information contact:  
Jan Bond at 360-668-6681**

### Club meets

- .. Once a month
- .. On the second Tuesday of each month
- .. 7:00-8:00 p.m.
- .. At the Horseshoe Grange Cathcart/Clearview Area

164th and Broadway, Snohomish



Written, produced and directed by:

Jan Bond  
Snohomish County 4-H  
Performing Arts Program Leader

Assistant Directors:

Dianna Engeseth  
Lori Pehling  
Robert Bond  
4-H Leaders

Executive Producer:

Washington State University  
Extension Snohomish County

# Program News

## 4-H Natural Resources

### 2011 - 2012 Calendar of Events

#### October 2011

##### **13 ~ TRIP SIGN-UP MEETING**

Guest speaker & information on trips scheduled for the following 3 months. (All Invited / 7 PM / Extension Office)

##### **21-23 ~ Kayak Point Yurt Overnighter**

Camp in yurts, play games, eat, kayak and have fun getting to know other members of our Natural Resources group. (Beginner / Dottie)

##### **27 ~ Monthly Meeting (Computer Lab) (All Invited / 7 PM / Extension Office)**

#### November 2011

##### **5 ~ Salmon Tour Guide Training**

Learn about the life cycle of the salmon and how to share that information with others. (Beginner / Gabrielle)

##### **6-12 ~ Salmon Tours**

Learn about the life cycle of the salmon at the Wallace River Salmon Hatchery. (Beginner / Gabrielle)

##### **17 ~ Monthly Meeting**

(All Invited / 7 PM / Extension Office)

#### December 2011

##### **8 ~ Holiday Party**

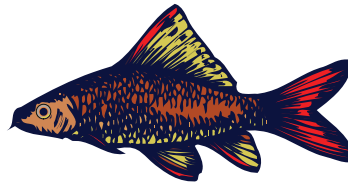
Bring a potluck dish large enough to feed your family, a \$5 white elephant gift and non-perishable food for the local food bank. A great social event to get to know others! (Beginner / Gabrielle & Lisa)

##### **10 ~ Water Safety Training**

Required for participation in any boat/kayak activities. (Beginner / Bob)

#### Event Leaders

Bob Clemence 360-668-9002  
Chris Clemence 425-318-0835  
Dottie Nelson 425 485-4736  
Dustin Edwards 425-319-0918  
Emily Jacobs 425-760-7588  
Gabrielle Roesch 425-357-6011  
Heidi Hunt 360-794-9675  
Kathy Rostrom 425-766-3918  
Lisa Jacobs 425-530-1487  
Nadine MacLane 425-788-9807  
Ray Schumacher 206-940-6904  
Robert Pokorny 360-348-3785  
Sandy Clemence 360-668-9002



All dates are tentative and will be confirmed at the Monthly Planning Meetings and the Trip Sign-Up Meeting preceding the event. There are no pre-sign ups for any event on the calendar prior to the Trip Sign-Up Meeting preceding the event. If you can not make it to the Trip Sign-Up Meeting you may sign up with the event coordinator via phone on a space available basis. Additional events may be added. They will be announced first at the planning meetings, where active members will be given a chance to sign up. Some events may have limited space.

# Program News

## County Photography Program

The leaves are changing all around us & the pumpkins are bright orange laying in their fields. Fall is in the air & it's a perfect time to take photos of all the wonders around us. What a amazing place we live that allows us to absorb mother nature's beauty.

The 4-H photography program is starting a new year. Come and join us!

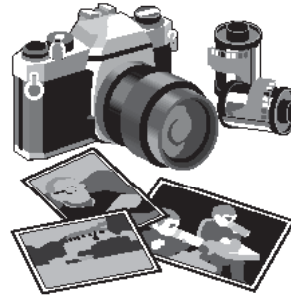
**Date: October 10th, 2011**

**Time: 6:30pm**

**Where: Extension Office - Cougar Room**

This will be an informational & planning meeting. Come & share your ideas for workshops & photo shoots.  
Hope to see you there!

Toni Fitzgerald  
(425) 308 - 0418  
Toinnettelynn@hotmail.com



---

## Vet Science

Starting up our 4-H year with our first workshop,

**October 16th at 2:00 pm at the Extension Education Center**

Please **pre-register**, so that I have the proper amount of information or items to work with.

