

# CLOVERLEAF

NEWS FROM SNOHOMISH COUNTY WSU EXTENSION • January 2010

## Remarks from the Park...

As the New Year begins, I am reminded that the 4-H program has been gearing up their new program year for a few months. I am extremely hopeful that each and every child that has a desire to participate in 4-H is afforded that opportunity. I am also comforted with the knowledge that our county program benefits from scores of dedicated, competent, and compassionate volunteers. Congratulations to the Horse Program who realized well above their \$10,000 goal through their 1st annual Walk-A-Thon.



Our annual, low time-intensive, train show fund raiser, however, is just around the corner. I certain Nancy Franke is looking for volunteers for this event and, as such, would appreciate hearing of your availability. A notice is enclosed in this newsletter to facilitate your volunteering. Also, volunteers are needed to assist in promoting our train show during the Dr. Martin Luther King, Jr. holiday weekend. Nine different two-hour shifts are open to attend the Pacific Science Center Train Show, receive free admission to the Science Center, and be eligible to win 4 FREE tickets to an IMAX show. Now is the time to step up to support your county 4-H program. Without realizing a good profit from this event, the county program will be unable to support many events and awards for our youth.

Finally, I'd like to thank each and every one of you for the service you give to the youth of Snohomish County. Without you, many youth would experience all that 4-H has to offer. Happy New Year!

A handwritten signature in black ink, reading "Jana S. Ferris".

Jana S. Ferris

County Extension Faculty

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# Kudos4

To all those leaders who got their enrollments and training done on time.

To the youth that went to Nationals and done a wonderful job representing our State and County.



# Ambassadors

The 4-H Ambassadors are looking for more members who are willing to promote the 4-H program, help the 4-H council and leaders, and complete community service projects. The Ambassadors would love to have new people attend the meetings held at 7:00 p.m. in the Extension Evergreen Room on the 1st and 3rd Wednesdays of each month.

For specific details about the Ambassador program and how you can be more involved in promoting Snohomish County 4-H, please contact Michelle Morano (at 425-355-2188) or Amber Priestly (at 425-422-4438).

## Snohomish County 4-H Public Presentation Program

### Project Workshops: Jan-Feb 2010

All workshops will be at the Extension Education Center starting at 7:00 PM. Workshops are open to all members, parents and leaders. Bring your presentation ideas, and any materials you are working with.

**Monday Jan 4th** What is a Public Presentation? And How to Get Started

**Monday Jan 18th** Putting Together an Award Winning Presentation

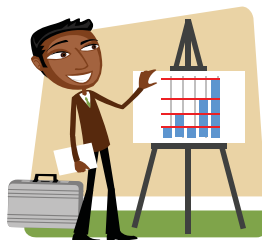
**Monday Feb 1st** What is a Public Presentation? And How to Get Started

**Monday Feb 15th** Putting Together an Award Winning Presentation



The public presentation program is available to give workshops on a club or program level, please contact me if you would like to set something up for your group.

Dawn Gregory  
Snohomish County 4-H  
Public Presentations Program  
425-327-9567  
looseleash@hotmail.com



## **Snohomish County 4-H Public Presentation Program Area Contest Dates for 2010**

### **Project Reminders**

Public Presentation Program will provide tables and easels, and can provide projectors and computer laptop by request.

The public presentation program is available to set up contests or workshops for your individual project or club, however, all County Finalists will be required to qualify at Area Level contests.

**1. Saturday March 13, 2010 9:00am**

Alderwood Manor Youth Club  
19719 24th Ave W, Lynnwood

**2. Friday March 26, 2010 5:00pm**

Education Extension Center  
600 128th SE Everett

**3. Friday April 10, 2010 9:00am**

Education Extension Center  
600 128th SE Everett

**4. Thursday April 15, 2010 5:00pm**

Evergreen State Fairgrounds (4-H building)  
Hwy 2 Monroe

**5. Friday April 16, 2010 5:00pm**

Evergreen State Fairgrounds (4-H building)  
Hwy 2 Monroe

**6. Saturday April 17, 2010 9:00am**

Alderwood Manor Youth Club  
19719 24th Ave W, Lynnwood

**7. Thursday April 29, 2010 5:00pm**

Evergreen State Fairgrounds (4-H building)  
Hwy 2 Monroe

**8. Friday April 30, 2010 5:00pm**

Evergreen State Fairgrounds (4-H building)  
Hwy 2 Monroe

# PRESENTING

County Finals (Qualified presentations only)

