

# 4-H FOCUS

# **APRIL 2014**

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## Klickitat County 4-H Spring Break Horse Clinic - April 4, 5, and 6

Spring Break is coming!! Don't miss the 4-H Spring Break Horse Clinic April 4-6, 2014 at the Klickitat County Fairgrounds.

Friday, April 4 - Check-in and orientation at noon. Clinic runs 1-5pm: The focus will be on ground training, lunge line work, and beginning work with your horse.

Saturday and Sunday, April 5 & 6 - Check-in and orientation at 8am (both days). Clinic runs 8am-4pm: the focus will be on showmanship, proper equipment, trail, and horsemanship.

Early registration is appreciated. Cost is \$50 per participant for all three days or \$30 per day. For families with three or more participants, the cost is \$40 per participant for all three days. Registration cost includes lunch (Saturday and Sunday) for clinic participants. All other attendees can purchase lunch for \$5 at the event.

Contact Martha Parsons at 509-637-4016 or Pat Shamek at 541-993-9560 for additional information. Registration forms are available at the Extension office and online at <a href="http://klickitat.wsu.edu">http://klickitat.wsu.edu</a>.

#### **April 12 Rabbit and Cavy Clinic**

The April 12 Rabbit and Cavy clinic will be held from 9am to noon in the Small Animal Building at the Klickitat County Fairgrounds in Goldendale, WA. It will cover beginning breed judging for rabbits and cavies. 4-Hers will learn how to develop, write and present oral reasons and learn the basics of judging. All participants will judge both rabbits and cavies. This skill-building clinic will help 4-Hers participate in judging contests and gain additional knowledge about qualifying to be part of a judging team for state fair and other shows. There will be demonstrations and plenty of opportunities for asking questions and getting answers.

What to bring with you to the clinic: Notebook, pencils or pens (be sure to take notes); animal(s): please bring fitting and showing rabbit or cavy in a leak-proof carrying case. Questions? Contact Cathy Johnson, 206-261-7055, Brandie Read, 509-773-3006, or Sonya Reed-Shields, 509-493-4147.

# April 12: Demonstration Day (State Qualifier) for Public Presentations and Demonstrations

The Klickitat County Demonstration Day will be Saturday, April 12, from 1pm till 5pm in the 4-H room at the Klickitat County Fairgrounds. This will be the state fair qualifying event for demonstrations and public presentations. 4-H members will want to plan now to prepare their demonstration or public presentation for the April 12<sup>th</sup> event.

#### Goldendale Grange Mini-Fair is Coming in April

Calling all entries! The annual Grange Mini-Fair is coming soon! Arts and crafts, paintings and drawings, photography, sewing, needlework, quilting, baking and canning entries – there are many classes in which items can be entered. All Klickitat County residents over 5 yrs old can enter.

Entries may be brought to the Goldendale Grange Tuesday, April 15 from 1pm to 7pm and Wednesday morning, April 16 from 7am to 9:30am. The grange will be closed for judging from 9:30am to noon. Entries will be on display for the public from noon to 5:30pm. Entries can be picked up after 5:30pm. Contact Lucille Bevis at 509-773-9122, Mary Ann Enyeart at 509-773-4283 or Glenda Bowdish at 509-773-3608 for more additional information.

#### Horse / Dairy Cow / Dairy Goat 4-H Members - A Reminder

Certificates for horse, dairy cow and dairy goat projects are due to the Extension office by May 1

# <u>Hiring Teens Now for Summer 4-H Program – April 10 Application deadline</u>

We have exciting news to share! Klickitat County is piloting a new program . . . Food Smart Families presented by Youth Advocates for Health!

The WSU Extension 4-H Youth Development program has been selected as one of five Extension programs in the nation to pilot "Food Smart Families", a new nutrition and healthy living education program funded by the National 4-H Council in partnership with the ConAgra Foundation. The goal of the program is to reduce the incidence of obesity among youth and adults.

Through the Youth Advocates for Health (YA4-H!) program, paid teen interns will advocate for healthy living in their communities; helping younger children learn about nutrition, exercise and healthy behaviors.

YA 4-H! Teen Teachers will work in teaching teams to lead hands-on lessons and activities. Lessons will be taught to youth, ages 8-12, at local schools, summer camp programs and other community youth organizations. Teens also have the opportunity to co-organize and run family outreach events (e.g., health fairs, healthy cooking demonstrations, family trail hikes, etc.). Teens will develop leadership and teaching skills through this educational and fun program through practical on-the-job training and mentorship with WSU staff and faculty.

Do you know of a summer program that would be interested in hands-on Food Smart Families activities? Let us know! Contact Alison White at <u>alison.white@wsu.edu</u> or <u>(509) 574-1588.</u>

Are you a teen looking for a summer internship and interested in teaching about food and nutrition? Review this position description and apply ASAP! The application forms are due Thursday, April 10th!

#### Mid-Columbia Junior Livestock Show and Sale June 6-8, 2014

The Mid-Columbia Junior Livestock Show and Sale will be June 6-8, 2014 at the Wasco County Fairgrounds in Tygh Valley, OR. Events include conformation and showmanship for beef, sheep and swine, a market animal sale and a livestock judging contest. This is a great opportunity to practice showmanship and livestock judging. Activities also include an All-Around Champion Showman contest, Herdsmanship awards, picnic and fun night. Complete rules and registration forms are available in the Extension office or online at <a href="http://mclivestock.com/">http://mclivestock.com/</a>. Entry fee is \$25 per animal. Entries must be postmarked by May 25 to avoid late fee of \$20. For more information, contact Helen Rolfe at 509-773-8011 or rolfehelen@yahoo.com.



The 2014 Northwest Junior Sheep Exposition (NWJSE) sponsored by Washington State University Extension and Department of Animal Sciences will be held July 18-19 at the Grant County Fairgrounds in Moses Lake, Washington. The Junior Sheep Expo offers an excellent opportunity for young people from throughout the Pacific Northwest to showcase their sheep projects in a competitive, fun, and educational environment.

Youth have the opportunity to obtain growth and carcass (ultrasonically) results from lambs they exhibit. Participants will learn to select fast gaining lambs that are heavily muscled and properly finished. Participation in this event will lead to a better understanding of the economics related to producing market lambs. The show also provides participants the opportunity to exhibit their skills in showmanship, trimming sheep, judging sheep and wool, and teaching spectators about the sheep industry or sheep husbandry through educational displays. Participation in the NWJSE is a quality educational experience because exhibitors learn about desirable market traits of meat and wool.

Exhibitors desiring to enter market lambs in the 2008 NWJSE should complete and return an entry form by May 1. The entry deadline for feeder lambs, breeding sheep, educational exhibits, and other contests is June 15. Premium booklets are sent to northwest Extension offices, FFA Advisors, and previous exhibitors in late February. Premium books and entry forms are also available at <a href="http://animalag.wsu.edu">http://animalag.wsu.edu</a> under "Upcoming Events." Additional copies are also available by contacting Sarah Smith at 509-754-2011, Ext. 413 or by email at <a href="mailto:smithsm@wsu.edu">smithsm@wsu.edu</a>.

# Washington State 4- H Hall of Fame Nomination

It's time once again to start thinking about submitting Washington State 4-H Hall of Fame nominations! The Washington State 4-H Hall of Fame was established in 2002 to recognize individuals and organizations that have had a significant impact upon the 4-H Youth Development Program and/or its members and leaders at any time since 4-H's beginning. Each year at the WA State 4-H Forum in October, we recognize and induct additional members into the Washington State 4-H Hall of Fame. Anyone who has made a significant contribution to the development of 4-H or 4-H'ers in Washington State is eligible to be nominated for this honor.

See the <u>application form</u> on the state 4-H website for additional details. Hall of Fame nominations for this year are due by **June 1**.



The National 4-H Annual Curriculum Pre-Press Sale period is **April 1 – 30, 2014**. All curriculum and educational resources will be 25% off! These are the lowest prices that will be offered in 2014. Some featured new products include *Build Your Future* Career Readiness curriculum, *Junk Drawer Robotics* curriculum materials kits, *STEPS to a Healthy Teen* Curriculum, *What's on Your Plate?* Food Science curriculum, and more. Simply start browsing the selection at the 4-H Mall here: <a href="http://www.4-hmall.org/Category/educationresources.aspx">http://www.4-hmall.org/Category/educationresources.aspx</a>.

# 4-H International Exchange: Year-long Hosting Opportunities

High school students from Japan are seeking host families for the 2014/2015 academic year (August 2014-June 2015). Families need not have children in the home. Students bring their own spending money and insurance coverage. We currently have two boys and one girl needing placement; please see their basic information:

- 15 year-old male entering 10<sup>th</sup> Grade. Interests: tennis, swimming, basketball, soccer, cooking, fishing, camping, chess. Considerate, cheerful, tolerant. Allergy: dogs. No indoor dogs, please.
- 17 year-old male entering 11<sup>th</sup> Grade. Interests: basketball, soccer, judo, watching movies, singing, school clubs. Considerate, friendly, bright.
- 15 year-old female entering 10<sup>th</sup> Grade. Interests: Camping, dancing ballet, reading, school clubs, cooking, basketball, soccer, volleyball. Responsible, curious, enthusiastic.

Interested families may contact Carolyn Russo at <a href="mailto:carolyn.russo@wsu.edu">carolyn.russo@wsu.edu</a> for more information or call (509) 431-0719.

## 4-H International Exchange: Short-term Summer Host Families Needed

The summer inbound program is seeking host families for Japanese delegates, ages 12-18. Program dates are July 24-August 20. Families need to have a young person in the home of similar age as the hosted process. screening delegate and complete the **Applications** can be started online http://www.states4hexchange.org/host-families/create-account.aspx. Please consider this opportunity. We now have the delegate profiles available. Contact Carolyn Russo at carolyn,russo@wsu.edu for more information or call (509) 431-0719.

# Survey of 4-H Healthy Living Professional & Volunteer Development Needs

The national 4-H Healthy Living team is currently conducting an assessment of 4-H Healthy Living Professional and Volunteer Development needs of both adults and teens and we would appreciate your assistance in disseminating this survey to anyone in your state who is working on 4-H healthy living programming. We are especially interested in learning more about volunteers' needs for 4-H healthy living training and resources. The study is being conducted by Dr. Joseph Donaldson with the University of Tennessee Extension and is funded by National 4-H Council. Thank you for your help in sharing the following survey link with professionals and volunteers: <a href="https://www.surveymonkey.com/s/4HHealthyLiving">https://www.surveymonkey.com/s/4HHealthyLiving</a>. The results will be invaluable to the national team at 4-H National Headquarters and National 4-H Council as we develop resources to meet these needs. The survey will close on **April 17**.

#### 4-H Horse Leaders Meeting on Thursday, April 17, 2014

The next 4-H Horse Leader meeting will be on Thursday, April 17 at 6:30pm in Lyle at the Lyle Activity Center (on 3<sup>rd</sup> street and Hwy 14). Carpooling may be available from Goldendale. Contact Pat Shamek at 541-993-9560 or Lisa Harness at 509-773-5817 for further details.

Interested 4-H leaders, parents and 4-H horse members who would like to be a part of planning events and education for our county horse program will want to attend these meetings. This is a good way to stay up-to-date on current 4-H Horse project information, too.

#### 4-H Leaders' Council Meeting – April 28, 2014

The April 28 Klickitat County 4-H Leaders' Council training and meeting will be held in the 4-H room at the Klickitat County Fairgrounds in Goldendale. The Leader training session will begin at 6:30 pm. The meeting will begin at 7pm.

These meetings are where the "business" of our county 4-H program is conducted. Leaders, parents and youth who attend these meetings help determine the direction of our county program. Please attend as many meetings as you can. 4-H clubs are encouraged to have a representative regularly attend meetings.

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

## Klickitat County 4-H Calendar of Upcoming Events

#### **APRIL 2014**

- 4-6 Spring Break 4-H Horse Clinic, Klickitat County Fairgrounds
- 4-H Rabbit/Cavy Clinic, 9am to noon, Small Animal Bldg, Klickitat County Fairgrounds
- 12 Demonstration Day State Qualifying Event, starts at 1pm-5pm, 4-H Room, Klickitat County Fairgrounds
- 4-H Family Living leaders meeting, 6:30pm, Goldendale Grange hall
- 15 Fair Board meeting, 6pm, Klickitat County Fairgrounds
- 4-H Horse Leaders Meeting, 6:30pm at Lyle Activity Center in Lyle, WA
- 26 Moved to new date May 9: 4-H Container Gardening Workshop
- 4-H Leaders' Council Meeting, 4-H leader training at 6:30pm, meeting at 7pm, 4-H Room, KC Fairgrounds

## **MAY 2014**

## 1 DEADLINE: Horse / Dairy Cattle / Dairy Goat certificates DUE to Extension office by 5pm

- 9 4-H Container Gardening Workshop, 3:30pm to 6:30pm, location TBA
- 12 Deadline/postmark date for required 2014 4-H/FFA swine exhibitor forms
- NO SWINE PRE-SHOW Cancelled for 2014 contact the Extension Office for more information
- 4-H Family Living leaders meeting, 6:30pm, Goldendale Grange hall
- 4-H Horse Leaders Meeting, 6:30pm at Lyle Activity Center in Lyle, WA
- 18 4-H Photography Workshop, 1pm to 4pm, location TBA
- 4-H Leaders' Council Meeting, 4-H leader training at 6:30pm, meeting at 7pm, 4-H Room, KC Fairgrounds
- 20 Fair Board meeting, 6pm, Klickitat County Fairgrounds
- 26 Memorial Day Holiday County offices closed

## **JUNE 2014**

- 6-8 Mid-Columbia Junior Livestock Show, Wasco County Fairgrounds, Tygh Valley, OR
- 9 Sheep/Goat pre-show/weigh-in, Klickitat County Fairgrounds, 5:30pm to 7pm
- 9 4-H Family Living leaders meeting, 6:30pm, Goldendale Grange hall
- 17 Fair Board meeting, 6pm, Klickitat County Fairgrounds
- 4-H Horse Leaders Meeting, 6:30pm at Lyle Activity Center in Lyle, WA
- 22-24 Washington State 4-H Teen Conference, WSU Campus, Pullman, WA
- 4-H Leaders' Council Meeting, 4-H leader training at 6:30pm, meeting at 7pm, 4-H Room, KC Fairgrounds

# **JULY 2014**

- 4 4<sup>th</sup> of July Holiday County offices closed
- 14-16 4-H Horse-O-Polis Summer Horse Camp, Klickitat County Fairgrounds
- 4-H Family Living leaders meeting, 6:30pm, Goldendale Grange hall
- 15 Fair Board meeting, 6pm, Klickitat County Fairgrounds
- 4-H Horse Leaders Meeting, 6:30pm at Lyle Activity Center in Lyle, WA
- 18-19 NW Junior Sheep Exposition, Grant County Fairgrounds, Moses Lake, WA
- 22 Foods Day State Qualifying Event, Goldendale High School
- 27 4-H Western Games State Qualifier, Klickitat County Fairgrounds
- 4-H Leaders' Council Meeting, 4-H leader training at 6:30pm, meeting at 7pm, 4-H Room, KC Fairgrounds

## **AUGUST 2014**

- 5 Clothing Day State Qualifying Event
- 12 Poultry/Rabbit pre-show/weigh-in, Klickitat County Fairgrounds, Small Animal Building, 4-6pm
- 12 Record books, posters and market livestock project records due, noon-7pm, 4-H room, fairgrounds
- 12 Leaders' Council meeting at noon; fairgrounds clean-up
- 19 Still life entries due, noon to 8pm, 4-H room, fairgrounds
- 20 Animal weigh-in, Klickitat County Fairgrounds
- 21-24 2014 Klickitat County Fair: "Rock with the Stock"

#### SEPTEMBER 2014

- 1 Labor Day Holiday County offices closed
- 5-21 Washington 4-H State Fair, Puyallup, WA
- 26-28 4-H Adult Horse Camp, Klickitat County Fairgrounds
- 4-H Leaders' Council Meeting, 4-H leader training at 6:30pm, meeting at 7pm, 4-H Room, KC Fairgrounds

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