Kim Chubbuck  
Veterinary Science Program Leader  
Snohomish County 4-H  
Phone: (425) 232-4877  
Email: [snohomishcountyvetscience@gmail.com](mailto:snohomishcountyvetscience@gmail.com)

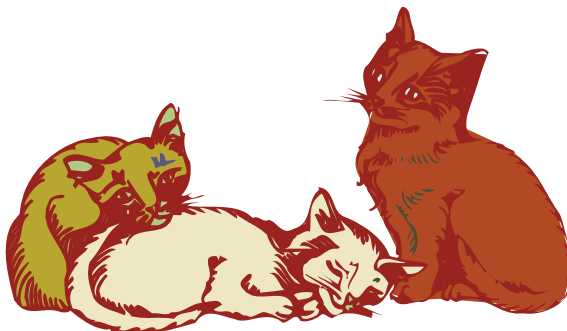


# CAT PROGRAM

**Cat program meeting will be held at the Alfys in Snohomish at 7:00 on October 12th.**

We will be meeting and electing officers for the start of the new year along with planning out the events for our cat program.

Contact: Candi Burke 360-794-4274 or equine\_rider@hotmail.com



---

## SEWING

**THE BABY AFGHAN FOR PROJECT LINUS!** With **Lynne Green, CTA**



**Two sessions, October 22nd and 29th, Saturdays, 10:00am – 2:00pm,  
Evergreen Rm/Extension**

**Business meeting for Lucky Clovers & Sewing Advisory Council is 12:30 – 1:00pm.**

During the first week of this 2-part series, learn to crochet a square for an afghan from Clothing & Textile Advisor, Lynne Green. During the second week, we piece the individual squares to make a baby afghan. The afghan will be entered/judged in the 2012 Evergreen State Fair (each member's contribution can be judged individually). After the fair, the afghan will be donated to Project Linus.

Pre-requisites: None. Suitable for beginners as well as intermediate/advanced crocheters. Those new to needlework are welcome!

**Supplies:** One skein "worsted weight" acrylic yarn (such as RedHeart SuperSaver). Crochet hooks, size G and H. Yarn needle. Scissors. Booklet: 63 Easy-To-Crochet Pattern Stitches, by Leisure Arts. Bring your lunch!

**Volunteers:** Successful workshops require a 3 (leaders):1(participant) ratio. Parents/sewing leaders are encouraged to stay and volunteer (you can help someone else's child). Please let Lynette know if you can help.

**To enroll: RSVP required by Saturday, October 15th,** to Lynette (lhbikos@spu.edu). Limited to 12 participants (plus interested parents; minimum required is 5)

**Special note:** Parents/leaders who can volunteer can do so either with sewing OR with record book judging. For those new to (but curious about) the 4-H Record Book, this is a great opportunity to learn. No experience required; training provided.

Continued on next page.....





**SHEEP TO SHAWL** with **Lila & David Chapman**, BarnPlace in Woodinville  
4-6 Saturdays, with separate Spring and Fall sessions (dates TBD); 12:00pm – 4:00 pm.  
We start with a sheep shearing! And continue with wool washing, felting, carding, dying, and product production (like spinning, knitting, and felting!). This series was first introduced in the 2010-2011 4-H year and was wildly popular with long wait-lists (so sign up soon!). For more information, check out this article in the Woodinville Patch: <http://woodinville.patch.com/articles/barnplace-breeding-farm-animals-teaching-4-h-kids>

**Prerequisites:** None.

**Cost:** \$25.00 per participant (make checks payable to Sammamish Valley 4-H Club). The fees include instructional handouts, class supplies, 2 felting needles, and fleece. Attending parents who wish to receive the workshop supplies should also pay \$25; parents who do not wish to have supplies are very welcome as observers/assistants.

**To enroll: RSVP** required by DATE to Mrs. Lila ([costumbarn@frontier.com](mailto:costumbarn@frontier.com)) with cc to Lynette ([lhbikos@spu.edu](mailto:lhbikos@spu.edu)). Workshop is limited to 15 enrollees (plus interested parents; minimum required is 6).

