



2018 TANZANIA EXCHANGE



*Spend a SUMMER ABROAD and
immerse yourself in another culture!*



Curious about how those in another country live?

Travel to Tanzania to immerse yourself in a world that most tourists rarely get to see! You'll share everyday life in a Tanzanian 4-H community and build friendships that will last a lifetime.

PROGRAM DETAILS:

Dates: July 22—August 3, 2018 (including 1 night in Washington, DC)

Eligibility: 15-19 years old

Note: While this program is coordinated by Maryland 4-H, delegates can apply from any States' 4-H state.

Cost: \$3,250 plus domestic airfare (roundtrip between home airport and Washington Dulles International Airport) and \$200 for one night of lodging in Washington, D.C.



Delegates arrive in Dar es Salaam for an in-country orientation, which includes an introduction to Tanzanian culture and basic language phrases. Afterwards, delegates travel to rural areas and stay at Tanzania 4-H along with Finnish 4-H students. Delegates participate in programs with Tanzania 4-H clubs, volunteer in the local community, and engage in leadership training workshops. The program also includes a photo safari and cultural excursions.

Program Fees Include:

- Arrival orientation in Dar es Salaam
- Sightseeing and cultural excursions
- In-Tanzania expenses: lodging, meals, transportation
- Orientation materials
- Accident & Sickness Insurance

Program Timeline:

- Prior to February 1*:** **Meet your state's deadline for application and \$2,000 first payment to States' 4-H Office**
- February 15: States' 4-H notifies applicant of acceptance
- March 15: \$1,000 second payment due to States' 4-H Office
Medical form & passport copy due to States' 4-H Office
Maryland 4-H issues air tickets
- Spring: Virtual delegate and family orientations with MD 4-H
- April 15: Third & final payment due to States' 4-H Office
- July 22: Students fly to Washington-Dulles Airport one day prior to their international flight

*First payment check will not be deposited until applicant is accepted. First and second payments pay for airfare and part of the program fee.



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UNIVERSITY OF
MARYLAND
EXTENSION



States' 4-H International's mission is to enhance world understanding and global citizenship, which we believe can be achieved through living with a local host family and immersing oneself in another culture.



"I had such an astonishing experience, one that surely will influence me for the rest of my life. I feel like I've grown as a person, and my perspective on the world has changed drastically."

-States' 4-H Outbound Alumna

Who can apply:

4-H youth who want to learn first-hand about another culture and gain a global perspective. Must be between ages **15-19** from the first day to the last day of the exchange and must not be in college. 4-H enrollment guidelines and ages vary by state.

How to apply:

Contact your local 4-H coordinator to apply and to learn the application deadline for your state. If you are unsure of who to contact in your state, email OB@states4h.org.

Cancellation & States' 4-H Policies:

- Program Cancellations:
 - * Before March 15, 2018: \$300 cancellation fee. The remaining \$1,700 of the first payment will be refunded.
 - * After March 15, 2018: no refunds issued.
- Airfare is non-refundable once issued (airline credit may apply)
- In-State fees may apply
- No donor checks are accepted by the States' 4-H Office; donors must send checks directly to the delegate
- Program details subject to change

FAQs:

Q: Is this a States' 4-H program?

A: This program is coordinated by Maryland 4-H but delegates apply and submit payments to States' 4-H. With the exception of virtual orientations, all communication prior to the program will be through States' 4-H. All in-country support and logistics are coordinated by Maryland and Tanzania 4-H.

Q: Will a chaperone accompany the group?

A: Yes! Adult chaperones, including Maryland and Finland 4-H staff, will accompany the group during international travel and remain in-country to provide support during the exchange.

Q: Do I need to speak Swahili?

A: No prior language study is required. Our international partners have English-speaking staff on hand to assist you in communication and you will learn basic Swahili phrases.

For more information:

www.states4hexchange.org

exchange@states4h.org

OB@states4h.org

(206) 462-2200

(800) 407-3314



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