Friday May 14, 2010 6:00pm

Friday May 21, 2010 6:00pm

Education Extension Center

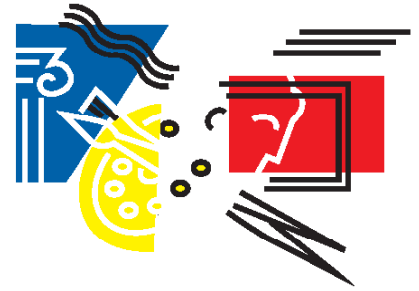
600 128th SE, Everett

Dawn Gregory-Snohomish County 4-H Public Presentation Program

425-327-9567 looseleash@hotmail.com

# Program News

## 2009-2010 Creative Arts Workshop Dates and Locations



### **Saturday, January 23, 2010**

Evergreen Room, 9-12

County Creative Arts Community Service – Craft and Story Activities  
at Everett Women's and Children's Shelter

### **Saturday, February 6, 2010**

Longhouse at Fairgrounds, 9-12

Pam Whyman -- Intermediate Drawing for Intermediates and Seniors

### **Thursday, February 25, 2010**

Evergreen Room, 6:30 p.m. – 8:30 p.m.

Shelly Johnson -- Soapstone Sculpture for Primaries, Juniors, Intermediates, and Seniors

Sign up by sending \$5.00 per participant/per workshop to:

Linda Worthy (22303 132nd St. S.E., Monroe, WA 98272).

Checks should be made out to "4-H Creative Arts."

The \$5.00 fee holds your place in the class.

Please include the name of 4-H'er, age, parent's name, email address, and phone number with your registration. Fee is non-refundable unless we cancel the class.

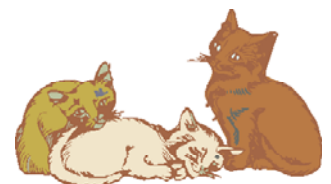
Attend as many workshops as you'd like at \$5.00 each. Please contact us if financial assistance is needed.

Remember that you must be enrolled in Snohomish County 4-H Creative Arts. This is done through Extension. You can call Debbie Foster at (425) 357-6044.

We hope to see you at one or more workshops and at Fair next summer!

Barb Crane (barbcrane@hotmail.com)

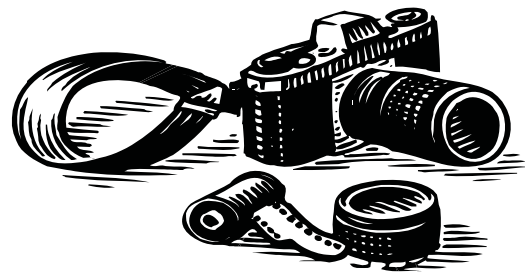
## Cat Program



Cat program meetings are held at Alfy's in Snohomish on the first Wednesday of the month at 7:00 pm and you can order ½ price pizza when you attend. For more information contact: Candi Burke at equine\_rider@hotmail.com or 360-794-4274.

# Program News

## 4-H COUNTY PHOTOGRAPHY



“Light Painting” with Dennis Bishop. Dennis is a teacher & professional photographer. This is an excellent workshop to attend. Dennis provides all the equipment to do this workshop, but bring your camera too. This will give you a chance to see what your camera is capable of doing. Don’t miss out on this opportunity. It’s a great workshop & we need at least 10 people to make it happen.

**Date: Wednesday, January 13th, 2010**

Time: 6:00pm – 8:30pm

Location: Extension Office – Evergreen Room

The photography project has been asked again to be the featured artist’s of the month for the Art’s of Snohomish Gallery. We have chose June to be our month featured.

We are going to form a committee for this project. If you would like to be part of this committee please come to the meeting in January. This will be our 3rd annual show.

**Date: Thursday, January 14th, 2010**

Time: 6:30 – 8:30pm

Location: Extension Office – Evergreen Room

There is still plenty of time to join photography. If you are interested please contact Toni Fitzgerald at 425-308-0418 or email: [Toni@Locknane.com](mailto:Toni@Locknane.com)



# Program News

## Snohomish County 4-H Sewing Program

The winter/spring program for 2010 is a beautiful collaboration between the 4-H Sewing Advisory Council (i.e., our 4-H youth), the Clothing & Textile Advisors (CTA), and the 4-H Sewing Program. Thanks to all of you for assisting in designing this high-energy and creative schedule of events.

To assist our leaders/educators in planning the events, please RSVP to [lhbikos@spu.edu](mailto:lhbikos@spu.edu) and indicate which workshop you plan to attend. On most days, it is possible to combine sewing and needlework...if you are willing to finish your projects at home.



### **January 16, 10:00am – 2:30pm, Cougar Auditorium**

Snohomish County 4-H Sewing Advisory Council\* meets 9:30 – 10:00

#### **Repurposed Coin Purse with Janet Wilkie,**

Repurpose 100% wool garments into ultra-cool coin purses.

Supplies needed: 12" x 12" piece of felted 100% wool fabric (or 12" x 12" piece of felted 100% wool sweater fabric); thread (white, black, and color to match fabric); 4" to 6" zipper; zipper foot; 90/14 top stitch sewing machine needles or jeans sewing machine needles

Before coming to class, you must felt your wool (easy to do in a washing machine). Detailed instructions for doing this are available from [lhbikos@spu.edu](mailto:lhbikos@spu.edu).

#### **Amigurumi with Lynne Green, CTA**

Try your hand at crocheting one of these cute Japanese animals. Most are made using single crochet with increases and decreases in stitch count.

Supplies needed: worsted weight (4) yarn and a size G or H hook.



#### **\*Bring a sack lunch!**

Please let Lynette (425.379.5806; [lhbikos@spu.edu](mailto:lhbikos@spu.edu)) know if you are planning to attend. That way we can know how many folks are attending! To receive regular e-mail updates about the sewing/needlework program, please e-mail Lynette ([lhbikos@spu.edu](mailto:lhbikos@spu.edu)) and ask to be added to the distribution list.

All meetings are at the County Extension Office, 600 128th St. Everett, WA. Directions to the Extension Education Center: From I-5, take Exit #186, 128th St. SW. Turn east and drive 1/2 mile. Turn into McCollum Park and follow the park road to the back of the park. The Ed. Center is the middle building of the office complex at the back of the park.

Continue on next page.....

# Program News

**February 6, 10:00am – 2:30pm, Cougar Auditorium**

Snohomish County 4-H Sewing Advisory Council\* meets 9:30 – 10:00

**Chenille Potholders with Lynette Bikos**



We'll make our own chenille fabric and strips and turn them into potholders. Plus, intermediate/advanced quilters/sewers can learn to make their own seam binding!

Supplies needed: One potholder requires five, 5-inch layers of fabric (if you want to experiment, bring 5 fat quarters). Fabrics should be 100% cotton (flannel works well) and either the same color, or colors that coordinate with each other. Do not prewash. (I'll bring flame-retardant lining).

**Granny Squares with Lynne Green, CTA**

Once you've made one granny square...make more!

You can connect them to make a purse, a totebag, a scarf, or a blanket, and more!

Supplies needed:

worsted weight (4) yarn and a size G or H hook.



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Check out the calendar of events on our website at:

<http://snohomish.wsu.edu/4h/4hcalendar.pdf>

Make 2010 a year of wonderful learning experiences to be shared by all.

Community service projects, workshops, clinics, shows, and more.

Don't forget to sign up and help at the Train Show events. This benefits the Snohomish County 4-H programs. January 16,17, and 18th help at the Pacific Science Center Train Show. Our show on February 5, 6, and 7th at the Monroe Fairgrounds.

Contact Nancy Franke to sign up at [nfranke@comcast.net](mailto:nfranke@comcast.net)

# Program News

## 2009-10 County Foods Workshops



**Sat. Feb. 27th 9:30-12:30 Evergreen Fairgrounds**

**Breakfast Bravado**...Everything you wanted to learn about what to make for the most important meal of the day. Quick ideas for busy school/work days, right up to holiday bunch ideas.



**Sat. March 20th Noon-3:00 Evergreen Fairgrounds**

**Reverse Workshop** ...Arrive to lunch already prepared by our senior members, and adult volunteers.

You will eat the meals first, and then venture into the kitchen to try your hand at making the same dishes, like the chefs before you. Special accent on nutrition.

\*\*\*\* This year I also want to offer some etiquette classes for our kids. I feel that these will benefit the younger ones with manners, and behavior, and benefit the older ones, with learning about decorum in situations that they may encounter as they continue into adult life. The primaries and juniors will take their class together; theirs will be on 3 hour class. Intermediates and seniors will have a 3 hour class at extension one day, then 2 days later finish with an evening out at the fairgrounds.

As an incentive for the kids to take these classes, I am offering a field trip to each group as a reward, and opportunity for them to see how their efforts have paid off. I will not disclose the field trip until the class ends.

Primaries/juniors will meet at extension, evergreen room on Sat. April 3rd, from 10-1:00

Intermediates/Seniors will meet at extension in the Cougar room on March 31st, Wed. 5:00-8:00.....and then at the fairgrounds on Friday night April 2nd, 6-9 pm.

Workshop fees will remain at \$5.00 per workshop. The intermediate/senior etiquette class will be \$10.00.

So, there you have it. I hope that you are all as excited about these workshops as I am.

Don't wait to sign up; the classes normally fill up fast. Sign up by emailing me with your choices, and then I will tell you to mail in your fees, if there is room in each workshop  
Contact Lisa Hagen-Lyle at [Lhlyle@juno.com](mailto:Lhlyle@juno.com)



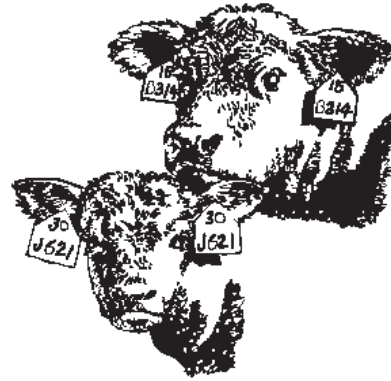
# Program News

## Beef

Any of the **Beef workshops at the Country Living Expo on January 30th** will count as a county workshop. <http://skagit.wsu.edu/CountryLivingExpo/> There are some scholarships available.

### Beef Section of the Fair Book

**Page 13**, 2009 Exhibitors handbook



### Department rules: Eligibility

**1-4** stay the same

**Add 5.** All exhibitors of the barn must participate in Beef Bowl and Livestock Judging.

**Add 6.** All exhibitors must turn in a record book to the superintendant or the Snohomish county office by August 1 Each record book must contain the following

**A.** A contract/bill of sale/lease agreement for the animal(s) exhibited including brand/markings/tattoo and or ear tag identification.

**B.** Club events/participation and one county event documented in calendar year log sheet

**C.** Log of work with the animal and activities within the project area as well as a herd health/vaccination record.

**D.** Records of financial input to the project or a log of hours worked in exchange for lease of the animal.

Record books can be in any format, as long as they contain the above 4 items and at least **4** photos documenting the year. (Debbie – can you include links to the books you gave me in the clover leaf article)

### Barn/Ground Regulations

**Rules 22-27** stay the same

**Add 28.** No primaries or Juniors on herdsman ship after 8 p.m.

### Calendar

**Add** Work party to set up for exhibit the Sunday prior to haul in from 12 to 5 p.m.

**Change** Over the hill from Thursday at 3-4 pm to 430 p.m.

**Change** Practice Showmanship from 230-3 to 2-4p.m.

**Add** On evenings with fire works, exercising of animals is permitted at 8 p.m., animals back in stalls at 8:50 p.m.

**Section H.** - Cow olympics, leave description as it is written, add that the competition may also include primaries, FFA members, and adults

Wow! Our new 4-h year has begun with a bang! Here in Natural Resources we have a lot of fun stuff going on!



Last month, in October we went to the Washington State Arboretum, which was gorgeous!

Also we had yurt camping and Sea Kayaking in the Puget Sound, learned a lot about how to kayak, saw a seal and the sky was a deep, crystal blue.



We also did Salmon Tour Guide Training, which was amazingly fun!

There are so many wonderful, budget-friendly, and family-friendly trips coming up!!!! One of our adults is giving wilderness survival training!

In November, we have the Water safety class on the 14th (MANDATORY if you want to go on ANY kayak, canoeing, or rafting trips!); December we have a Christmas party on the 1st, and then on the 12th, we are going to the Pacific Science Center and the Bellevue Botanical Gardens light displays. The gardens are decorated with strings of lights formed into different plants. In January we are going on the Eagle Float Trip on the 16th, we have a trip sign-up meeting on the 19th, and then, on the 30th, we are going on a Snow Shoe/ Cross Country Ski Trip! We love to go kayaking, hiking, canoeing, nature trailing, you-name-it-ing so we always have even more fun trips coming up!

In these cold, gray, wintery days, search for holly berries, and curl up with a cup of cocoa to watch the birds. Thank you to Sandy Clemence for being our program leader! Also, thank you Gabrielle Roesch for generously being our amazing extension program assistant! This is a wonderful, family-friendly group to join and we welcome all comers and nature-lovers, also those who like looking at the birds through the window will love these trips. If you are interested in joining this group, we welcome you to come to one of our meetings! They are always the 1st Tuesdays of the month from 7-8:30 pm at the extension office.

Club Reporter  
Monet

# Program News

## 4 - H N a t u r a l R e s o u r c e s 2009 - 2010 Calendar of Events

**2010**

**January**

**5 ~ Planning Meeting**

(All Invited / 7 PM / Extension Office)

**16 ~ Eagle Float Trip**

The Skagit River is the winter feeding ground for over 500 bald eagles. Drift quietly by the eagles as they feast on spawning salmon. Prerequisite: Water Safety Class. (Beginner / Bob)

**19 ~ Trip Sign-Up Meeting**

Join us for a special guest speaker and to hear information on trips scheduled for the following 4 month period.  
(All Invited / 7 PM / Extension Office)

**30 ~ Snow Shoe/Cross Country Ski**

Try your hand (or should I say "foot") at trekking through the snow on snow shoes or skis. (Beginner / Dustin & Chris)

**February**

**2 ~ Planning Meeting**

(All Invited / 7 PM / Extension Office)

**13 ~ Survival Training Workshop**

Learn skills to survive in the wilderness.  
(Beginner / Chris)

**27 ~**

**Burke Museum of Natural History & Culture/Owl Pellet Adventures**

Curious about the natural wonders of Washington state, the Pacific Northwest and the Pacific Rim? Followed by a hands-on learning opportunity to dissect owl pellets. (Beginner / Jan)

**March**

**2 ~ Planning Meeting**

(All Invited / 7 PM / Extension Office)

**13 ~ Jetty Island / Sea Lion Tour**

Boating trip to view sea lions and learn about Jetty Island. Prerequisite: Water Safety Class. (Beginner / Sandy)

### Event Coordinators

Anna Osborn 425-770-7006

Bob & Sandy Clemence 360-668-9002

Chris Clemence 425-318-0835

Dottie Nelson 425 485-4736

Dustin Edwards 425-319-0918

Gabrielle Roesch 425-357-6011

Heidi Curnutt 425-316-8775

Jan Christensen 360-794-5192

Lisa Jacobs 425-530-1487

Ray Schumacher 206-940-6904

Robin Waldron 425-361-5711

Ted Pyles 425-338-2559



## Youth in Action Award Announced

We would like to make you aware of a great opportunity to recognize an outstanding young person from your 4-H program!

National 4-H Council will host its first annual national fundraising event – the 4-H Legacy Awards - in Washington DC. On April 22, 2010. Those states that are part of a National 4-H Council funded grant program are eligible to nominate one young person (ages 16-21) to receive the 4-H Youth in Action Award.

The 4-H Youth Action Award recognizes a 4-H member who is a current realization of 4-H's vision for youth as catalysts for positive change. This award will also seek to inspire other young people to create positive change in their clubs, communities, country, and world. Nominees should represent the diversity and passions of 4-H youth nationwide, have overcome personal adversity, and have demonstrated outstanding leadership, as well as the ability to engage others.

The recipient's achievement must clearly align with the mission of 4-H in rising to challenges, providing a voice for young people and giving back to one's community. Some of the criteria for the award are below. The full RFP is attached.

- Primary consideration will be given to older 4-H youth and young 4-H alumni (ages 16-21).
- Nominees must have demonstrated excellence and experience in public speaking through national, state, or county public speaking engagements, especially in a formal or business setting.
- Applicants are to submit video applications online by January 15th, 2010. Applicants are asked to work with the nominee to create a video demonstrating the nominee's public speaking skills while discussing why they meet the above criteria as an outstanding representative of 4-H members nationwide.
- The primary focus areas are science, engineering and technology, healthy living, and citizenship. Special areas of interest include environmental responsibility, service to other youth, overcoming barriers found in urban or remote rural areas, and access to higher education/closing the achievement gap.
- One person will be selected to receive the Youth in Action Award and one person will be announced as runner-up.
- The award winner will be selected and announced by early February, 2010.
- The award winner is expected to be present at the Gala in Washington DC on April 22, 2010, to receive the award and give an acceptance speech.
- Travel expenses (for winner and one chaperone) and professional coaching (if necessary) will be provided by Council.

This is a National 4-H Council award opportunity. Please refer to <http://grants.4-h.org> for more details and to apply for this award.