**Snacks:** Mrs. Lila will likely circulate a “healthy snacks and drinks” sign-up list. Please volunteer for your turn.

**Volunteers:** Successful workshops require a 3 (leaders):1(participant) ratio. Parents/sewing leaders are encouraged to stay and volunteer (you can guide someone else’s child). Please let Mrs. Lila know if you can help.

## CLASSIC 4-H PILLOW CASES



with **Tinley Bikos (Lucky Clovers) & Sharayah Ruhl (Friends 4-Ever),**

**Senior 4-H Members**

**Saturday, November 12th, 10:00am – 2:00pm,**

**Evergreen Room/Extension Office**

**Business meeting for Lucky Clovers &**

**Sewing Advisory Council is 12:30 – 1:00pm.**

Sometimes called the “hotdog pillowcase” (so-named because of the hotdog construction technique), “designer pillowcase,” “sleepover pillowcase,” or “pillowcase with pizzazz!”, the classic 4-H pillowcase has a longstanding reputation. Fairgoers are always amazed when we say, “Oh, that pillowcase? It was made by a first year sewer!”

**Pre-requisites:** None. New sewers are very very welcome.

**Supplies:** For each pillow, bring three pieces of coordinating fabrics (all are measured in inches). The cuff should be 9 X 42 (1/4 yard of 45” fabric); the trim strip should be 3 X 42 (1/8 yard of 45” fabric); the body of the pillowcase should be 27 X 42 (3/4 of a yard). If you want to make a pair of pillowcases, double the yardage (1/2 yard for cuffs; 1/4 yard for trim; 1.5 yards for bodies). Bring your sewing machine, sewing basket, and coordinating thread. Bring your lunch!

**Volunteers: Successful workshops require a 3 (leaders):1(participant) ratio.**

**Parents/sewing leaders** are encouraged to stay and volunteer (you can help someone else’s child). Please let Lynette know if you can help.

To enroll: RSVP required by Saturday, October 29th, to Tinley ([rainjstorm@gmail.com](mailto:rainjstorm@gmail.com)) with cc to Lynette ([lhbikos@spu.edu](mailto:lhbikos@spu.edu)). Limited to 12 participants (plus interested parents; minimum required is 5).



# BEEF PROGRAM

**Please pre-register we would like to have a minimum of 5 or the workshops will be cancelled.**

## **October 25th at 7:00 pm at the Extension Education Center - Fair Review**

This is your opportunity to speak up on what you liked or didn't like at fair. We will discuss what you would like to see changed and then we will vote on it.

**Pre-register with Debbie Foster at 360-668-8232 or [debscow@frontier.com](mailto:debscow@frontier.com)**

## **November 5th – Super Saturday – BUMPS, BRUSES AND MORE...WHY QUALITY ASSURANCE with Our Foods.**

We will talk about why we should be concerned with quality assurance from farm to market to consumer, this works with animals, produce or made item.

## **January 28th – Country Living Expo – Stanwood High School. Save this Date.**

There will be many opportunities to get in your qualifying workshops done. Watch for more information in the up and coming months. There are usually scholarships for youth available first come first server bases. So plan early on attending.

## **March 3rrd - 9:00 am - Extension Education Center - Prepare for Fair and Tackbox check litsts.**

We will work on putting together checklists that you can use when getting ready for fair. What you should be doing prior fair and what you should have in your tack boxes. This way you can go down the list check it off so you don't for get it. This way it might relieve some of the stress of fair for you, your parents and your animals.

**Pre-register with Debbie Foster at 360-668-8232 or [debscow@frontier.com](mailto:debscow@frontier.com)**

## **May 12th - 9:00 am - Extension Education Center - Beef Skill-A-Thon**

We will have stations set up for you to test your skills of knowledge, it could be parts ID, how to read medication labels, meat cut ID, Breed, ID and more ... you won't know until you get here.

**Pre-register with Debbie Foster at 360-668-8232 or [debscow@frontier.com](mailto:debscow@frontier.com)**

**One County workshop is required for attending fair,** watch t he newsletter for more workshops. If any one would like to put on an workshop or clinic it needs to be in planned and in place by June 1st or it will not count. We do need to send it out in Cloverleaf, get your information in by the 15th prior to the month of the event.

**Contact Debbie Foster at 360-668-8232 or [debscow@frontier.com](mailto:debscow@frontier.com)**

# Watch for news about the WSU BEEF 300 course at Pullman in June.

