

4-H RITE OF PASSAGE LEADER CERTIFICATION

4-H LEADER SKILLS Checklist

A myriad of skills are required to become a successful 4-H Rite of Passage Leader. Please rate yourself on the following checklist.

Complete confidence (5)

Feel competent (4)

Limited ability; further training needed (3)

Very limited skill, significant training needed (2)

I have no training in this area (1)

Knowledge and Skill Concerning the Elements of the 4-H Rite of Passage

_____ I have enacted my own rite of passage/vision fast to confirm my work as a guide. I am committed to doing my own quest annually or as regularly as possible.

_____ I have assisted one or more times with an experienced leader so that I feel confident in beginning or continuing my own leadership.

_____ I am familiar with the central elements of modern day wilderness rites of passage.

_____ I have a commitment to deepening my connection with Nature and assisting participants in doing the same.

_____ I am aware of and can manifest my own unique gifts in the world - specific core values, understandings and abilities that are uniquely mine to give-away.

Knowledge and Skill Facilitating Others in a 4-H Rite of Passage

_____ I am able to interview participants in order to help them clarify their intentions and also assess their ability to safely complete a wilderness Rite of Passage.

_____ I am familiar with the 4 shields /4 directions teaching and can pass these teachings on to participants (this can be from any tradition or teaching that serves the ceremony).

_____ I am experienced in the nature of council and can hold the circle throughout the ceremony.

_____ I have skills in deep listening and mirroring.

_____ I have an understanding of ritual and self-generated ceremony and can facilitate others in creating their own.

_____ I am able to use a range of creative modalities to enhance and enrich participants' experience, e.g., journaling, dance, song, poetry, dreams.

_____ I am able to see the connection between the story brought back by the participant and the participant's inner and outer life.

_____ I am able to work with participants on all levels to assist and support emergence of new understandings of the self and the world, i.e. physically (safety), emotionally, mentally, and spiritually.

_____ I am familiar with the concept of incorporation and how to orient the participant to that phase of the rites of passage process. I am aware of a variety of strategies that may be used to support participants during incorporation, e.g., email groups, 4H clubs, list servers and local “elders’ groups”.

Basic Safety During the Rite of Passage

_____ At a minimum, I have current basic first aid and CPR and feel competent in basic safety procedures. In addition, I have certification in wilderness first aid (e.g., WFA, WFR, WEMT, MOFA) or equivalent experience and skills. I know where the nearest medical facilities are. I can make decisions regarding evacuations, rescues and treatment of injuries.

_____ I can be counted on in a crisis.

_____ I have the skills to insure that appropriate food is available for the wilderness phase of a rite of passage.

Enthusiasm and Spirit of Service to Others

_____ I believe that every participant’s experience is valid and deserves to be honored.

_____ I am genuinely interested in others.

Teachable Spirit

_____ I am open to constructive feedback from my colleagues and participants.

_____ I am able to ask for help and use it as necessary.

4-H LEADER RESPONSIBILITIES Checklist

Logistics of the Rite of Passage

_____ Can oversee the running of the entire nature-based ceremony from beginning to end and be responsible for all details and final decisions made.

4-H Paperwork and Contacting Outside Agencies Requirements

_____ Have in hand and can evaluate health information about each participant as well as emergency information for the participants.

_____ Is familiar with and has filed all 4H paperwork, i.e., intent to camp form, risk management plan, club information, insurance form, staff and youth information forms

_____ Can work with Land Management agencies for permits, etc.

_____ Can access available resources, e.g. universities; federal, state and local land agencies, etc.

Basecamp Selection and Maintenance

- _____ Reconnaissance. Can search for and find appropriate places to take the people.
- _____ Familiar with all the necessary equipment, i.e. kitchen, camping, ceremonial, first aid kit, maps, etc. and how to use them, e.g. setting up a tarp
- _____ Familiarity with minimum impact camping and appropriate wilderness ethics for each area used.
- _____ Familiar with flora and fauna as well as topography of area.
- _____ Know where the people are. Have maps of the area and know base camp location on the maps.

Assessing Participants Readiness

- _____ Can meet/correspond/talk on phone with participants and evaluate their readiness to undertake this experience on all levels (i.e. physically, psychologically, mentally, and spiritually).

Basic Emergency Information

- _____ Know location and contact information for local emergency facilities, e.g. hospital; sheriff; search and rescue; federal, state and local land agencies.

_____ *has completed Level I, Level II and Level III 4-H ROP trainings and has requested to be recognized as a 4-H Rite of Passage Leader.*

Completed and Signed by Co-Leader

Date

Reviewed and Signed by R.O.P. Training Guide

Date

Comments from R.O.P. Training Guide: